



# Curriculum

St. John Fisher Catholic School aims to provide students with a broad and balanced curriculum. This booklet provides an outline of the topics studied in each subject we offer. If, after reading this booklet, you have any further questions about the curriculum, please contact the school office at [office@stjohnfisher.school](mailto:office@stjohnfisher.school).

Students in all year groups are given the opportunity to explore the spiritual, moral, cultural and physical aspects of learning in all lessons. Collective worship takes place during year group assemblies and in lessons. Embedded within the curriculum is a weekly session dedicated to Citizenship and personal, social, health and economic education (PSHE). This is designed to ensure all students acquire a sound knowledge of personal and social wellbeing.

All students in Key Stages 3-4 follow a one-week timetable with 24 lessons, each of which is 65 minutes long. There is also a morning registration period which takes place for twenty minutes at the start of each school day.

**PHSE/RSE:** Students in all year groups follow an age-appropriate PHSRE curriculum delivered during registration periods. This can and does change in response to need and current events. However, outline plans can be viewed at the end of this booklet.

## Key Stage 3 Curriculum (Year 7-9)

Students study the following:

- English (3 classes per week)
- Maths (3 classes per week)
- Science (3 classes per week)
- RE (3 classes per week)
- Geography (2 classes per week)
- History (2 classes per week)
- French (2 classes per week)
- Physical Education (2 classes per week)
- Art and Design (1 class per week)
- Music and Drama (1 class per week, alternating subjects throughout the year)
- Citizenship (1 class per week)
- Computing (1 class per week)

## Key Stage 4 Curriculum (Years 10-11)

All students will study the core curriculum throughout Years 9-11 as follows:

Name of subject	Year 10 Mainstream	Year 10 Grammar Stream	Year 11 Lessons	Year 11 Grammar Stream*
English	4	3	4	3
Maths	4	3	4	3
Science	4	6	4	6
Religious Education	3	3	3	3
Physical Education	1	1	1	1
Citizenship	2	0	2	1
Option choice A	3	3	3	3
Option choice B	3	3	3	3
Compulsory French or Latin	0	2	0	2

\*Year 11 Grammar Stream students have an additional period of lessons, which takes place on one day a week after school.

## Course List (Key Stage 4)

Please note:

- All GCSE qualifications that we now offer are graded 9-1.
- Level 2 BTEC First Awards are graded D\*, D, M, P, P1
- Level 2 BTEC Technical Awards are graded D\*, D, M, P, M1, P1
- The subjects offered by SJF at Key Stage 4 are as follows:

### Qualification Information

Subject	Core or Option	Grades	QAN	Exam Board	Award Spec Code
GCSE Art	Option	9-1	60180882	AQA	8202
GCSE Biology	Core	9-1	60187529	AQA	8461
GCSE Chemistry	Core	9-1	60187578	AQA	8462
GCSE Science: Trilogy	Core	9-1	6018758X	AQA	8464
GCSE Citizenship	Core	9-1	601/8244/1	Edexcel	1CSO
GCSE Computer Science	Option	9-1	6018355X	OCR	J277
GCSE Product Design	Option	9-1	60309842	AQA	8552
GCSE Drama	Option	9-1	60185752	AQA	8261
GCSE English Language	Core	9-1	60142923	AQA	8700
GCSE English Literature	Core	9-1	60144476	AQA	8702
GCSE French	Option	9-1	61027182	EdexcelPearson	1FR0
GCSE Latin	Option	9-1	60319437	EdexcelPearson	1LT0
GCSE Geography A (Year 11)	Option	9-1	60181345	EdexcelPearson	1GA0
GCSE Geography (Year 10)	Option	9-1	60184103	AQA	8035
GCSE History	Option	9-1	60180924	EdexcelPearson	1HI0
GCSE Maths	Core	9-1	60147003	EdexcelPearson	1MA1
GCSE Panjabi	Option	9-1	60310741	AQA	8683
GCSE Physics	Core	9-1	60187517	AQA	8463

GCSE Physical Education	Option	9-1	60182799	AQA	8582
GCSE Polish	Option	9-1	6031185X	AQA	8688
GCSE Religious Studies A	Core	9-1	60300796	EdexcelPearson	1RA0
GCSE Sociology	Option	9-1	60307985	AQA	8192
GCSE Business Studies	Option	9-1	60301211	EdexcelPearson	1BS0
BTEC Level 1 / Level 2 Tech Award in Health and Social Care	Option	D*-P1	60370476	EdexcelPearson	YPF47
BTEC Level 1 / Level 2 Tech Award in Music Practice	Option	D*-P1	60370555	EdexcelPearson	
Certificate of Personal Effectiveness Level 1 and 2	Option	D*-P1	10035588 and 1003559X	ASDAN	
Level 1-2 Vocational award in Hospitality and Catering (Technical award)	Option	D*-P1	603/7022/1	EDUQAS	5409QA



### Key Stage 5 Curriculum (Years 12-13)

Students in Key Stage 5 follow the same timings of the school day as pupils in Years 7-11 but will have some periods of private study in addition to their courses. There is also a morning registration which takes place for twenty minutes at the start of each school day.

Name of subject	Year 12 Lessons	Year 13 Lessons
Religious Studies (core subject for all students)	2	2
GCSE Retake English Language (compulsory for all students who have not passed at grade 4+)	2	2
GCSE Retake Maths (compulsory for all students who have not passed at grade 4+)	2	2
Core PE	1	0
<b><i>Students studying a Level 3 curriculum will then complete their curriculum with a selection of the subjects below, based on their Key Stage 5 Options choices:</i></b>		
Biology A Level	5	5
Business Studies BTEC	5	5
Chemistry A Level	5	5
English Literature A Level	5	5
Ethics and Philosophy (Religious Education) A Level	5	5
Fine Art A Level	5	5
Applied Science BTEC (courses vary for Y12 and 13 – see next page)	5	5
History A Level	5	5
Health and Social Care BTEC (courses vary for Y12 and 13 – see next page)	5	5
ICT Level 3 Technical Award	5	5
Maths A Level	5	5
Media A Level	5	5
Physics A Level	5	5
Politics A Level	5	5
Psychology A Level	5	5
Sociology A Level	5	5
Sport BTEC (Year 12 only)	5	5
<b><i>We also offer a Level 2 curriculum designed for students who will complete a three-year sixth form course. Level 2 students will study the following subjects in addition to their core curriculum:</i></b>		
Level 2 Hospitality	5	Not applicable
Level 2 Applied Science	5	Not applicable
Level 2 Certificate of Personal Effectiveness	5	Not applicable

**Right of withdrawal from Religious Education.** Parents and carers should be aware that they have the right to withdraw their child from all or part of our Religious Education curriculum. To discuss withdrawing your child from RE, please contact Mrs. Bennett, Assistant Headteacher, at [l.bennett@stjohnfisher.school](mailto:l.bennett@stjohnfisher.school)

# Course List (Key Stage 5)

Please note:

- At A-level we offer 2 year courses with no examination taking place in Year 12 and certification in the summer of Year 13. These qualifications are graded A\* – G.
- BTEC level 3 and OCR Cambridge Technical level 3 qualifications are graded D\* – P

## Qualification Information

Subject	Grades	QAN	Exam Board	Award Spec Code
Art A Level	A* – E	60144567	AQA	7202
Biology A Level	A* – E	60146254	AQA	7402
Chemistry A Level	A* – E	60157318	AQA	7405
Physics A Level	A* – E	60147477	AQA	7408
Level 3 AAQ Cambridge Advanced National in Computing Application Development	D* – P	61039755	OCR	H129
English Literature A Level	A* – E	60153271	AQA	7712
Year 12 History A Level	A* – E	60146771	EdexcelPearson	9HI0
Year 13 History A Level	A* – E	60149735	AQA	7042
Maths A Level	A* – E	6031333X	EdexcelPearson	9MA0
Media A Level	A* – E	60311496	Eduqas (WJEC)	A680QS
Politics A Level	A* – E	60312233	EdexcelPearson	9PL0
Psychology A Level	A* – E	6014838X	AQA	7182
Philosophy and Ethics (RE) A Level	A* – E	60188686	OCR	H573
Sociology A Level	A* – E	60139948	AQA	7192
Business BTEC 60 credits	D*-P	60171595	EdexcelPearson	PXL62
Year 13 Health and Social Care: BTEC National Level 3 Extended Certificate in Health and Social Care (60 credits)	D*-P	60171972	EdexcelPearson	YD992
Year 12 Health and Social Care: Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate)	D*-P	61039640	EdexcelPearson	
Year 13 Applied Science: BTEC L3 Extended Certificate in Applied Science	D*-P	60174365	EdexcelPearson	YG215
Year 12 Applied Science: Pearson Level 3 Alternative Academic Qualification BTEC National in Applied Science (Extended Certificate)	D*-P	61039652	EdexcelPearson	

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# My English Learning Journey

**Curriculum Intent:** I study English to appreciate what forms the basis for our development, relationships and our understanding of the world around us. The study of English is key to our personal growth and, through the development of effective written and spoken communication, it is the foundation for all our learning.

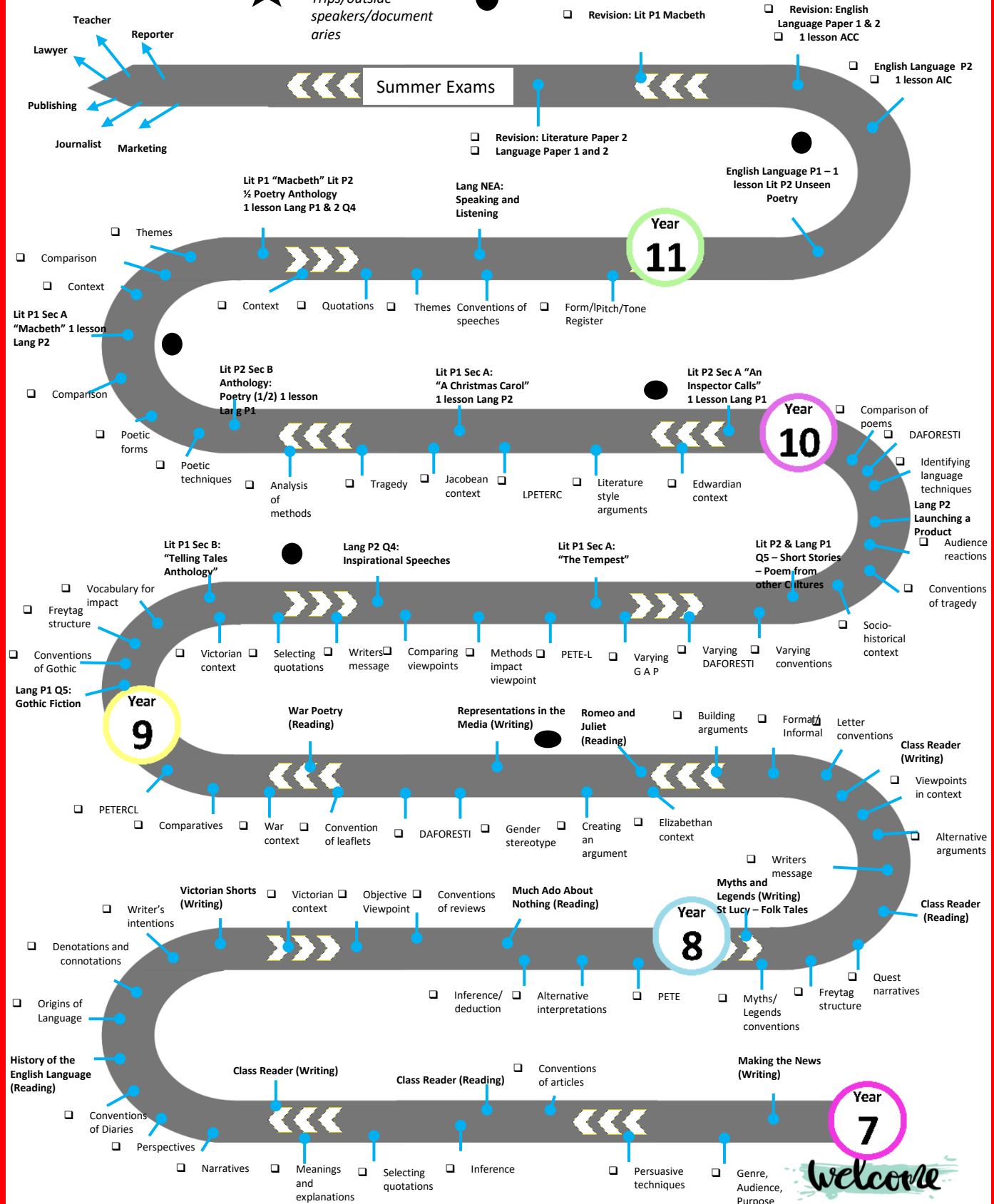


## Assessment

## Enrichment –

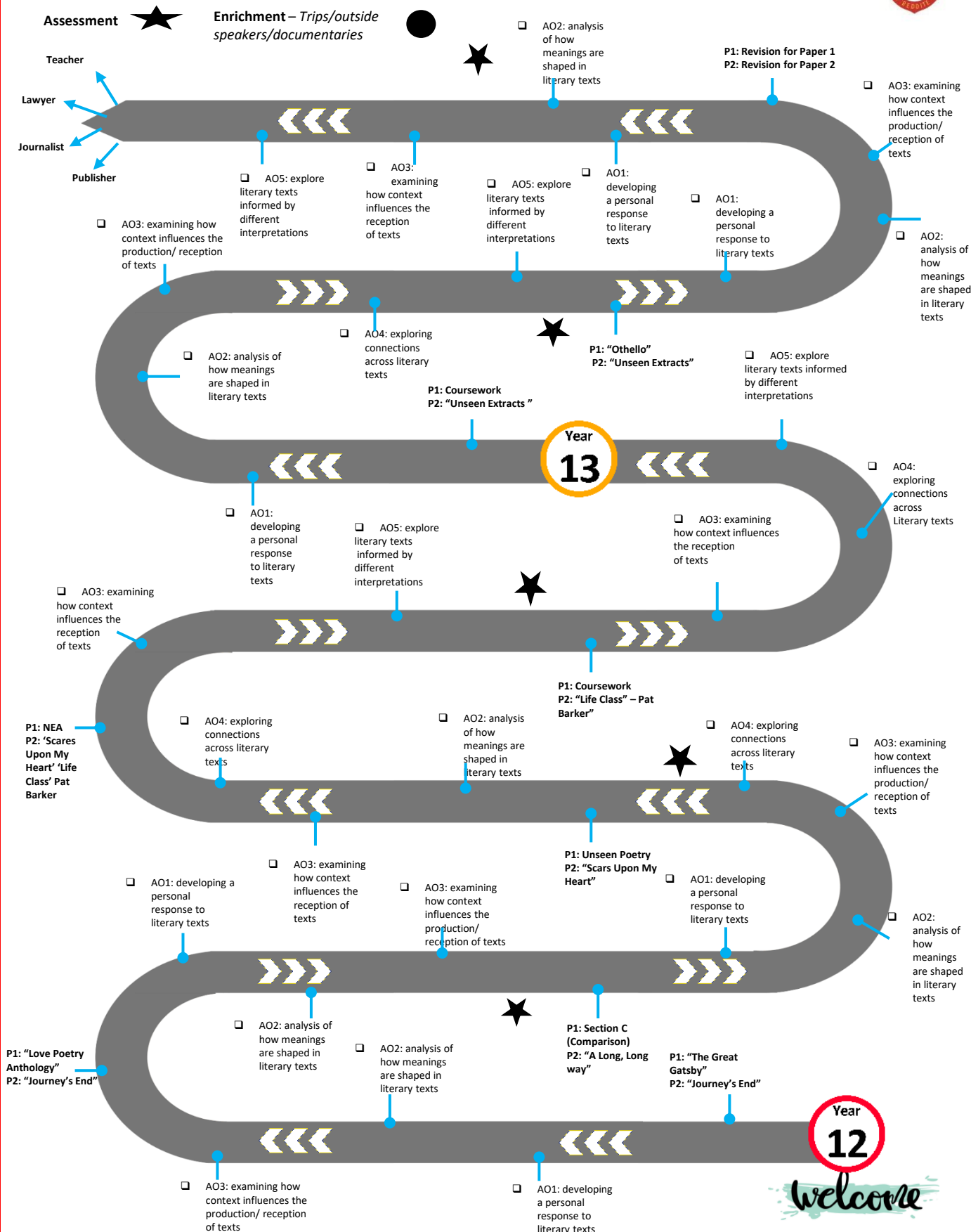
*Trips/outside speakers/documentaries*

## Summer Exams



# My A Level English Learning Journey

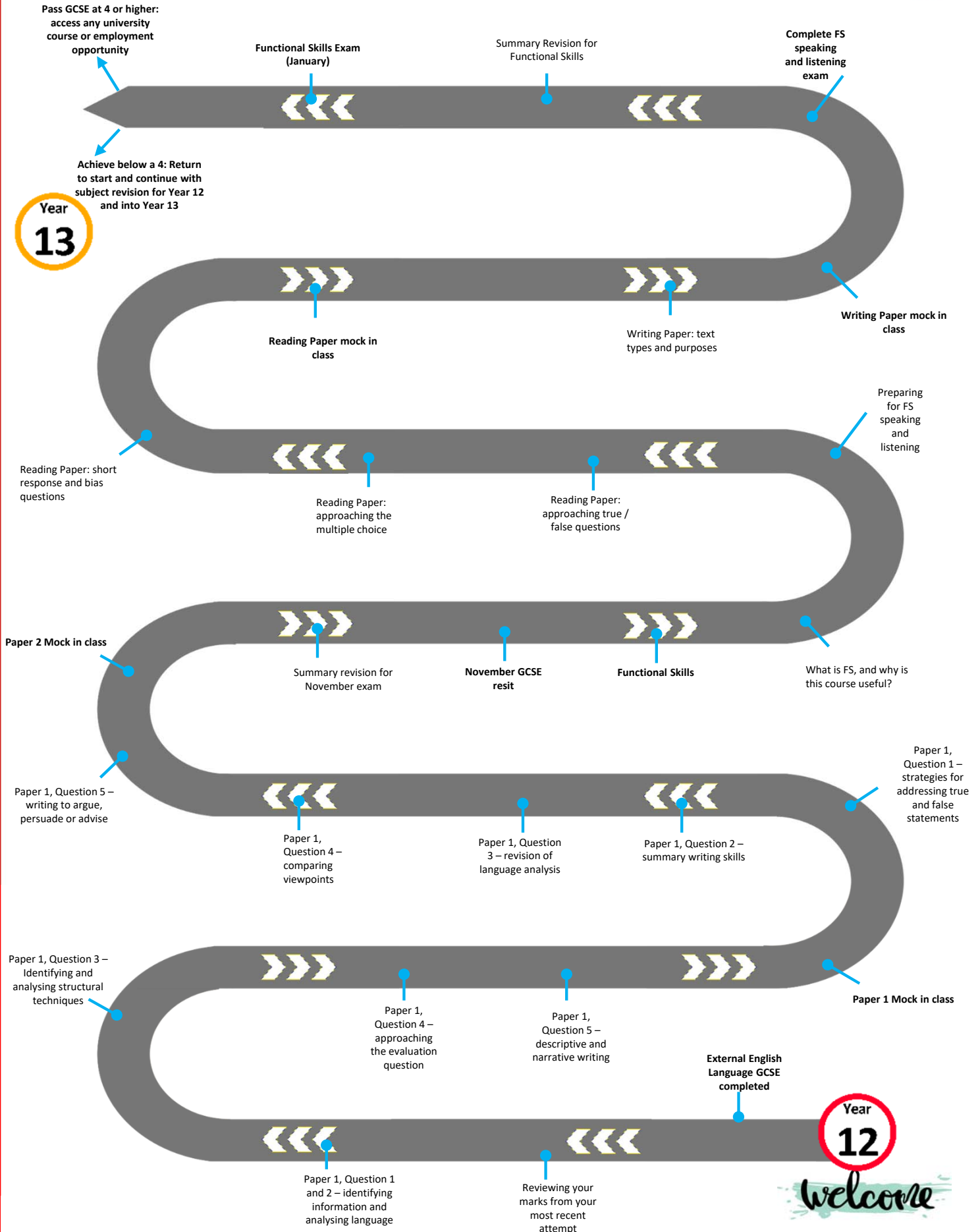
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# Your GCSE Resit Learning Journey

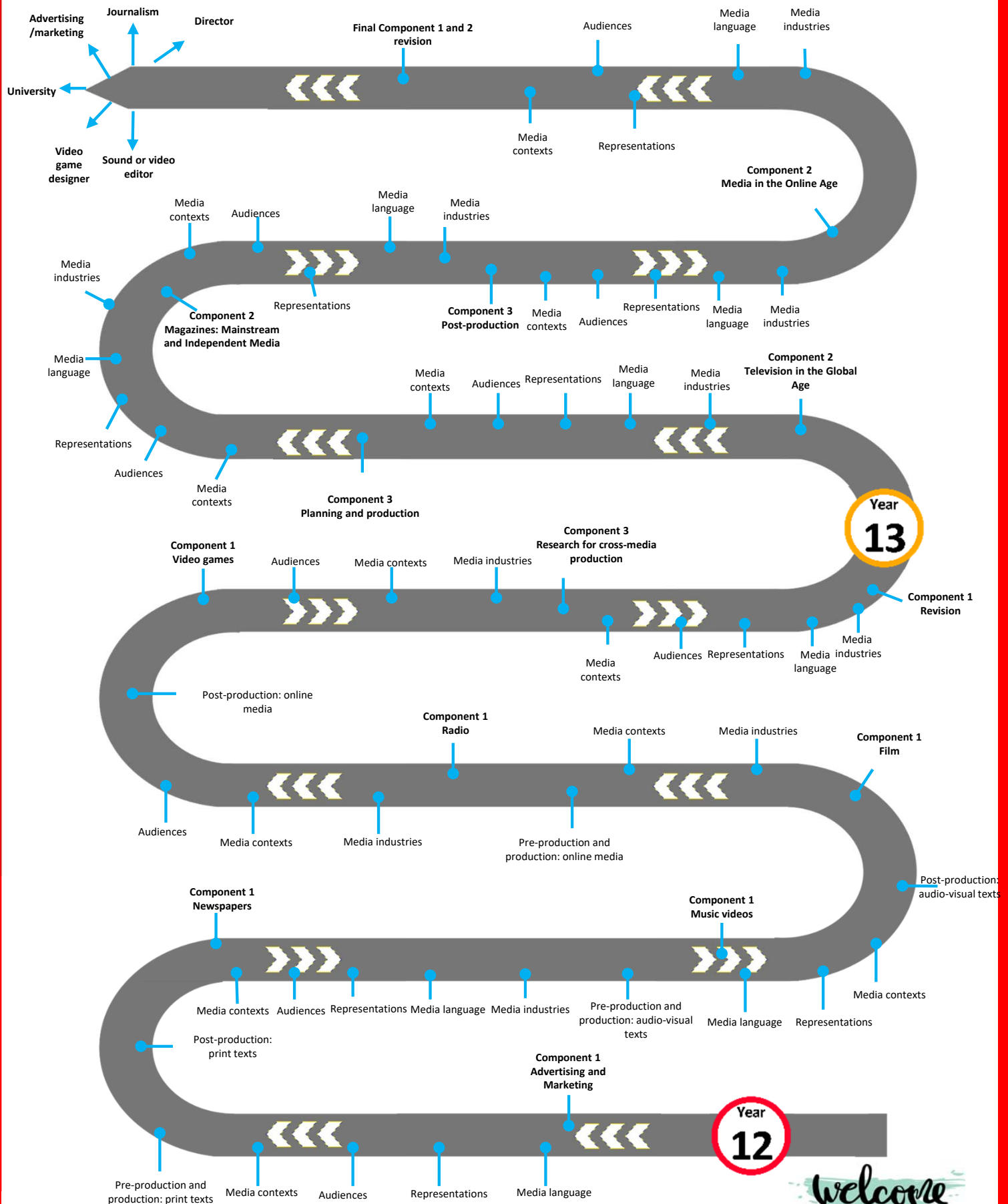


**Curriculum Intent:** I study English to appreciate what forms the basis for our development, relationships and our understanding of the world around us. The study of English is key to our personal growth and, through the development of effective written and spoken communication, it is the foundation for all our learning.



# Your Media Studies Learning Journey

**Curriculum Intent:** I study Media Studies, to be critical of the world I am shown in the media, leading me to become an active and informed citizen. I explore how producers' choices and ideologies shape media products and how media products in turn shape our society. I also learn how to create my own purposeful and professional texts. I learn communications skills that I can transfer to any chosen future career.





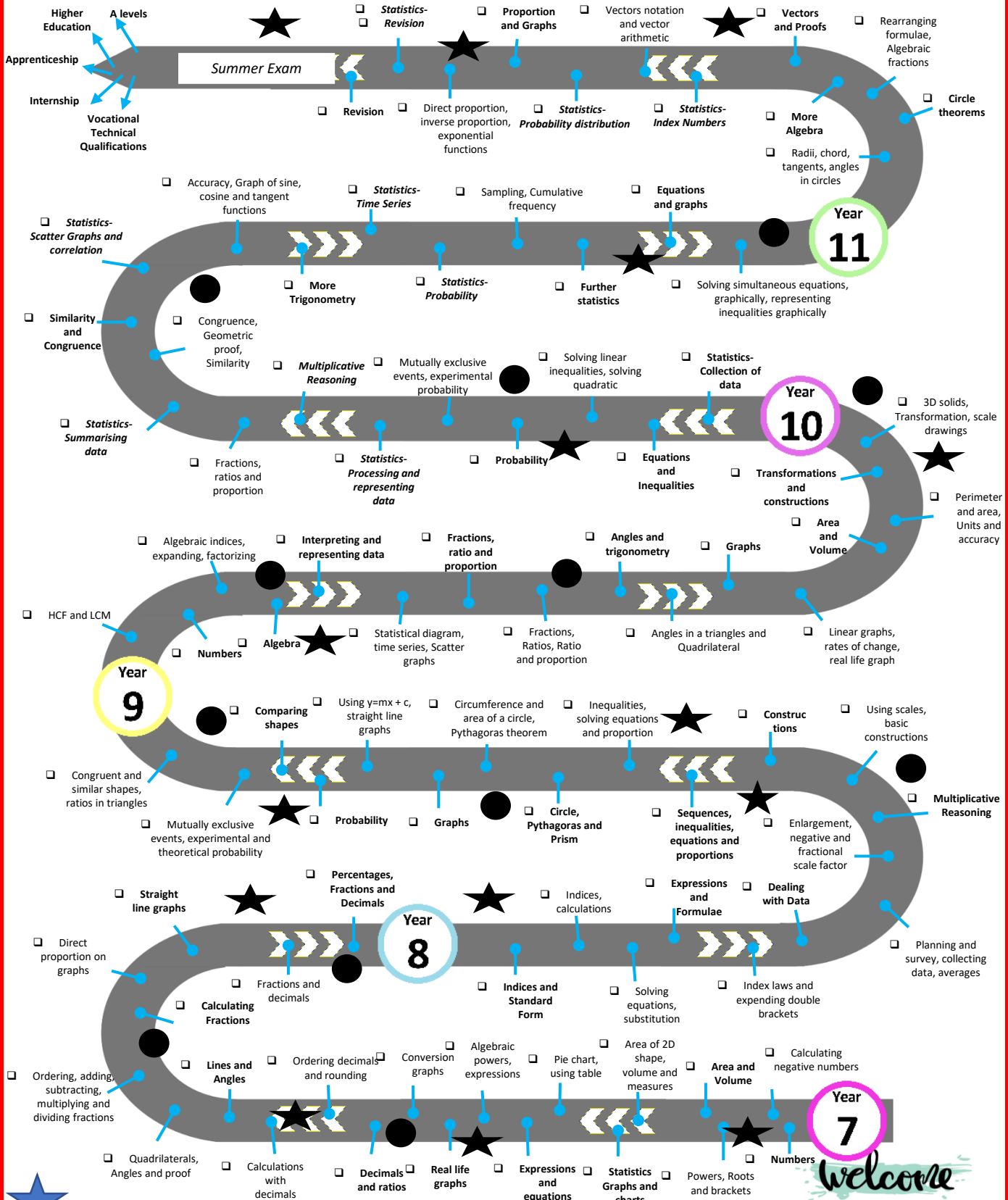
# My Maths Learning Journey

**Curriculum Intent:** I study Maths because it equips me with problem-solving skills, logical thinking, and the ability to analyse data. Maths is crucial for various subjects and real-life situations, from science and engineering to finance and everyday tasks. It helps us make informed decisions and opens career opportunities in diverse fields.



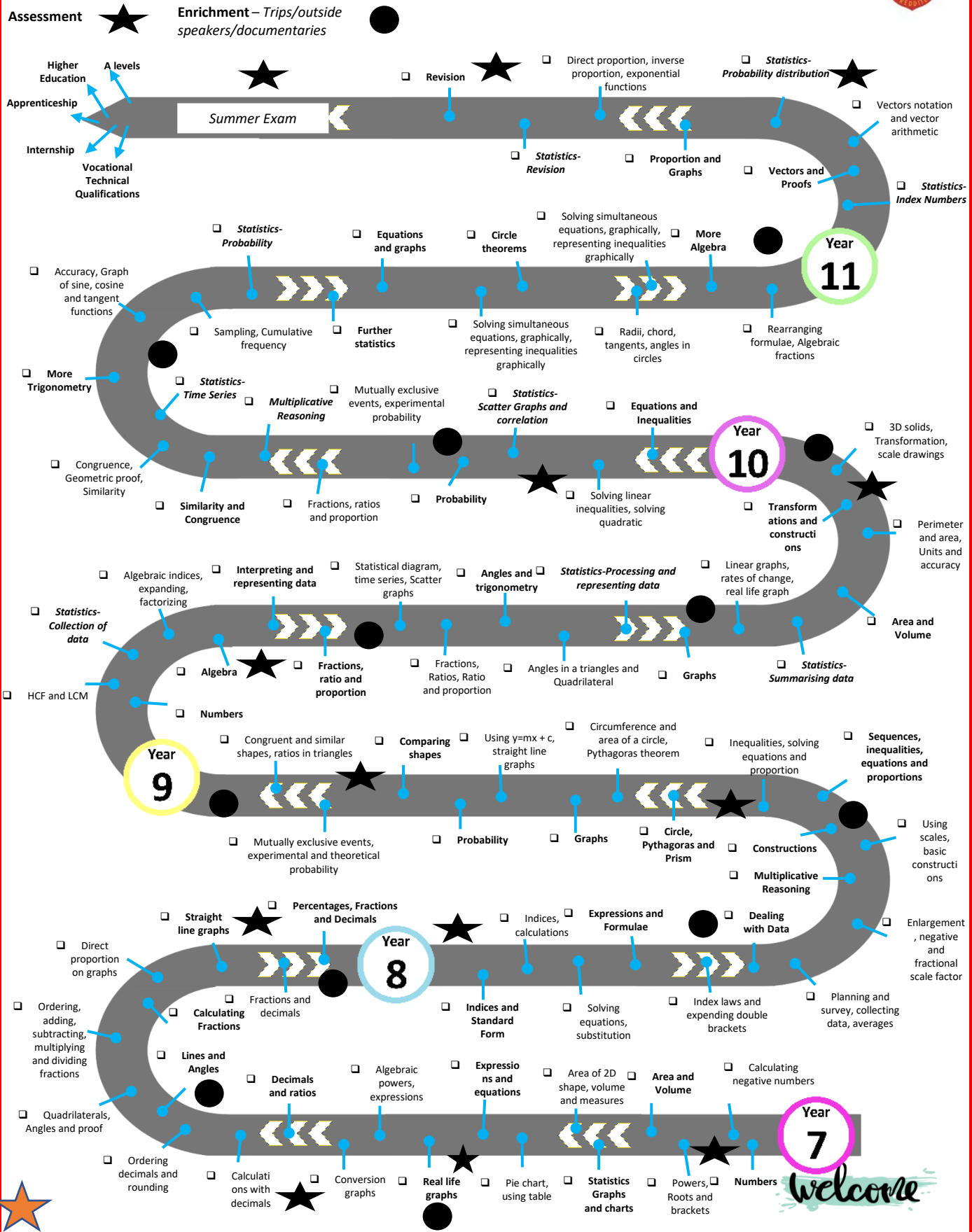
**Assessment** ★

**Enrichment** – Trips/outside speakers/documentaries ●

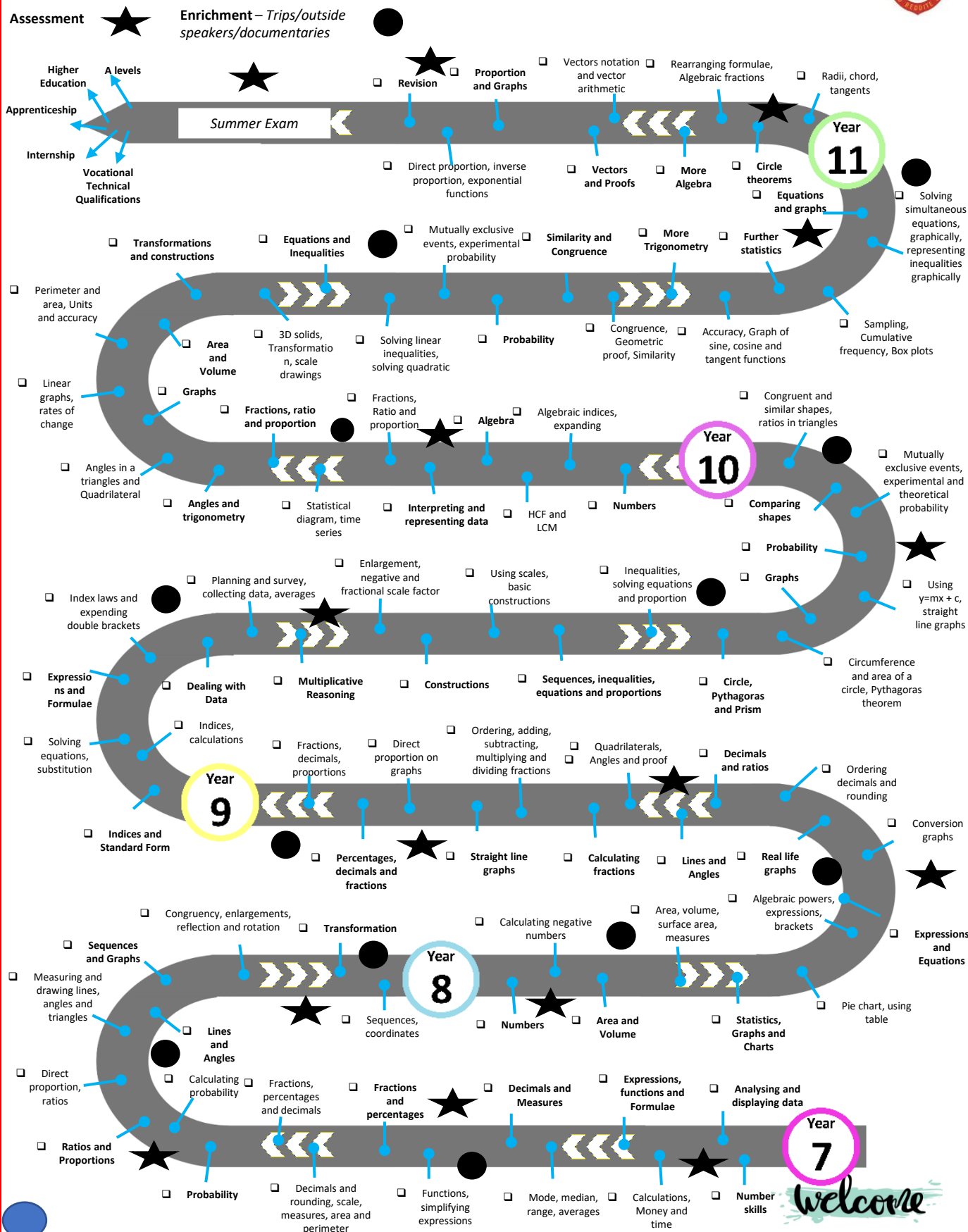


Welcome

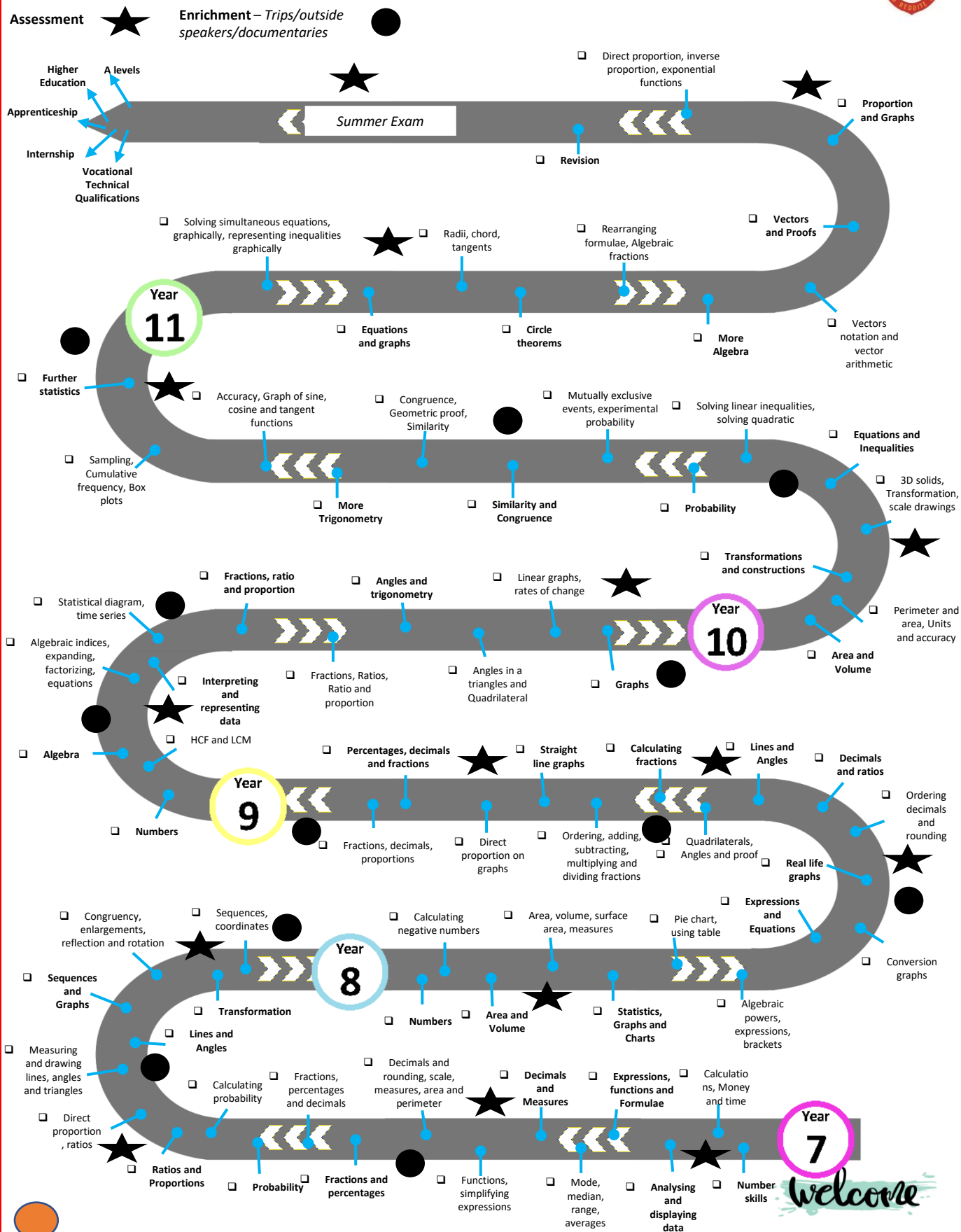
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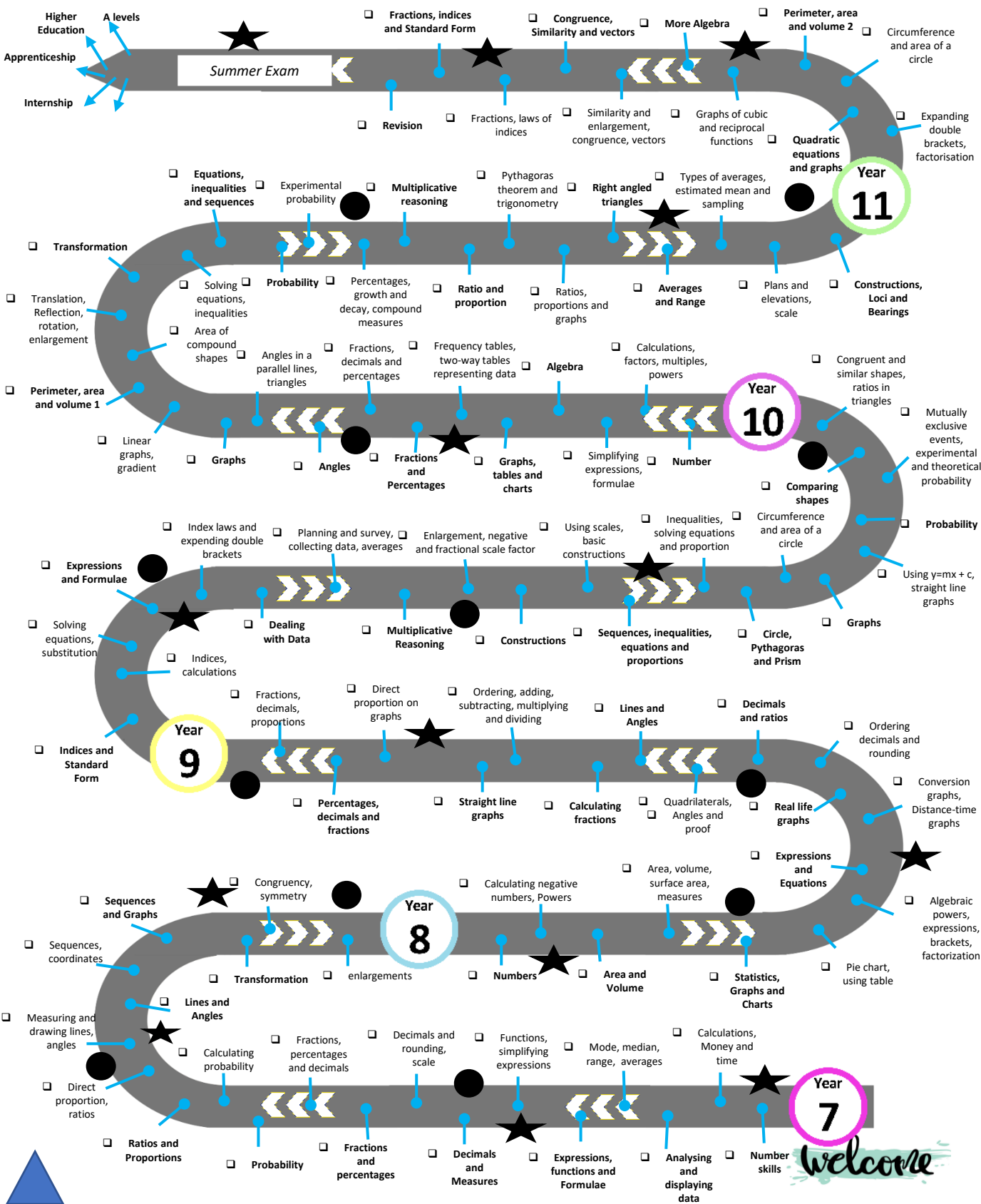
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Assessment



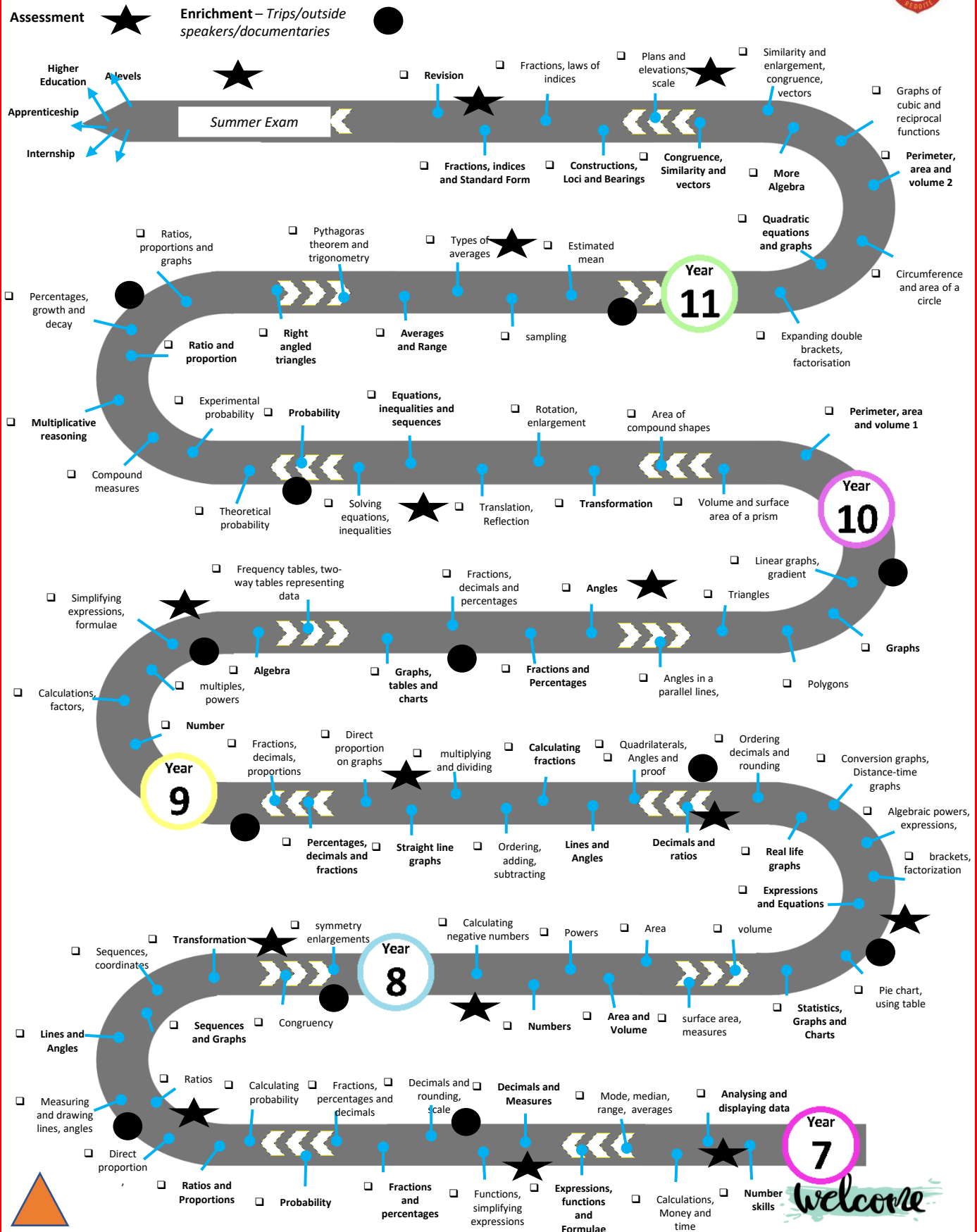
Enrichment – Trips/outside speakers/documentaries



Welcome

# My Maths Learning Journey

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# My A Level Maths Learning Journey

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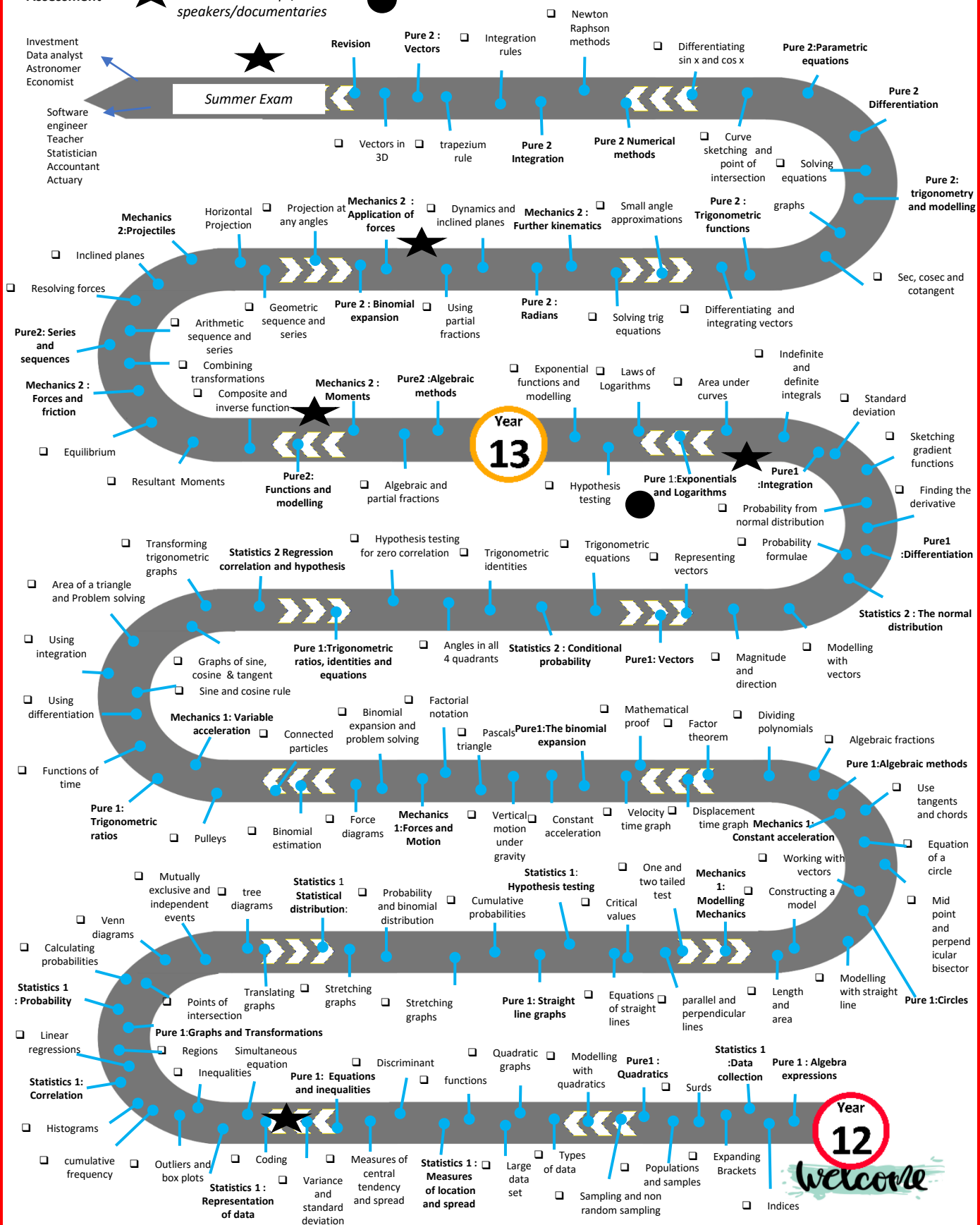
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## Assessment

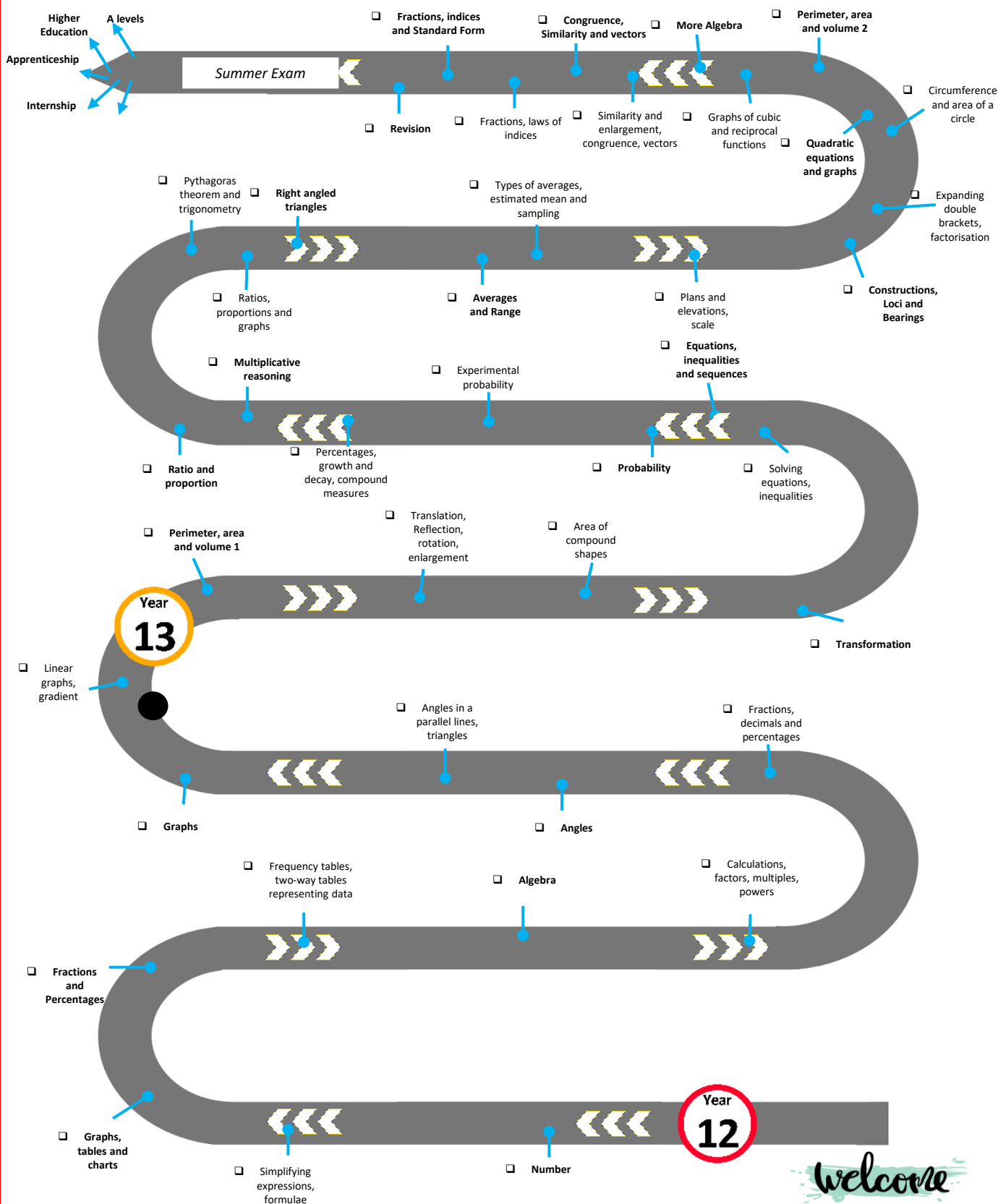


✓ **Enrichment** – *Trips/outside speakers/documentaries*



# My GCSE Resit Maths Learning Journey

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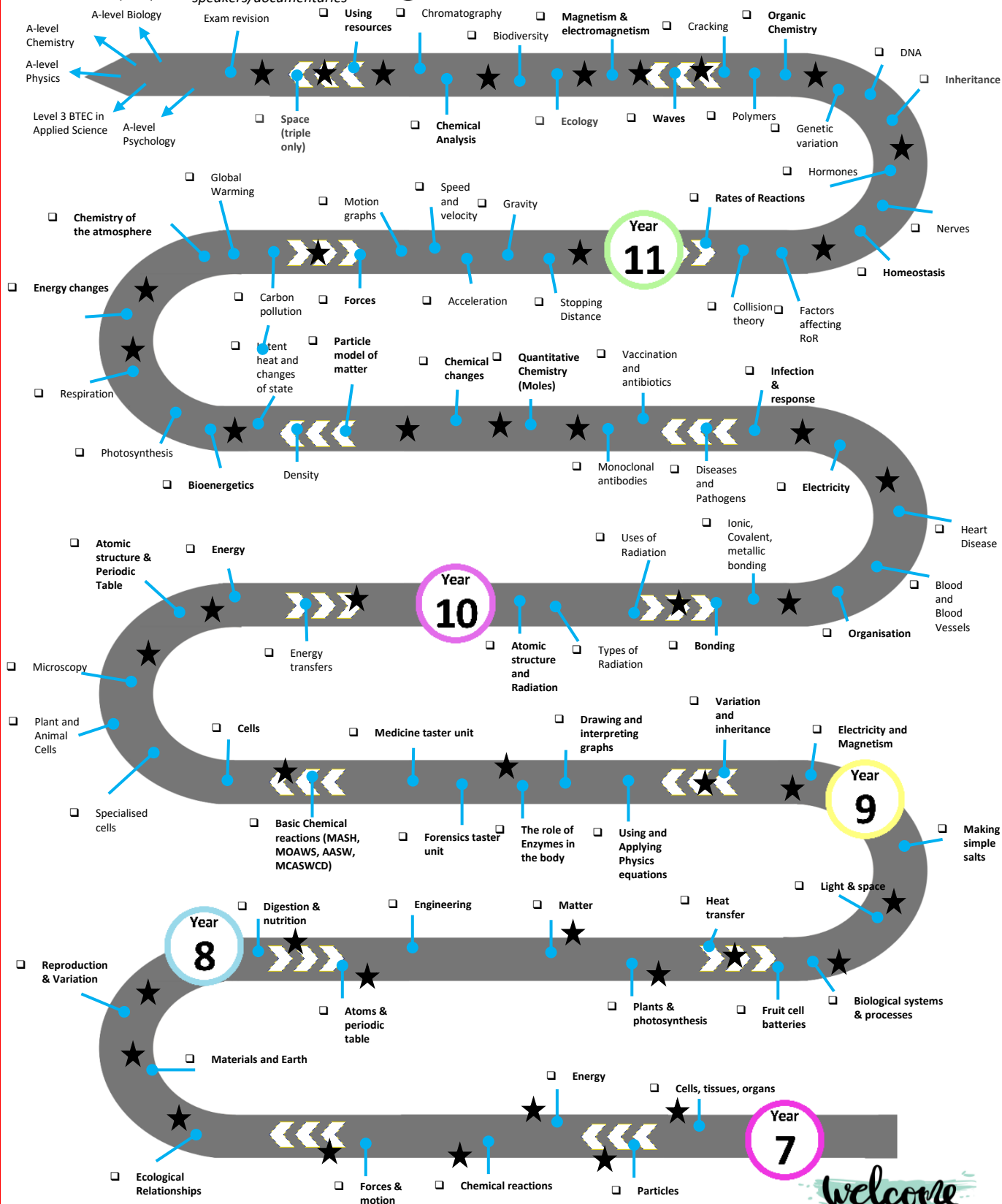
# My Science Learning Journey

**Curriculum Intent:** I study Science because a deep understanding of science allows me to make a meaningful contribution to enhance my community and work towards the common good. In Biology I learn about life in all its forms, in Chemistry, about materials and resources and in Physics, about forces and energy. It helps to develop my natural curiosity and critical thinking and allows me to evaluate the ideas of those who have come before me.



## Assessment

## Enrichment – Trips/outside speakers/documentaries



welcome

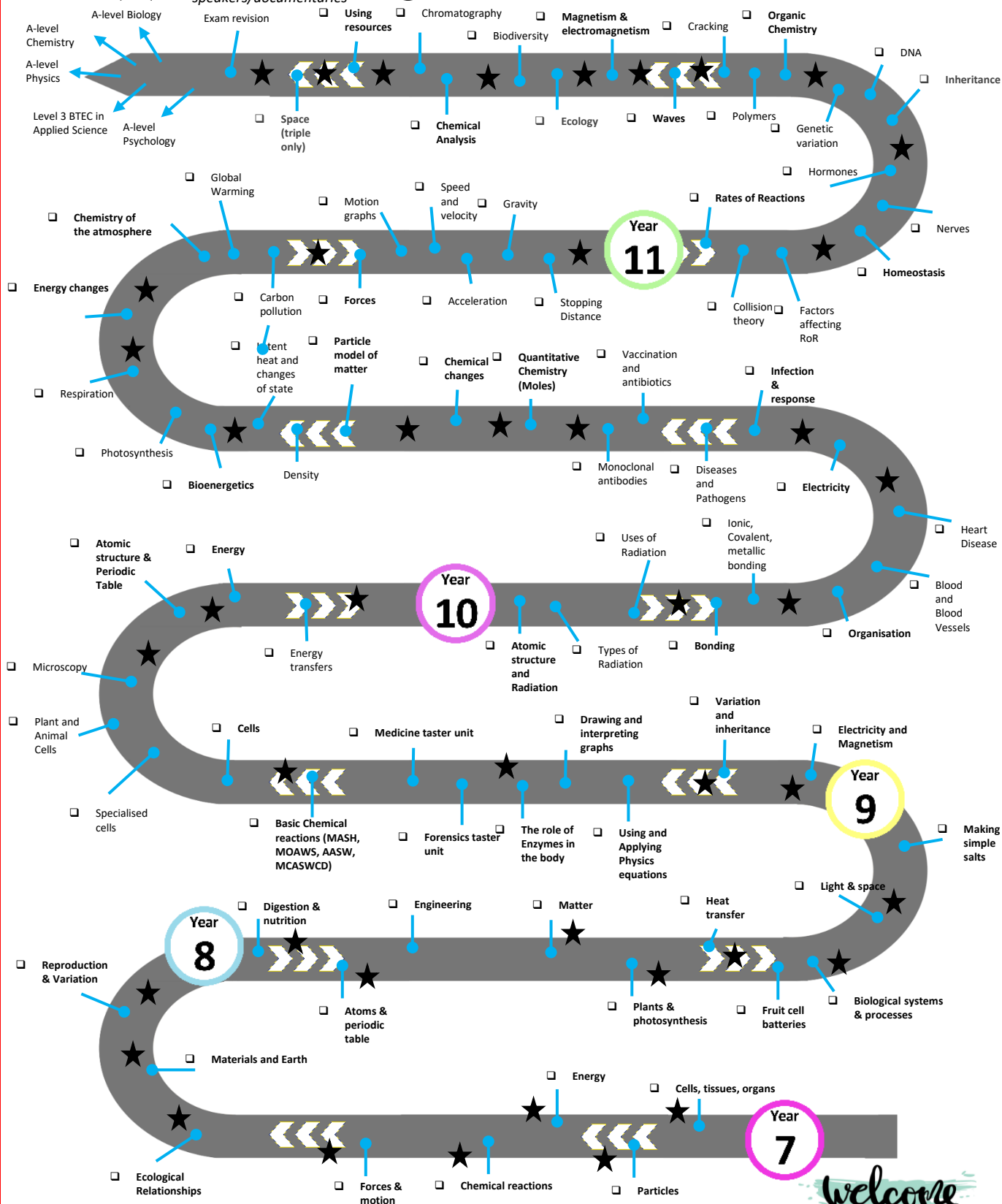
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## Assessment

## Enrichment – Trips/outside speakers/documentaries



welcome



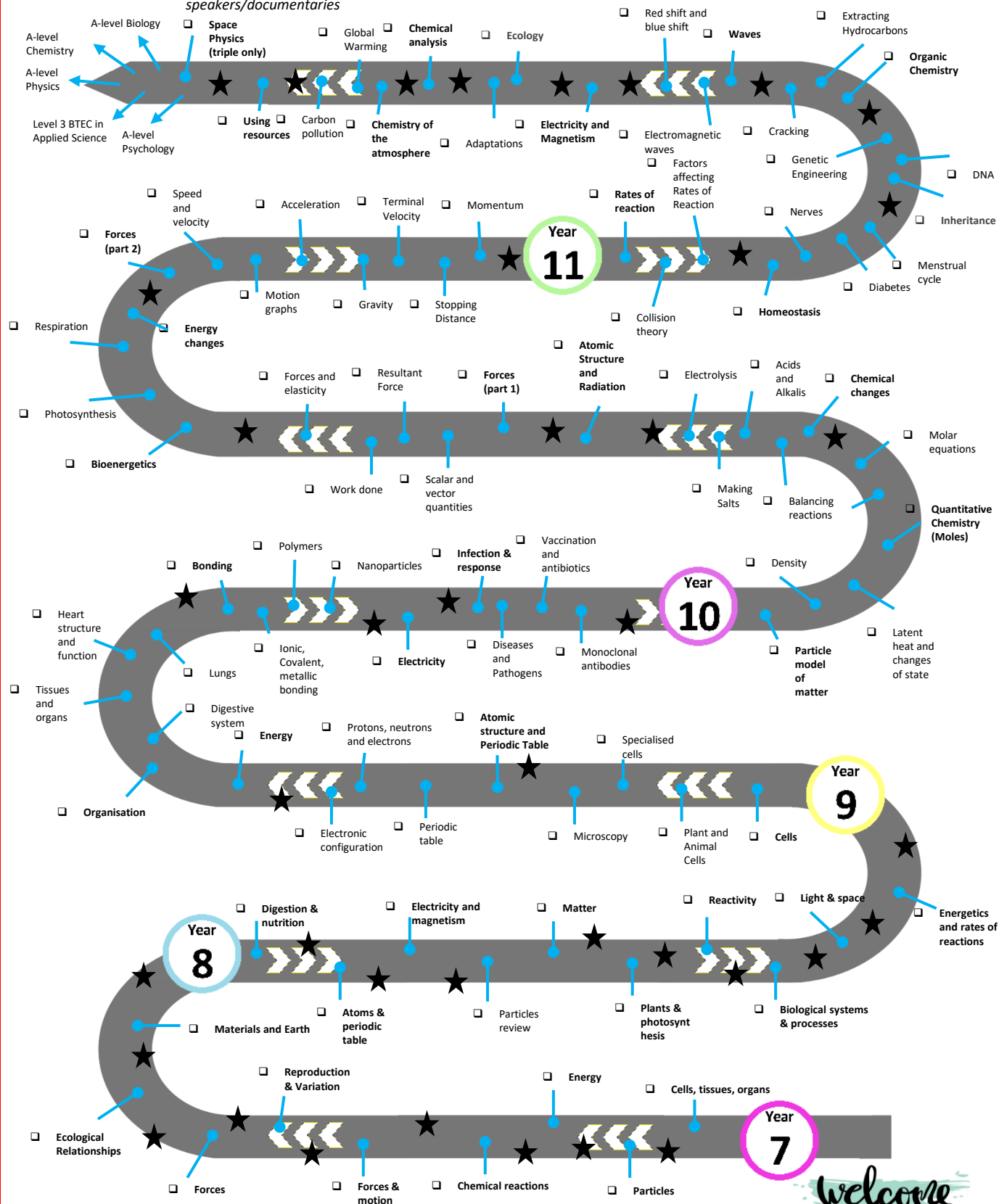
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## Assessment

## Enrichment – Trips/outside speakers/documentaries



welcome

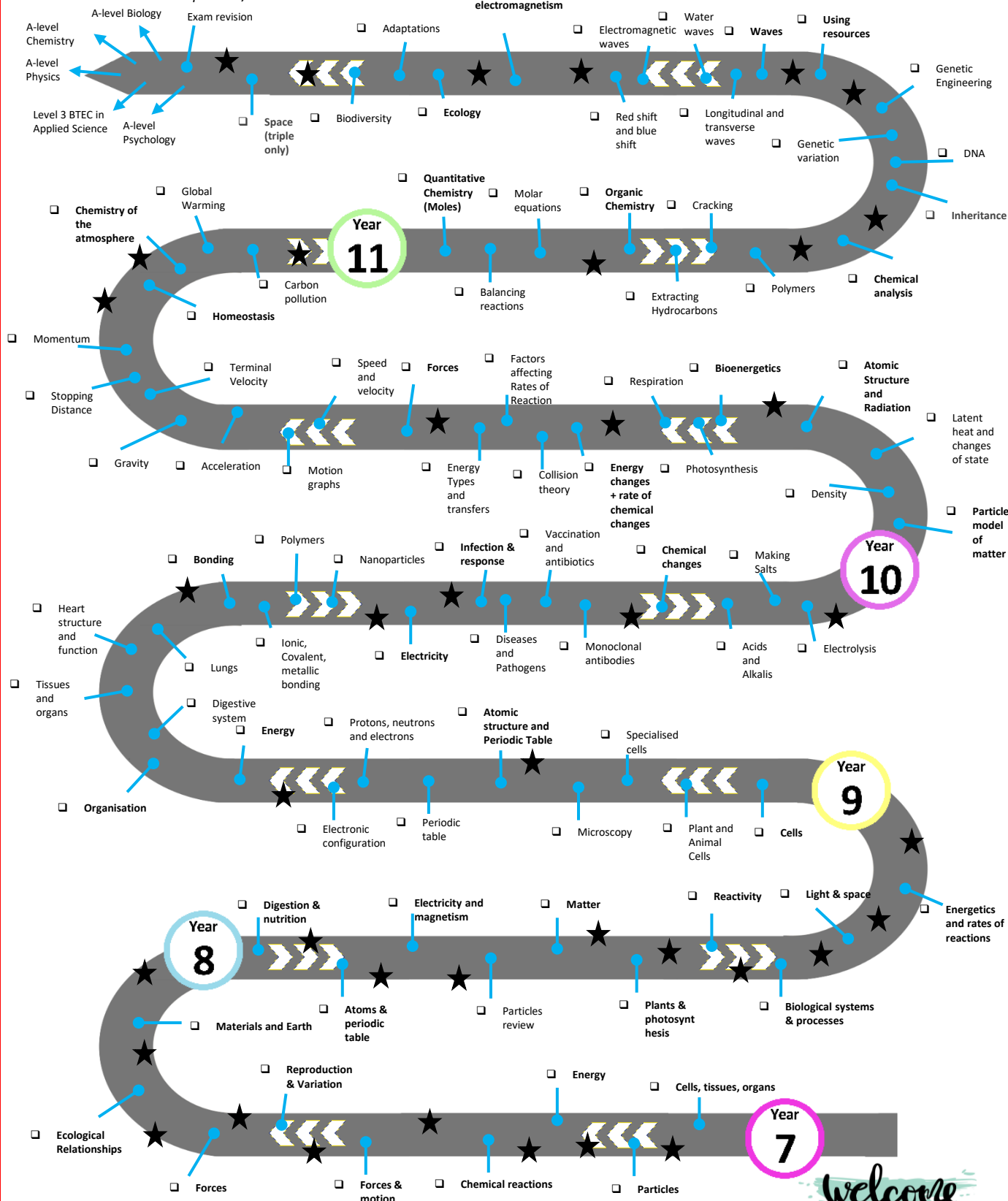
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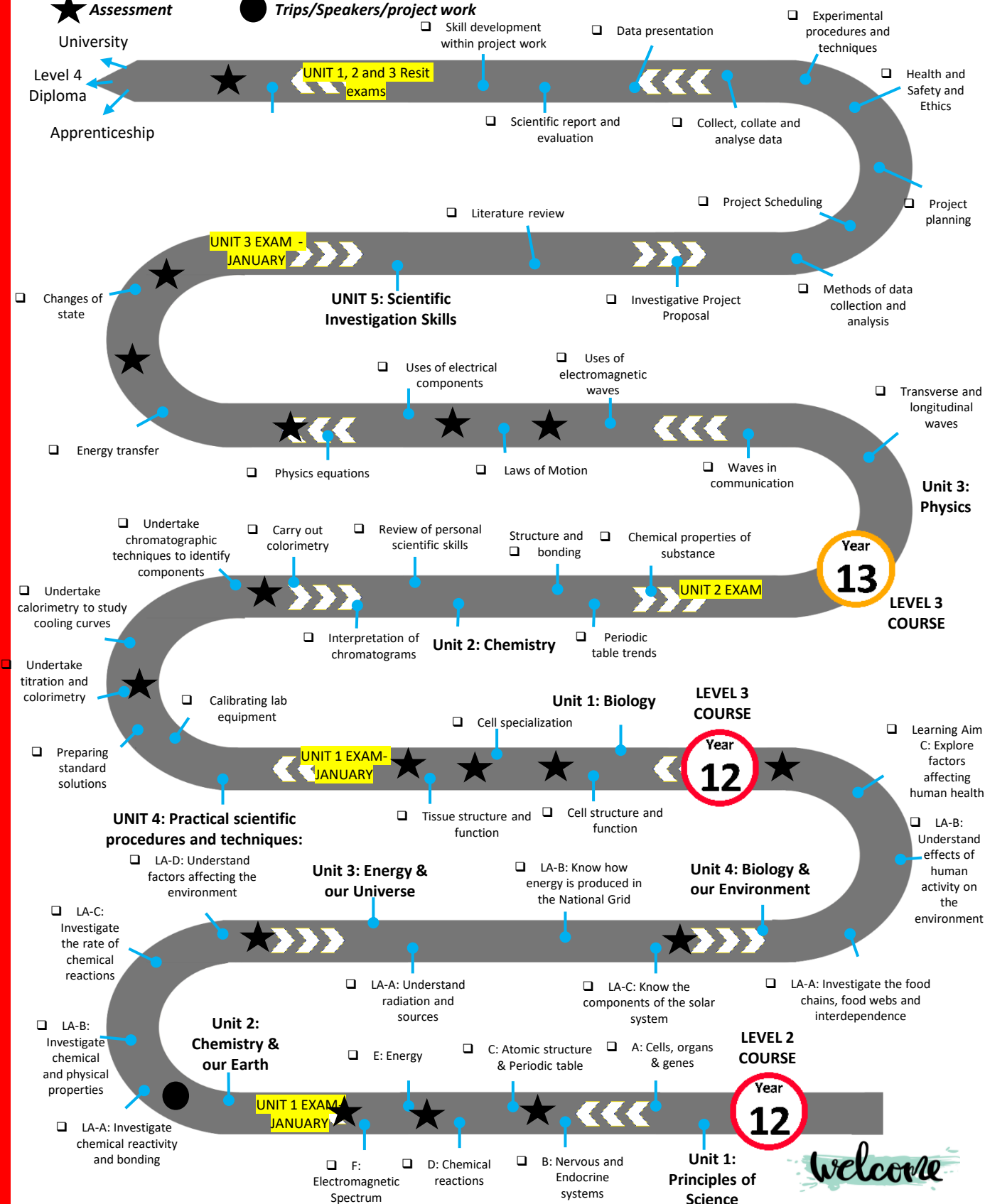
## Assessment

## Enrichment – Trips/outside speakers/documentaries



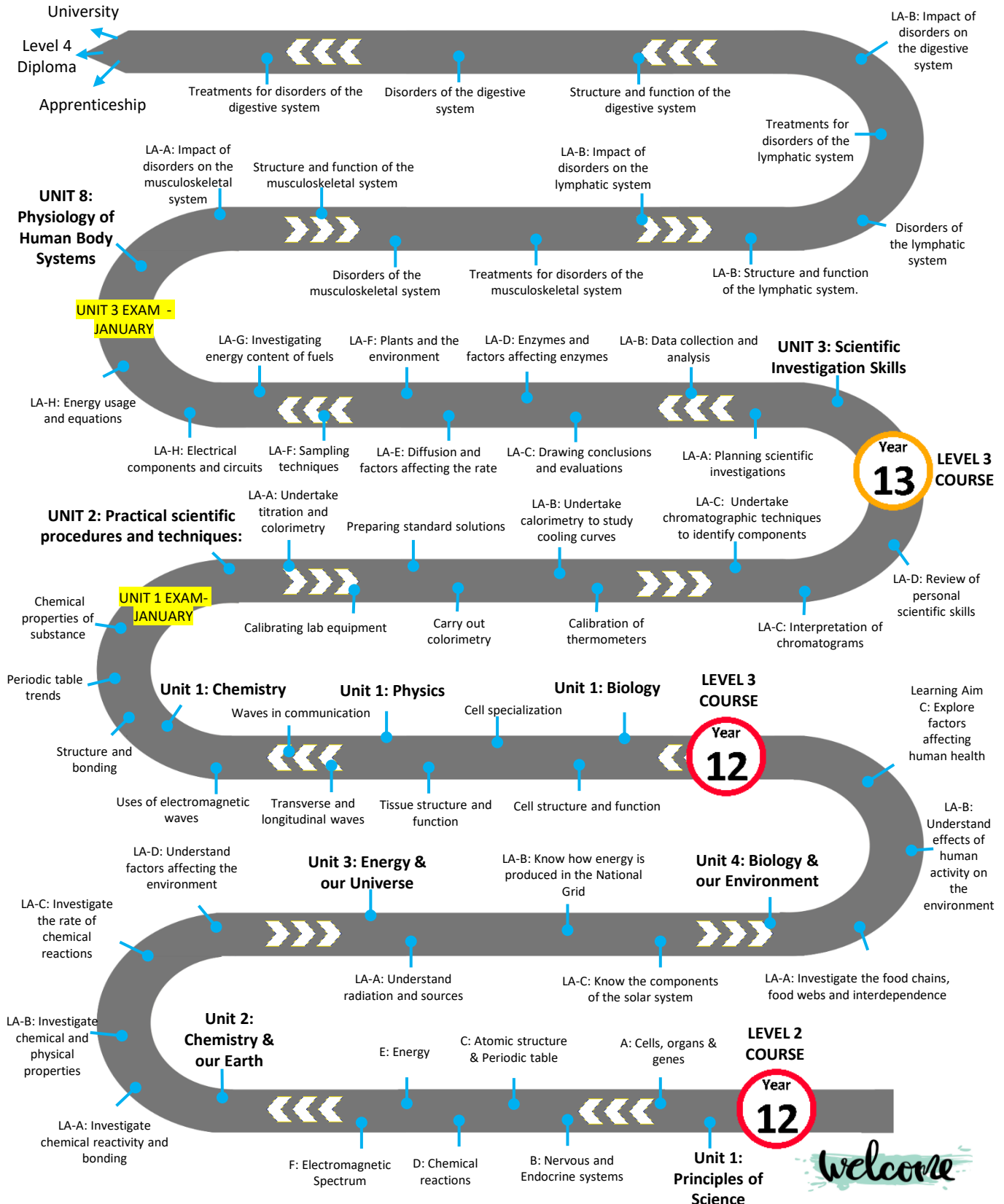
**★ Assessment**

● *Trips/Speakers/project work*



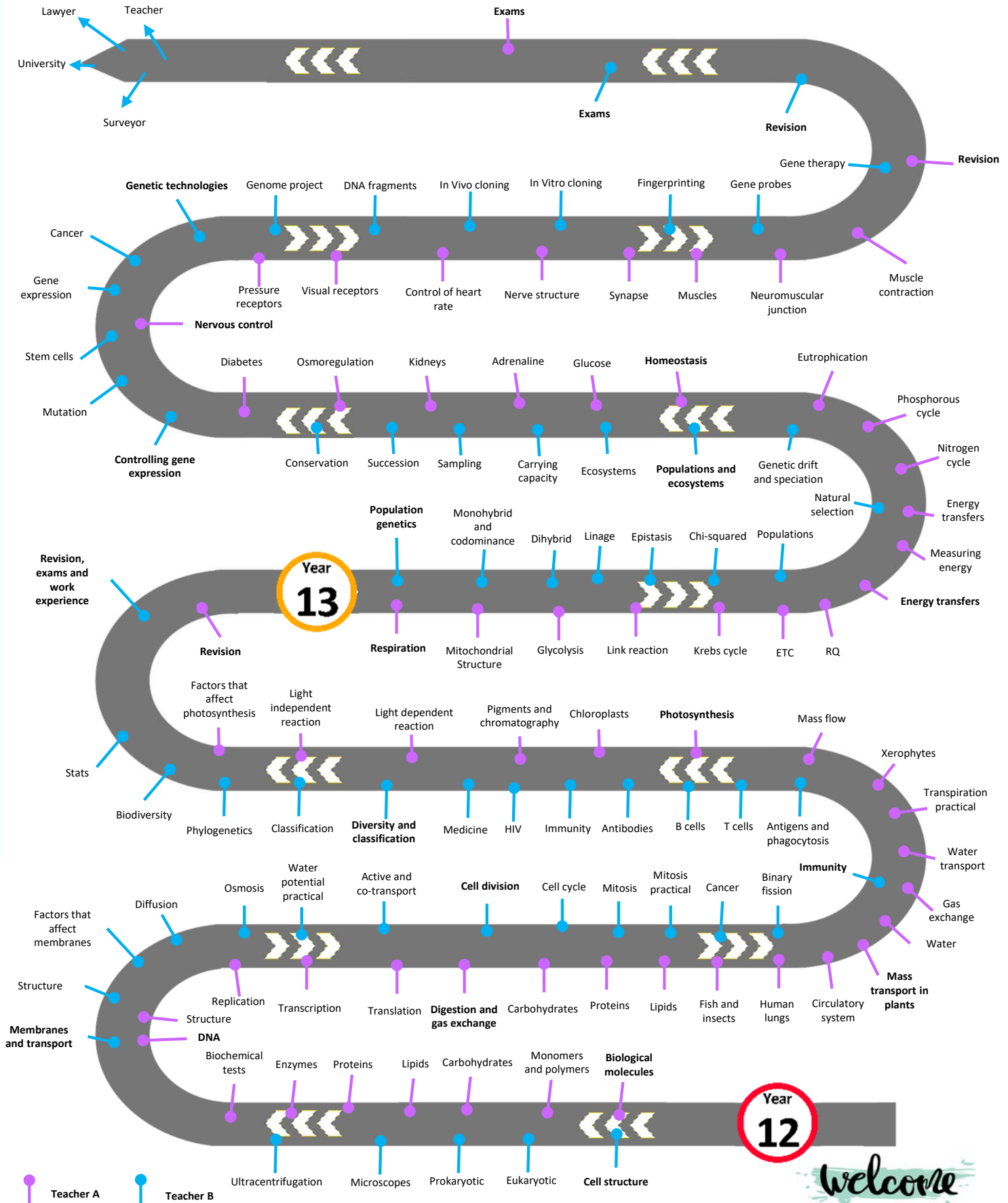
# Your Applied Science Learning Journey

**Curriculum intent:** A deep understanding of science will allow our students make a meaningful contribution to enhance their communities and work towards the common good in line with Catholic social teaching. This, in turn, will help me to develop my natural curiosity to think critically, achieve my aspirations and learn key skills for future careers. Science allows me to hold our leaders account on critical subjects and correct mistakes of the past, and positively develop on the thinking of those who have come before me.

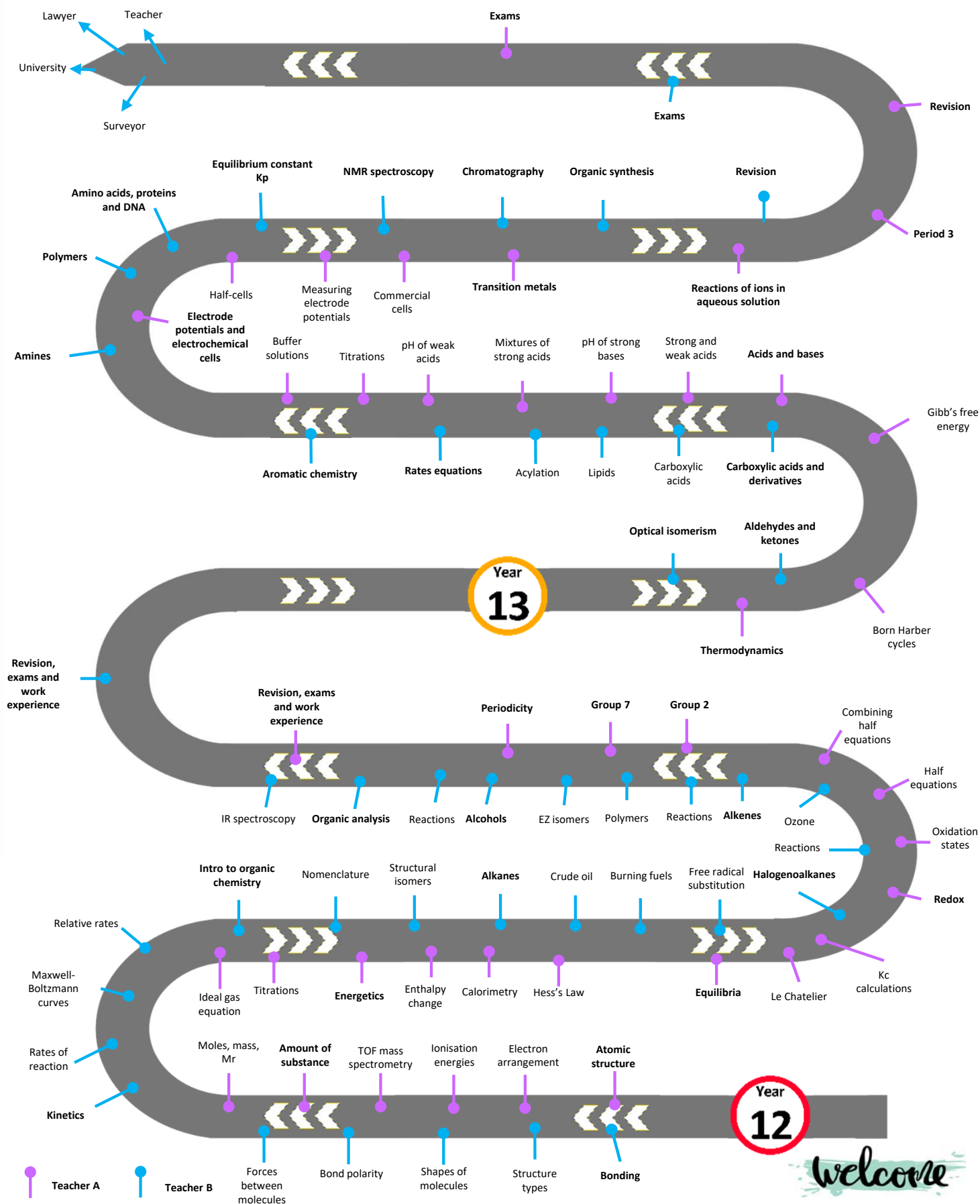


# Your A Level Biology Learning Journey

**Curriculum Intent:** I study Science because a deep understanding of science allows me to make a meaningful contribution to enhance my community and work towards the common good. In Biology I learn about life in all its forms, in Chemistry, about materials and resources and in Physics, about forces and energy. It helps to develop my natural curiosity and critical thinking and allows me to evaluate the ideas of those who have come before me.



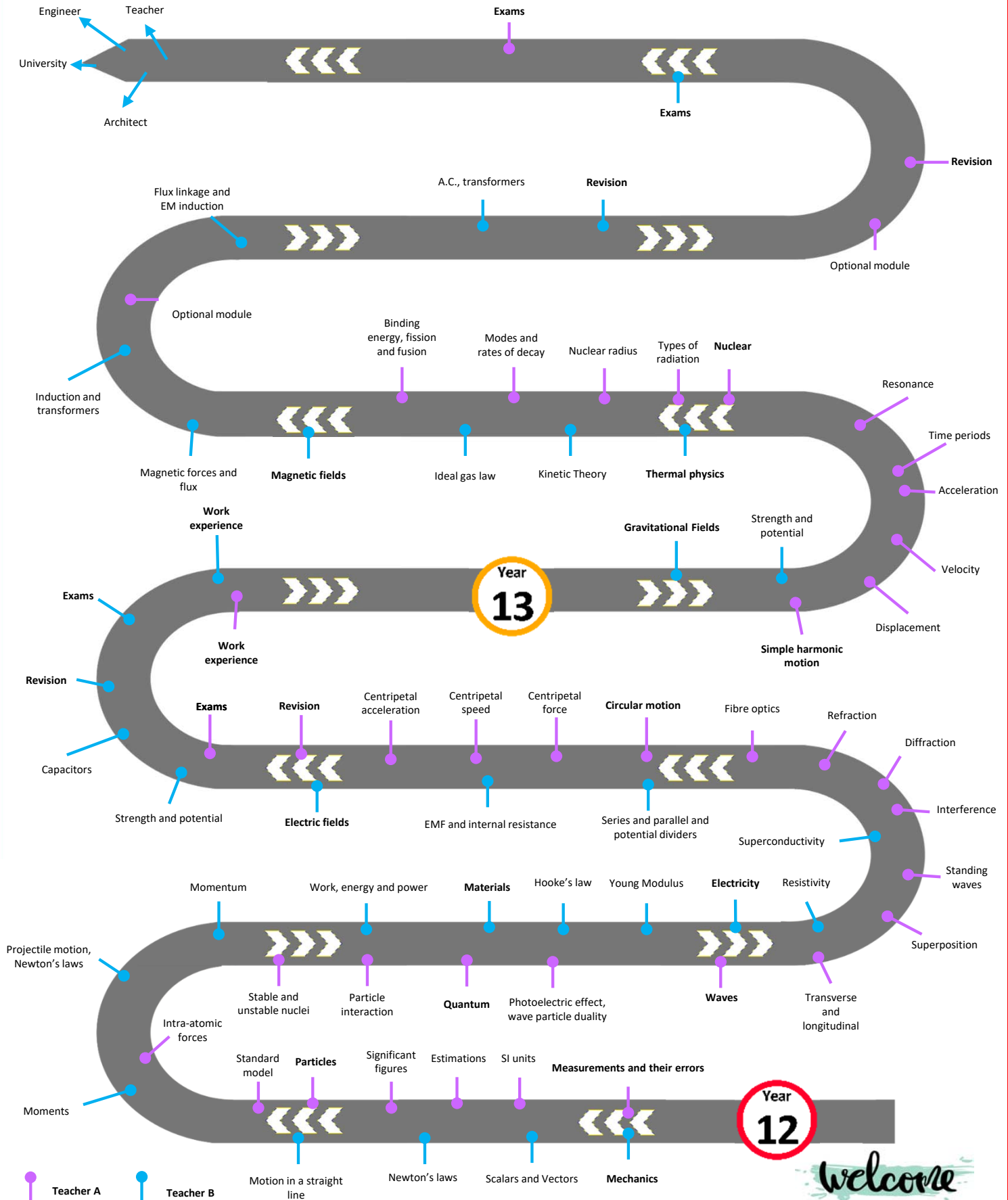
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# Your A Level Physics Learning Journey

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# My KS3 RE Learning Journey

**Curriculum Intent:** Religious Education, based on the principles of Catholic Social Teaching, inspires us to grow in self-awareness, and supports understanding of the spiritual, moral, social & cultural questions that surface again and again in our lives. RE encourages us, as young people, to value ourselves and the communities in which we live.



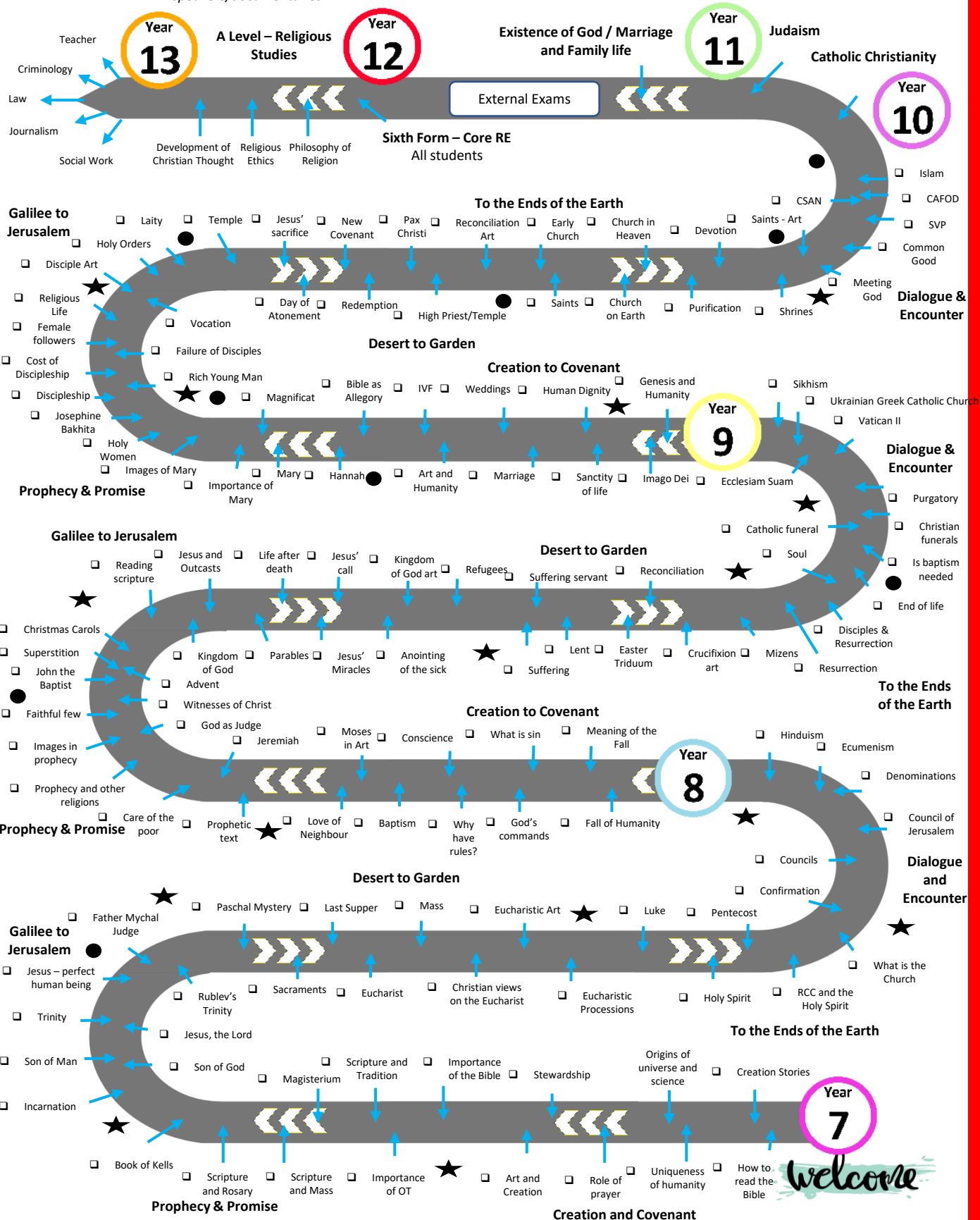
Assessment



Enrichment – Trips/outside speakers/documents



Assessment – Unit/PPE



Welcome

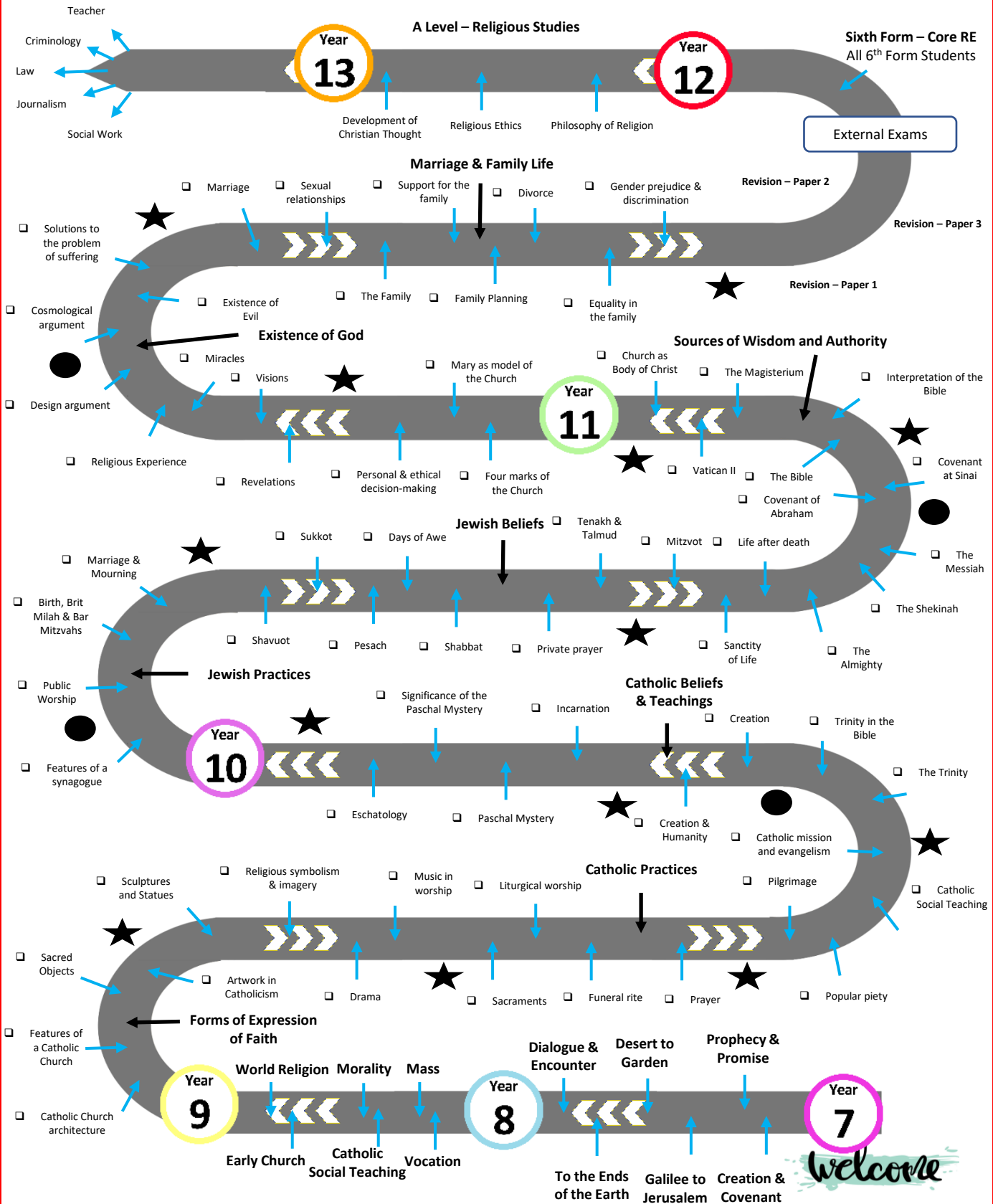
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Assessment ★

Enrichment – Trips/outside speakers/documents ●



# My A Level RE Learning Journey

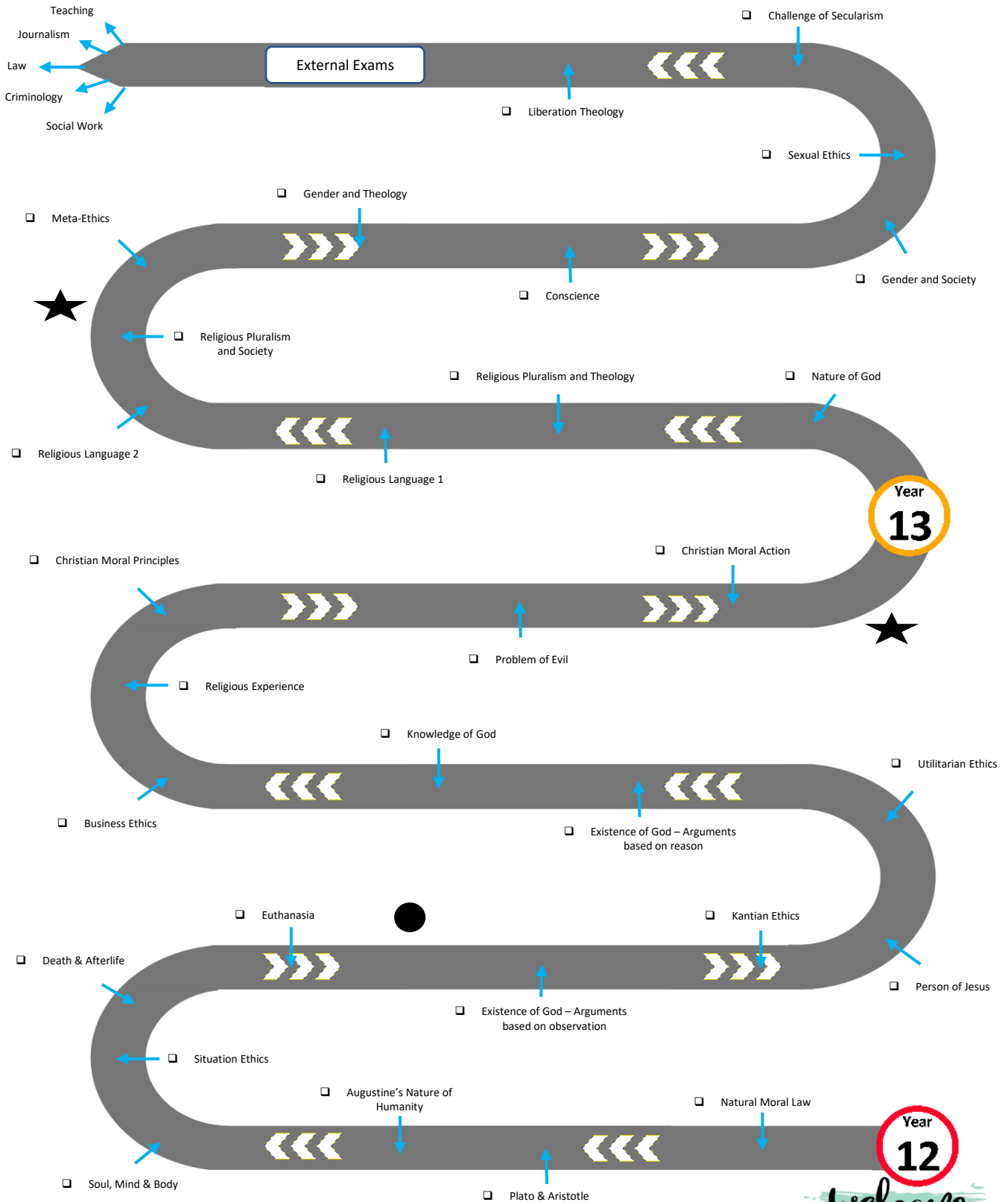
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Assessment

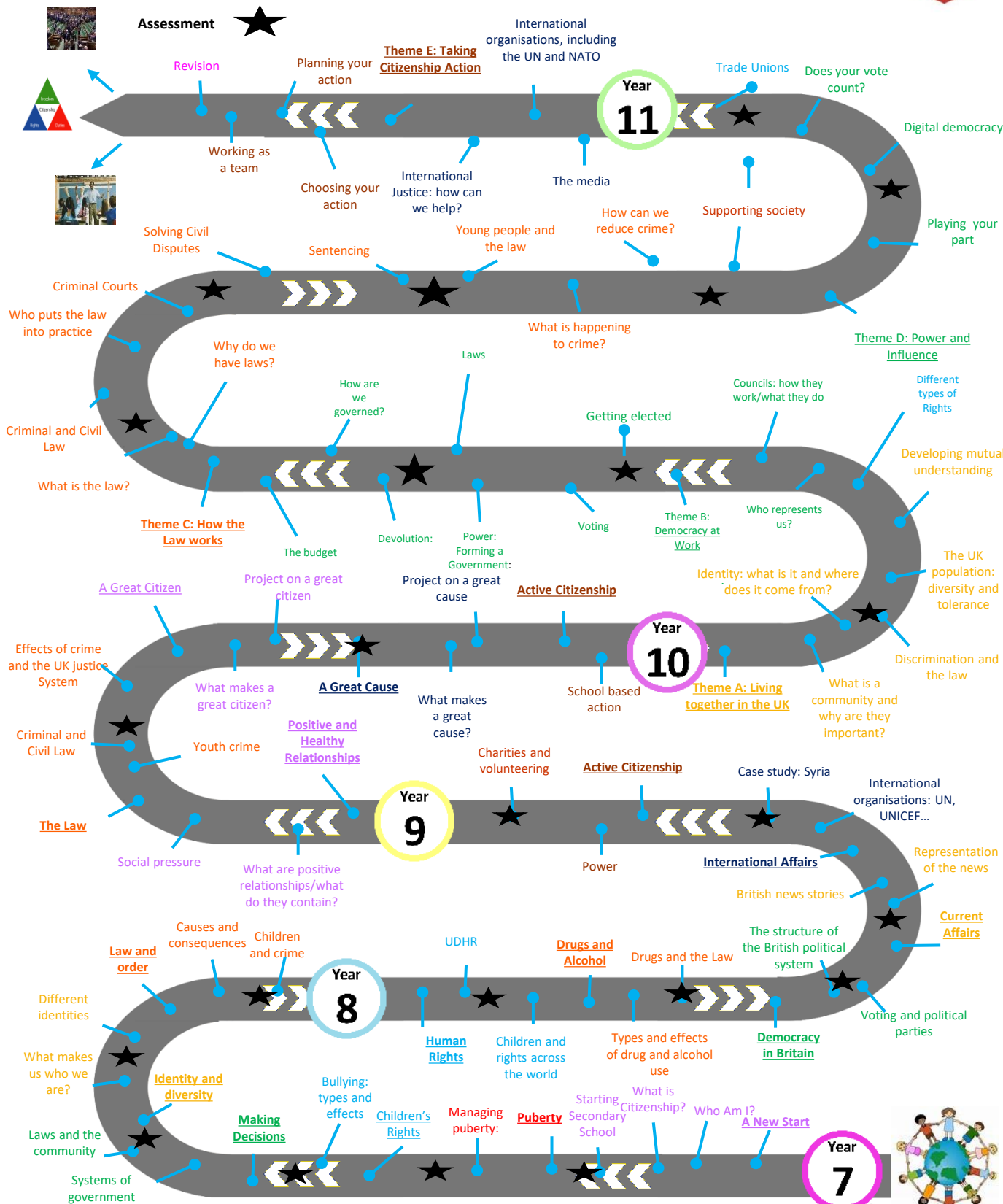


**Enrichment** – Trips/outside speakers/documentaries



# My Citizenship Learning Journey

**Curriculum Intent:** Citizenship enables me to understand the society I live in. It gives me an insight into how Britain and the wider world work so that I am equipped to become an empathetic, active individual that can help to shape a better future.



Year 7

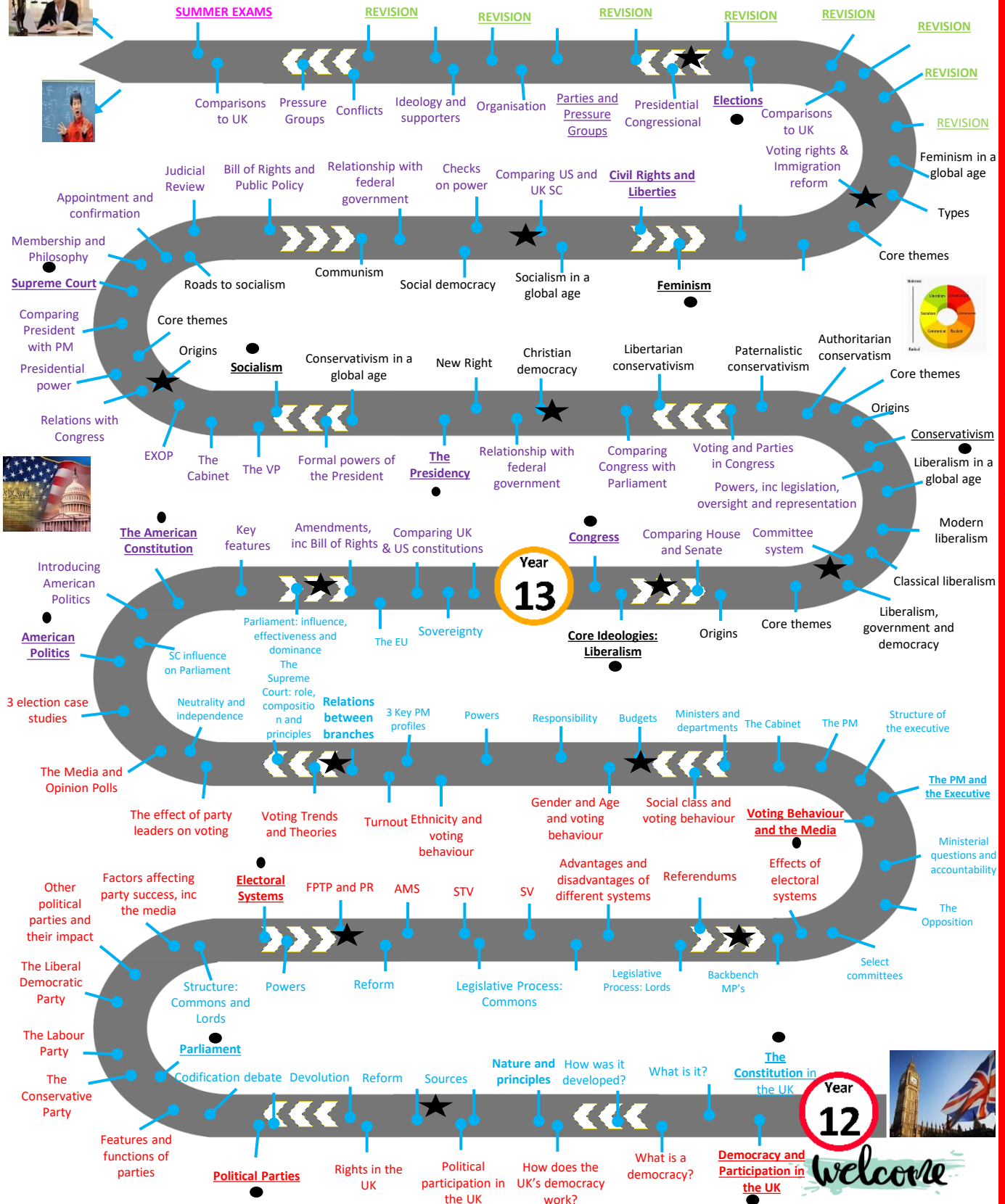
Welcome



## Assessment



**Enrichment – Trips/outside speakers/documentaries**



Year  
**12**

welcome



# My GCSE Sociology Learning Journey

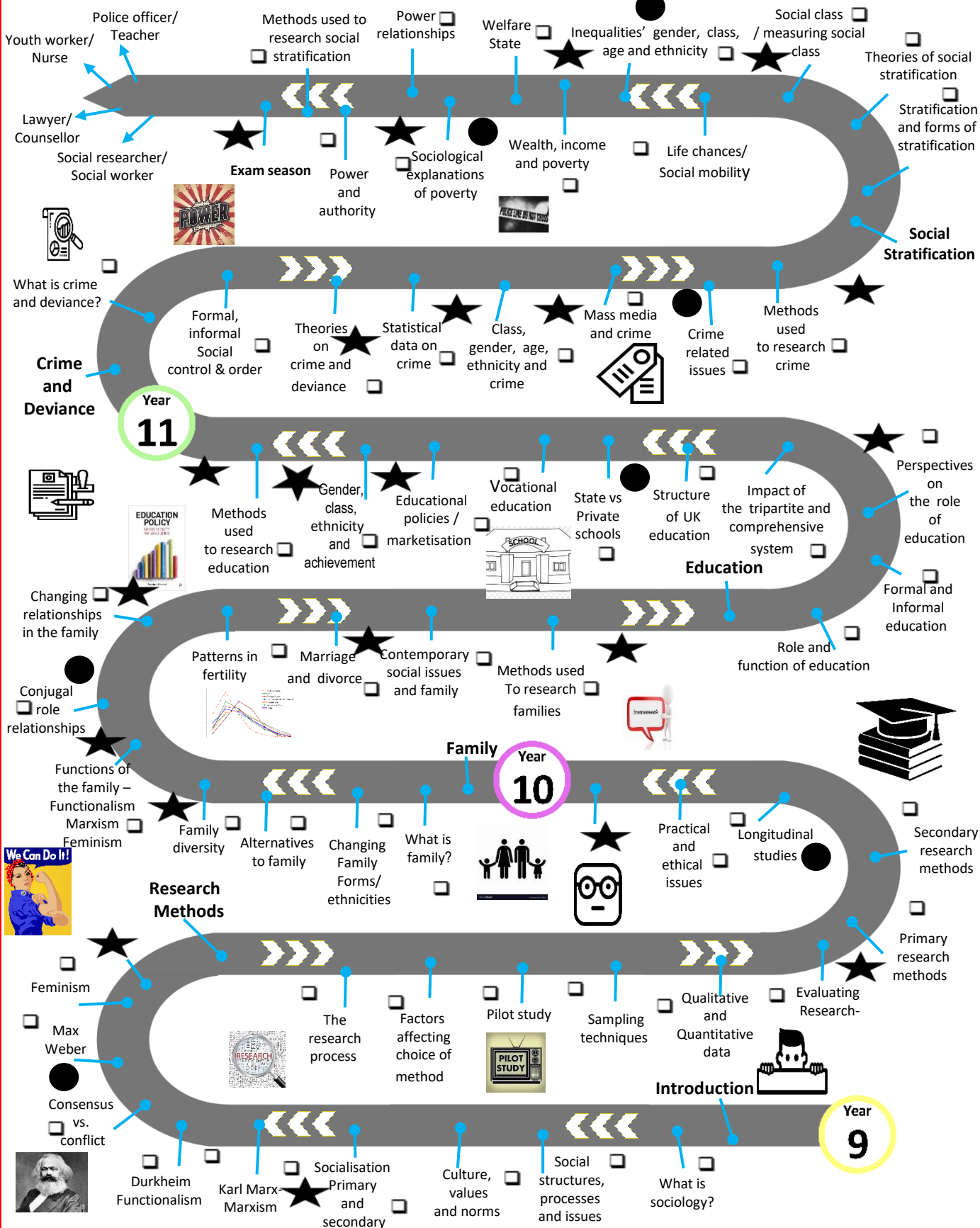
I study sociology to broaden my awareness of society and to help me to mature into a young responsible person for change in the world. The experience of the course will leave me with a more tolerant and empathetic understanding of contemporary society



Assessment



Enrichment – Trips/outside speakers/documentaries



# My A Level Sociology Learning Journey

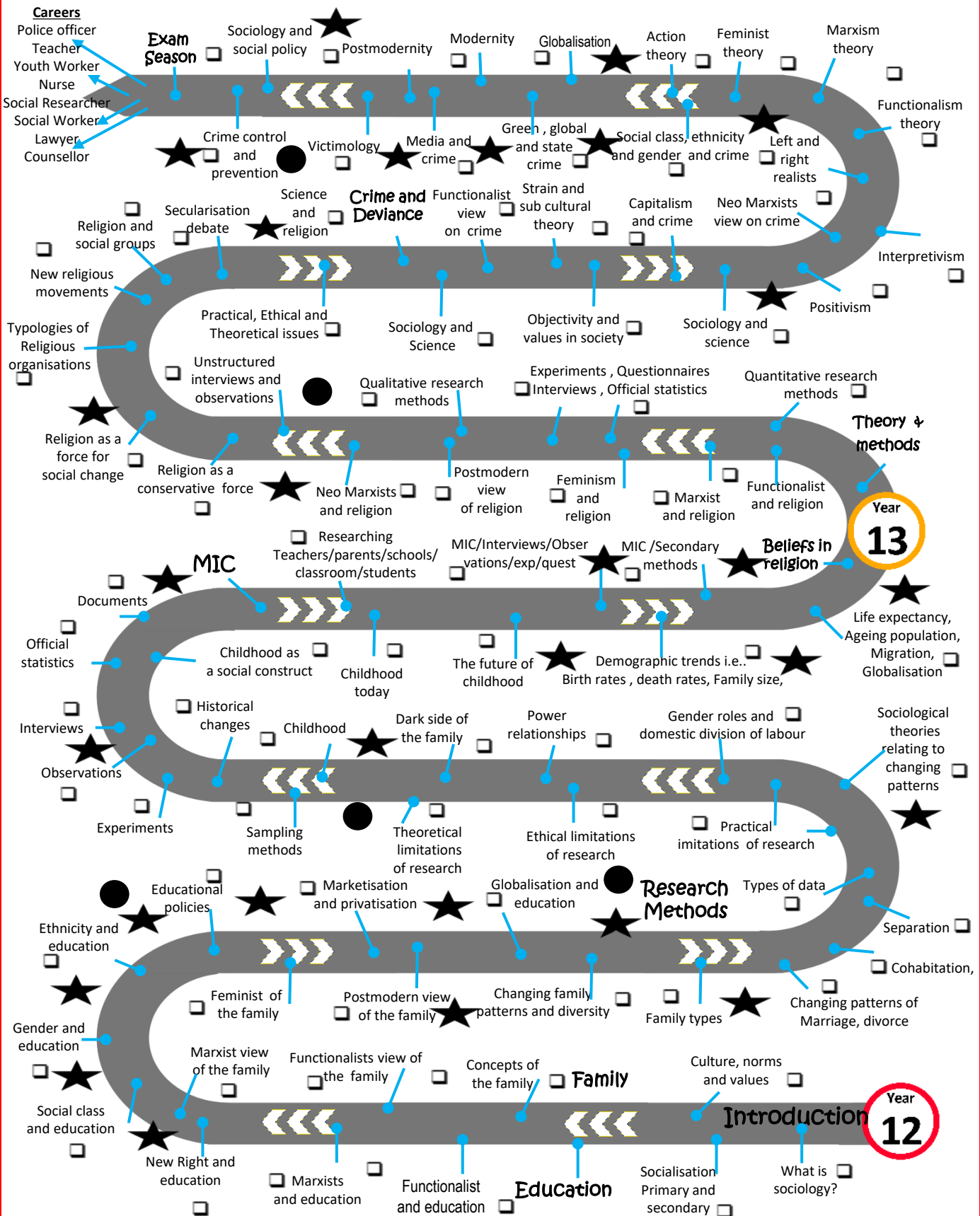
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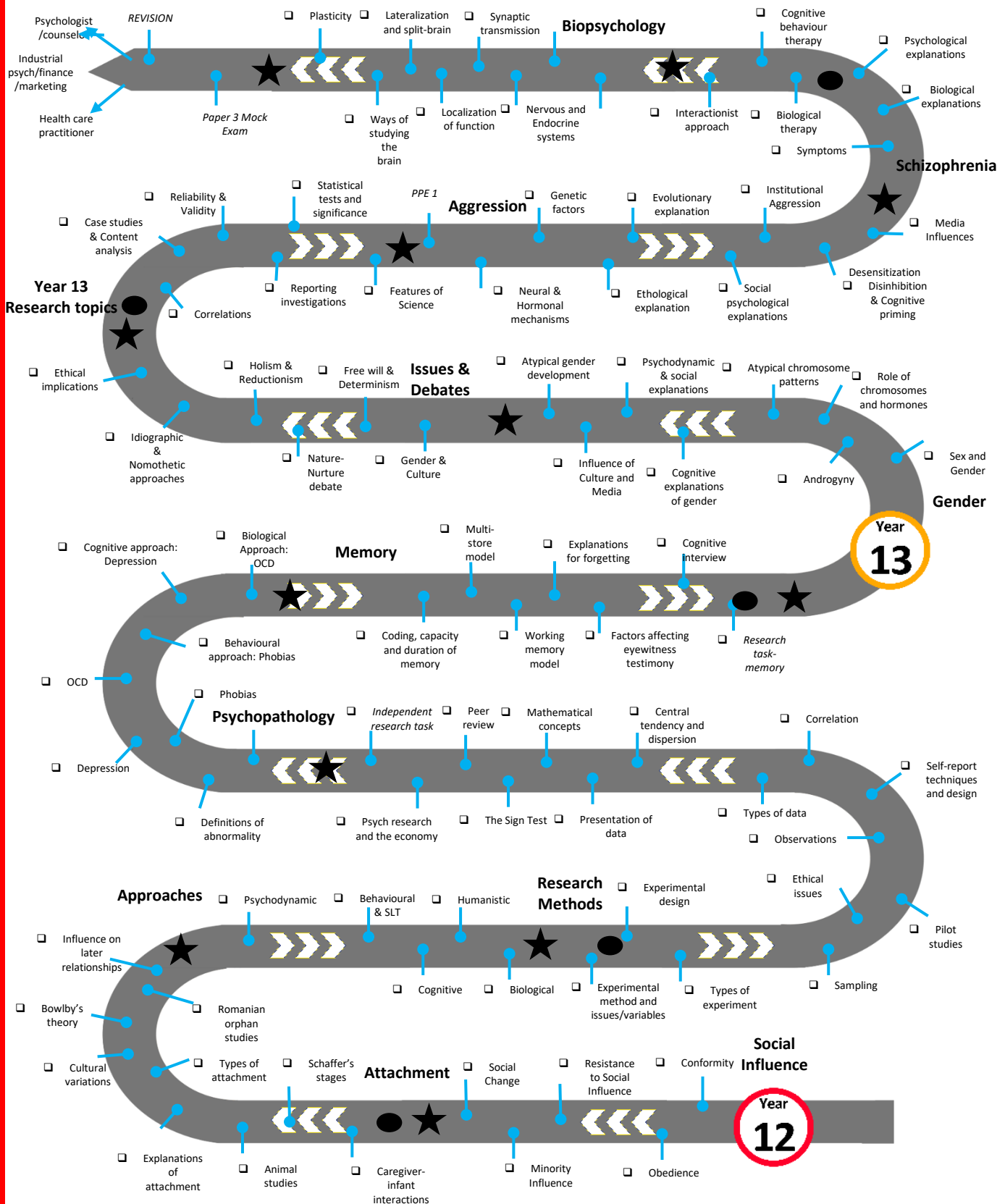
Assessment



Enrichment – Trips/outside speakers/documentaries

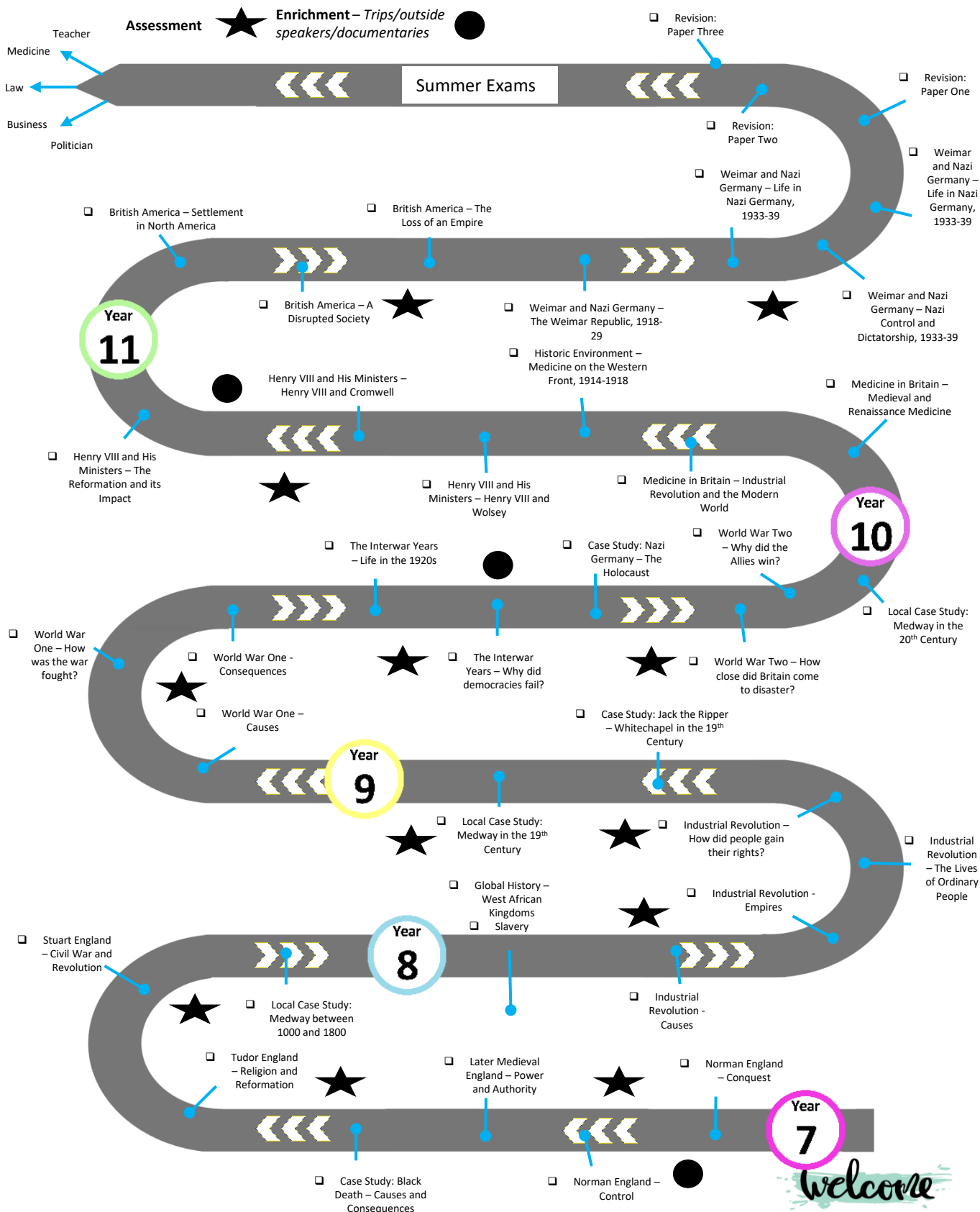


★ *Assessment*      ● *Trips/External speakers/Workshops*



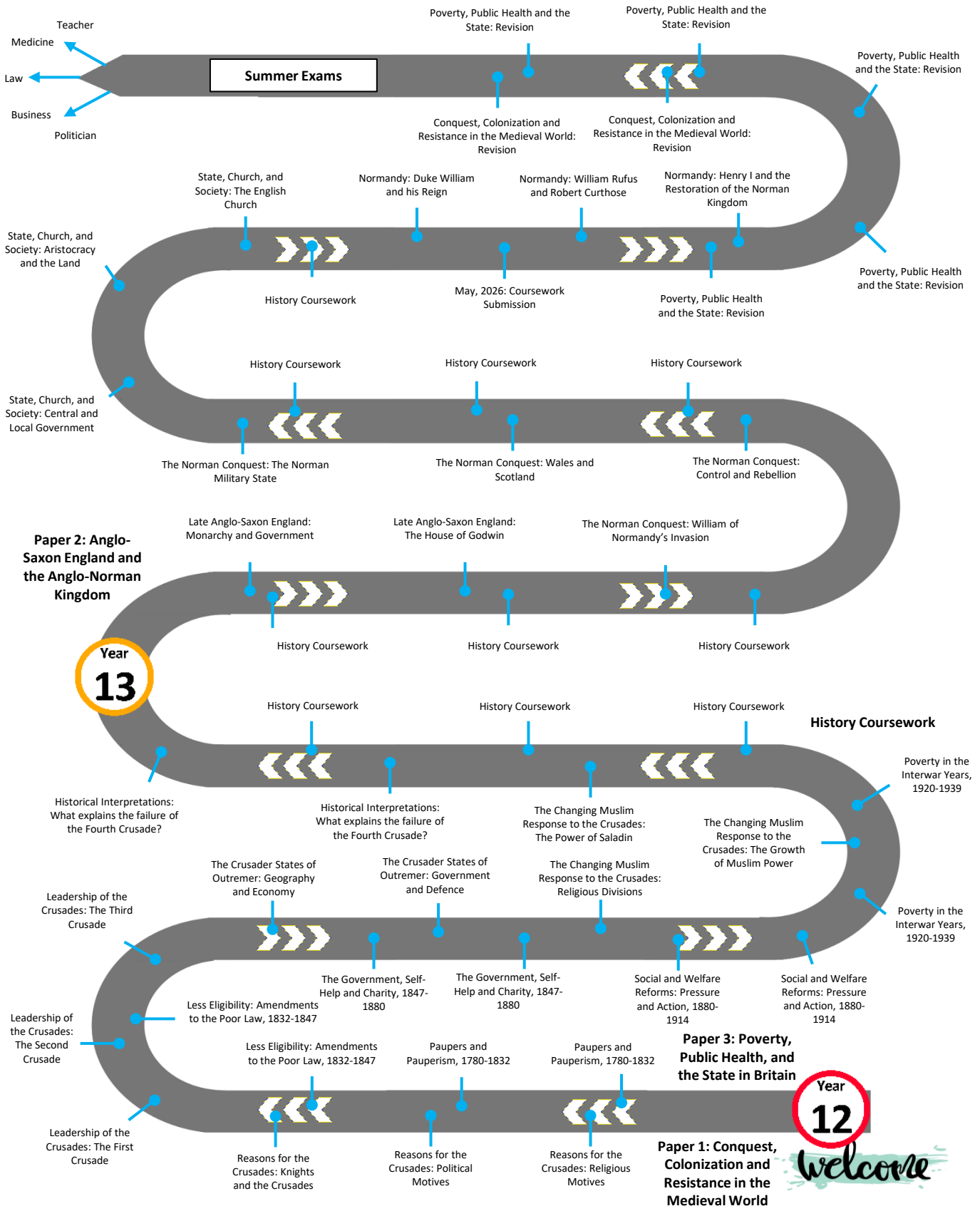
# My History Learning Journey

**Curriculum Intent:** I study history so that I can learn about the diverse peoples and events of the past. The skills I will gain will help me to become a compassionate, thoughtful, and respectful citizen. I will reflect upon the impact local, national, and global histories have had upon both myself and the community of which I am part. I will also consider how these histories continue to shape the world in which I live today. I will be able to transfer the knowledge and skills I have learned into any chosen future career.



# Year 12: Your History Learning Journey

**Curriculum Intent:** I study history so that I can learn about the diverse peoples and events of the past. The skills I will gain will help me to become a compassionate, thoughtful, and respectful citizen. I will reflect upon the impact local, national, and global histories have had upon both myself and the community of which I am part. I will also consider how these histories continue to shape the world in which I live today. I will be able to transfer the knowledge and skills I have learned into any chosen future career.







# My Geography Learning Journey

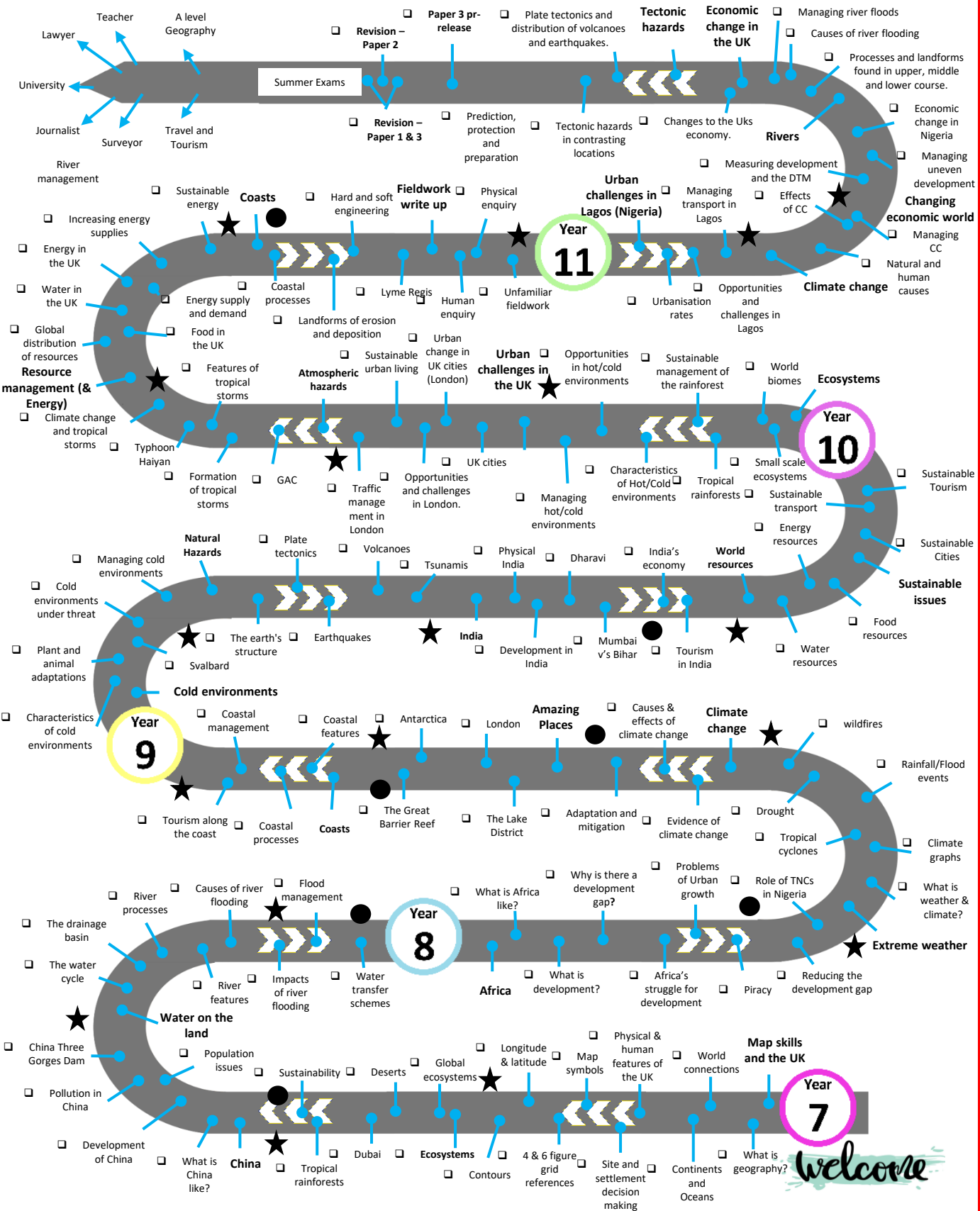
**Curriculum Intent:** I study geography so I can learn about the diverse human and physical world that I live in. The knowledge and skills I will gain will help me to become a responsible, respectful, caring and empathetic citizen. I will be aware of the impacts I can have on the local, national and global community and environment. I will be able to transfer the knowledge and skills into any chosen future career.



## Assessment



## Enrichment – Trips/outside speakers/documentaries



# My Geography Learning Journey

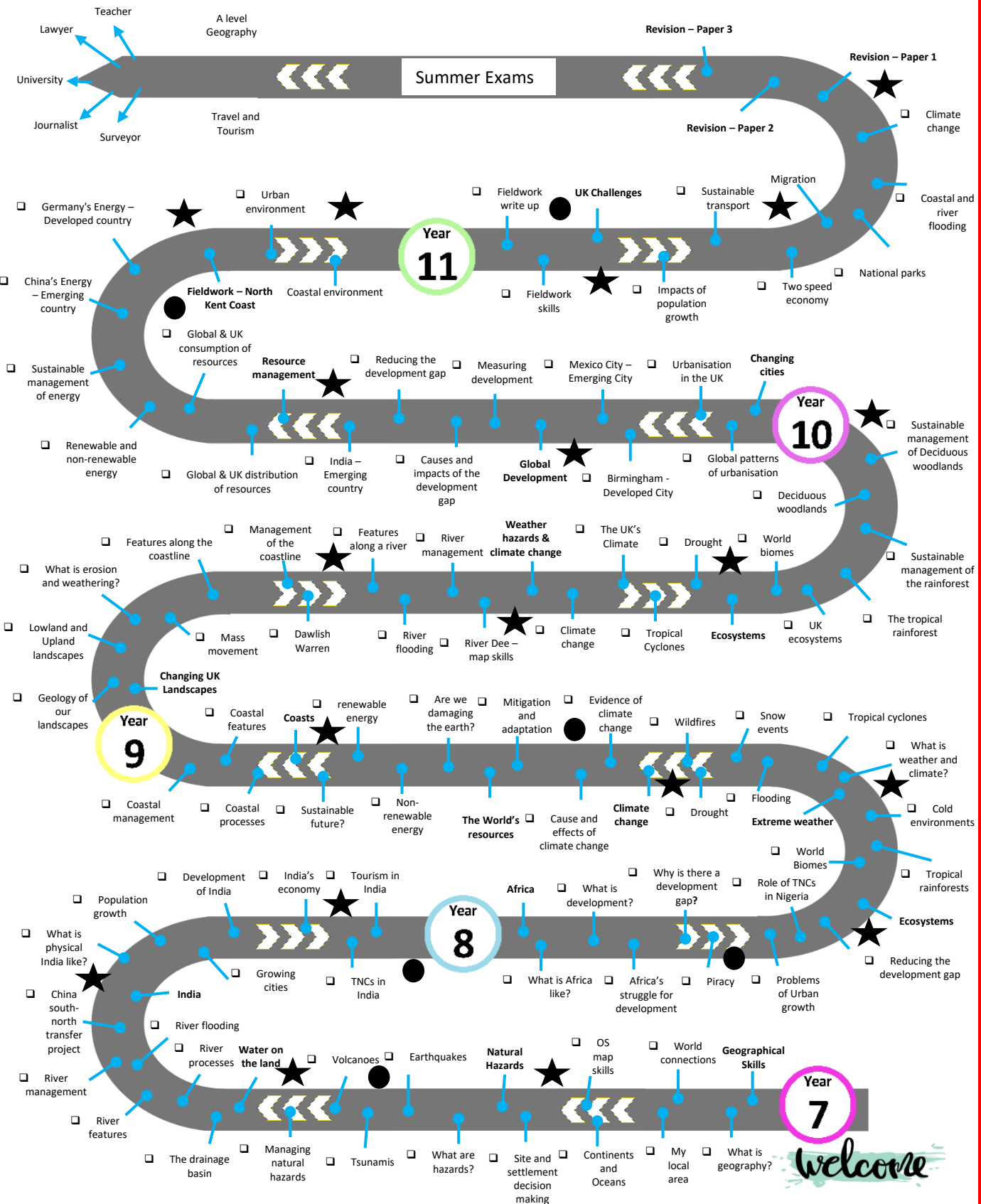
**Curriculum Intent:** I study geography so I can learn about the diverse human and physical world that I live in. The knowledge and skills I will gain will help me to become a responsible, respectful, caring and empathetic citizen. I will be aware of the impacts I can have on the local, national and global community and environment. I will be able to transfer the knowledge and skills into any chosen future career.



## Assessment

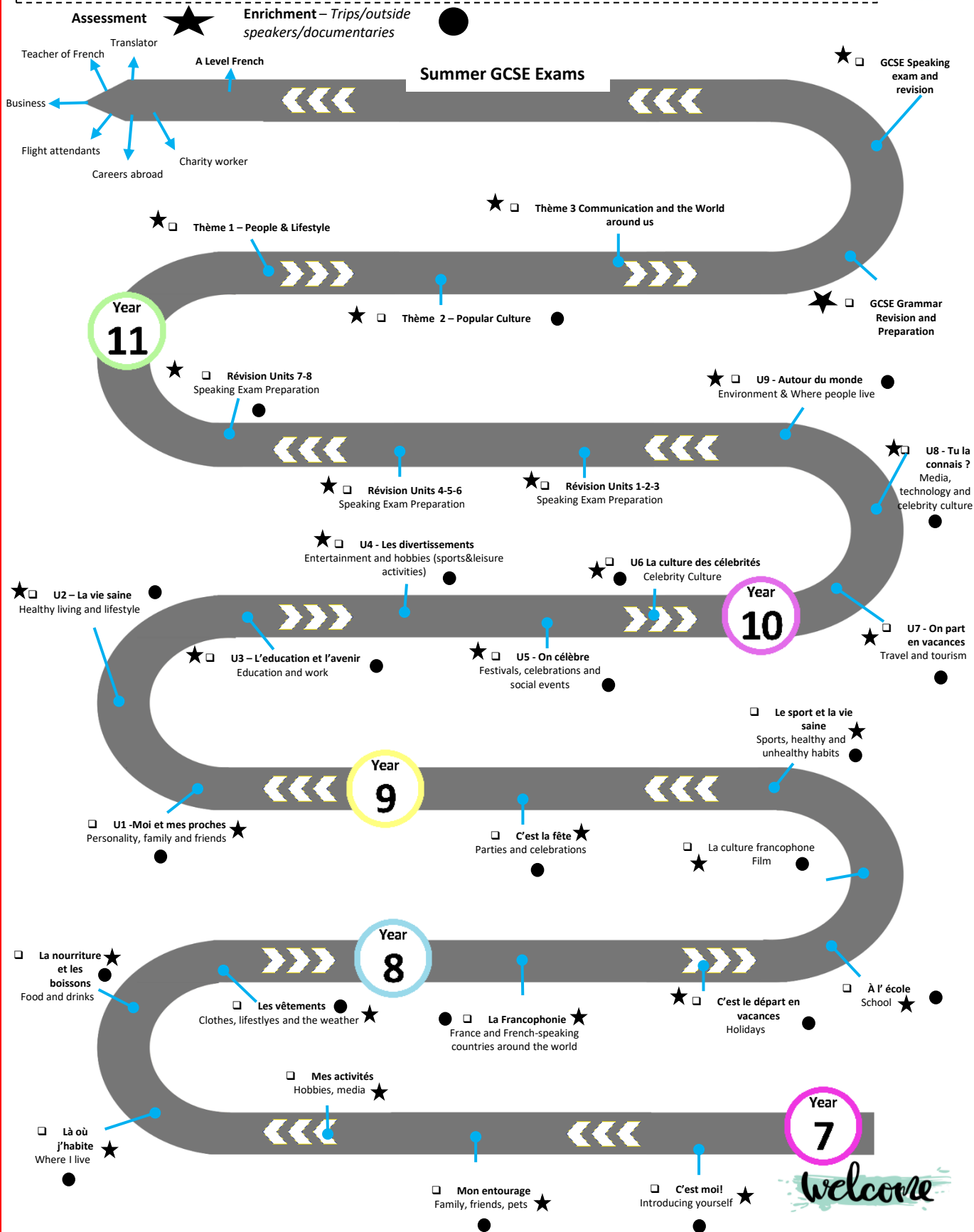


## Enrichment – Trips/outside speakers/documentaries



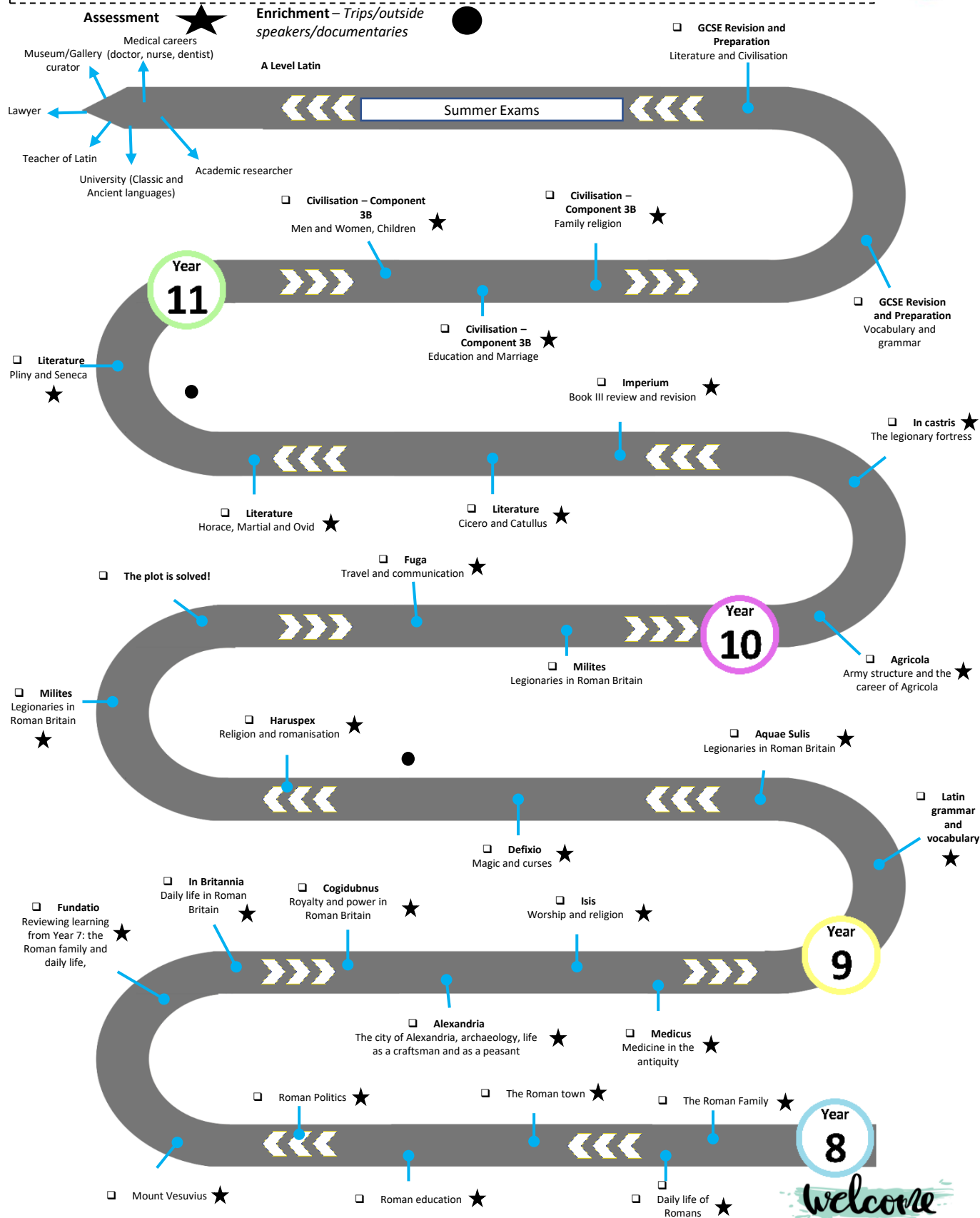
# My French Learning Journey

**Curriculum intent:** I study French to have a wide knowledge of the world and be an effective communicator. I learn with authentic French resources in order to be a great reader, speaker, writer and listener. In French, I learn to become unafraid to take risks when confronted with challenge, to work independently and to interact with others. I improve my ability to work in a team and my leadership skills. I develop my understanding of other cultures in a globalised world and I become a more tolerant person.



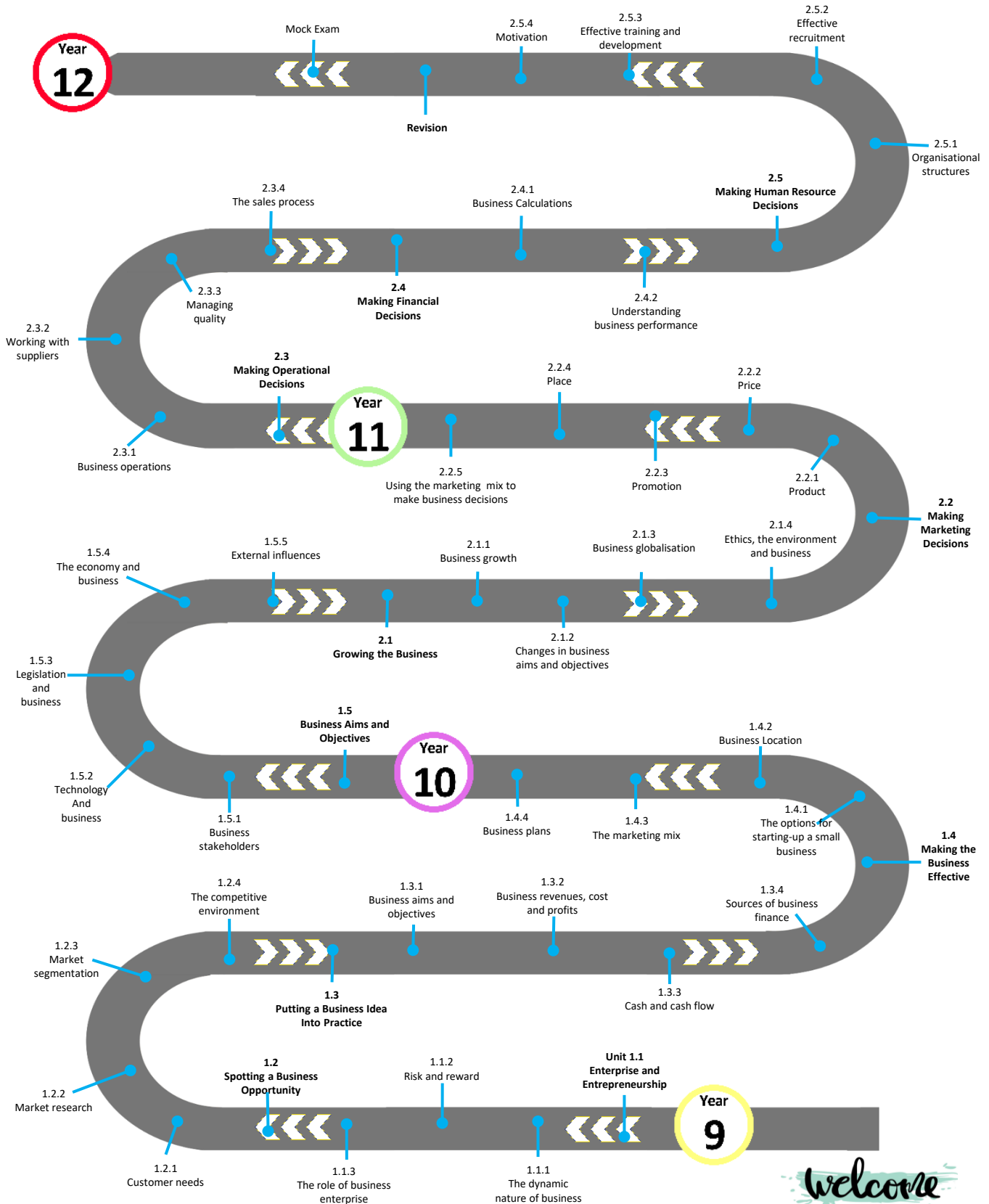
# My Latin Learning Journey

**Curriculum intent:** I learn Latin because I have high expectations for myself and my learning. I explore the Roman Empire and its impact over literature and pictural arts. I learn to become unafraid to take risks when confronted with challenge, to work independently and to interact with others. I improve my ability to work in a team and my leadership skills. I explore these cultures through the lens of Catholic faith, which leads me to become a more tolerant human being.



# Your GCSE Business Learning Journey

**Curriculum Intent:** I study business to understand the roles and functions of businesses in society as well as how organisations are structured to facilitate success Business helps me develop an enterprising attitude, which means I am willing to take calculated academic and personal growth risks. Studying business makes me a critical thinker, problem solver, and ethical leader.







# My Health and Social Care Learning Journey

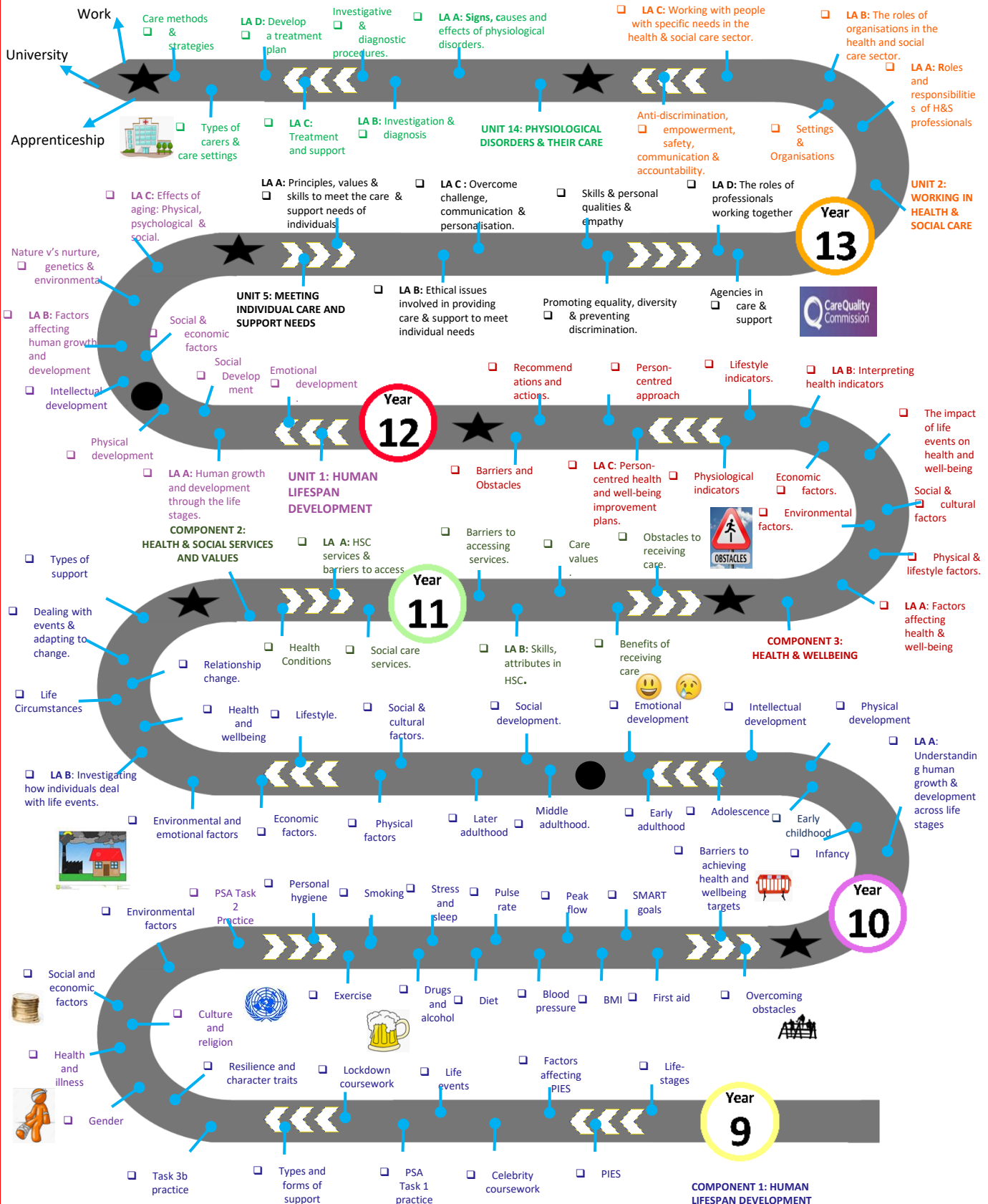
**Curriculum Intent:** I study Health and Social Care so I can learn about how we develop as individuals throughout our life and how to overcome barriers to my own health and wellbeing. The knowledge and skills I will gain will help me to become a responsible, respectful, caring and empathetic citizen. I will gain the skills I need to make informed decisions and choices to live a healthy and fulfilled life.



Assessment



Enrichment – Trips/outside speakers/documentaries

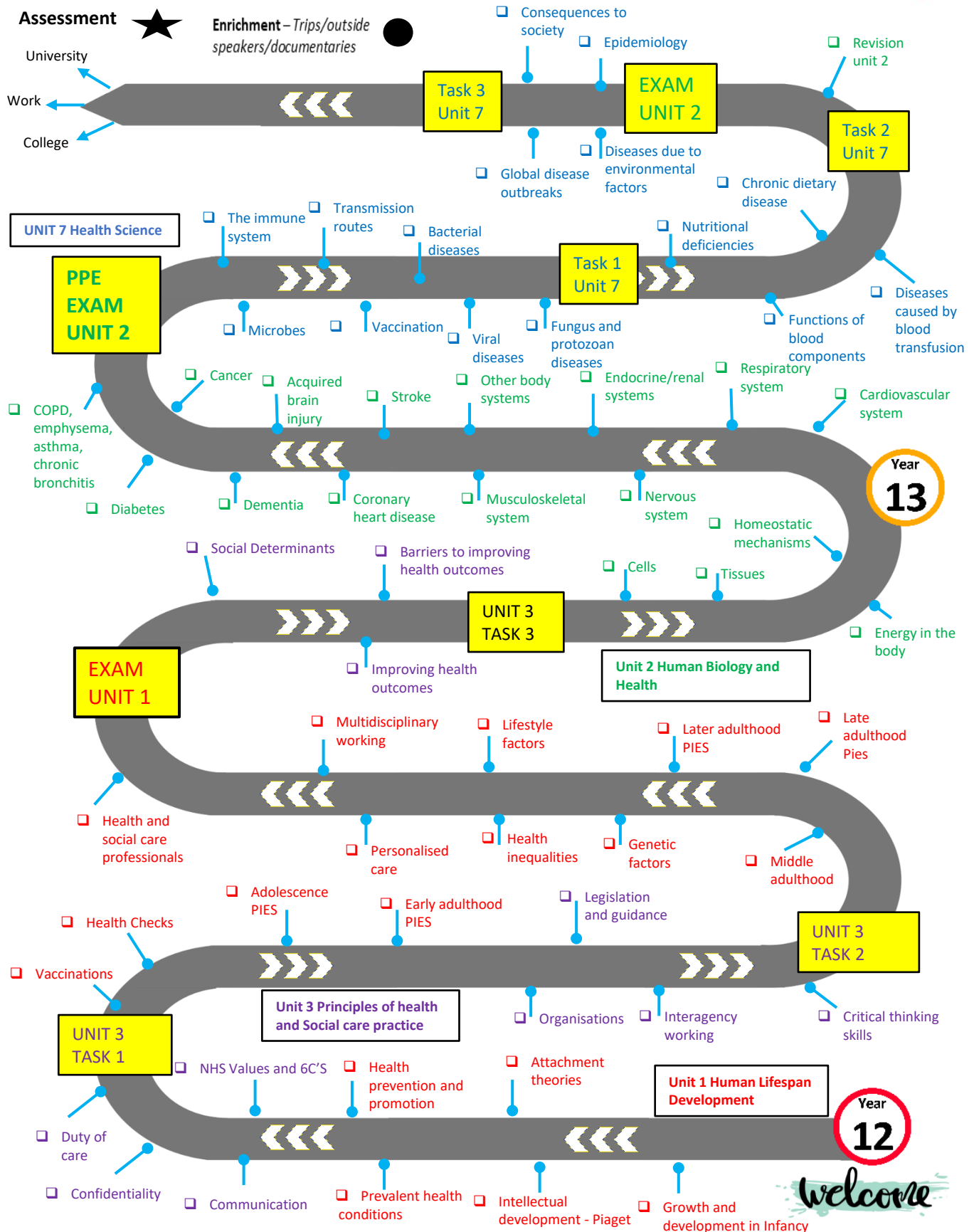




## Assessment



**Enrichment** – *Trips/outside speakers/documentaries*



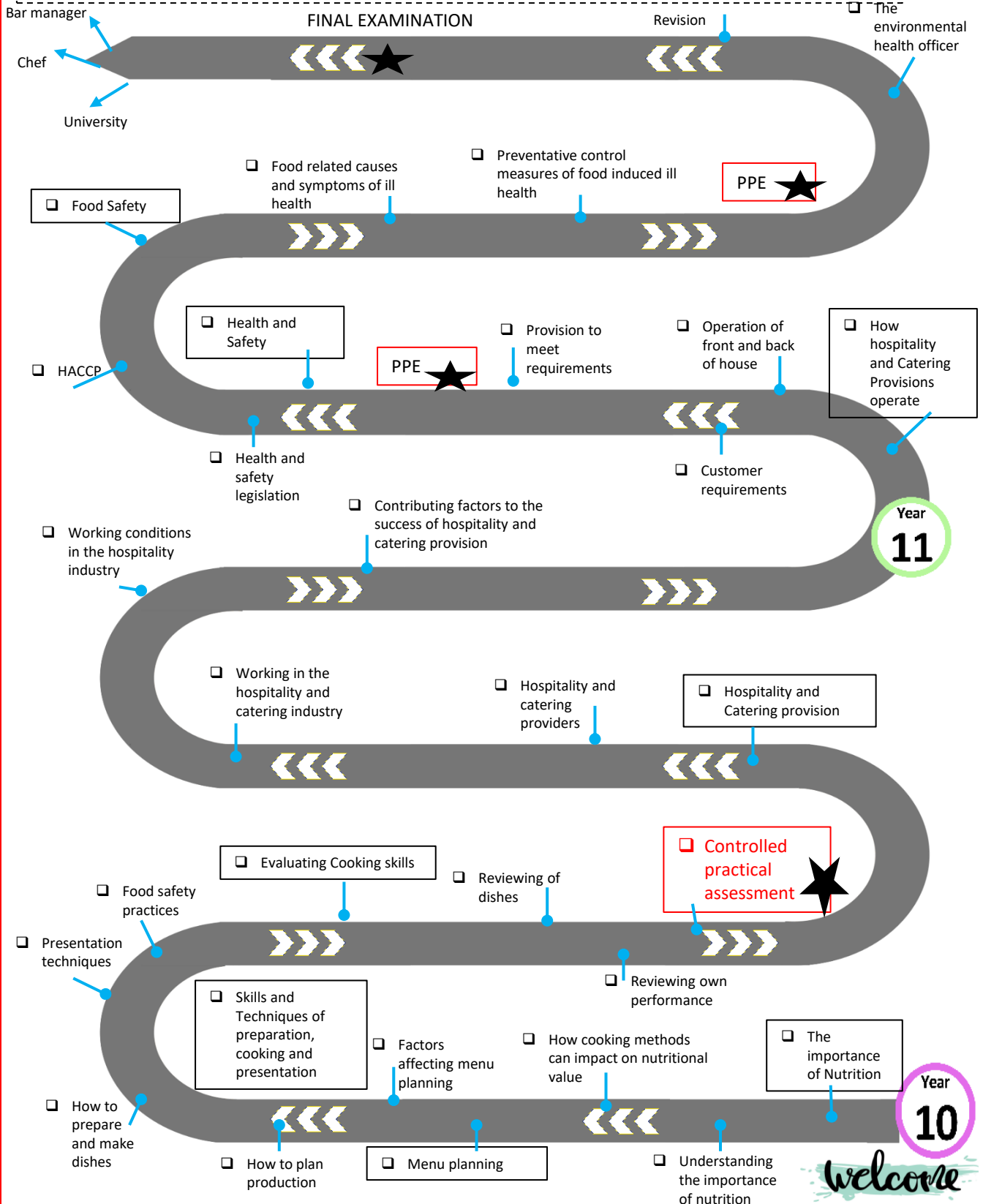
# Your Hospitality and Catering Learning Journey

## Curriculum Intent

I am studying Hospitality and Catering to learn about this sector of industry and the potential it can offer for my career or further study. This subject will give me knowledge and insight into the jobs and careers available within the sector and teach me life skills about healthy eating and how to prepare food safely.

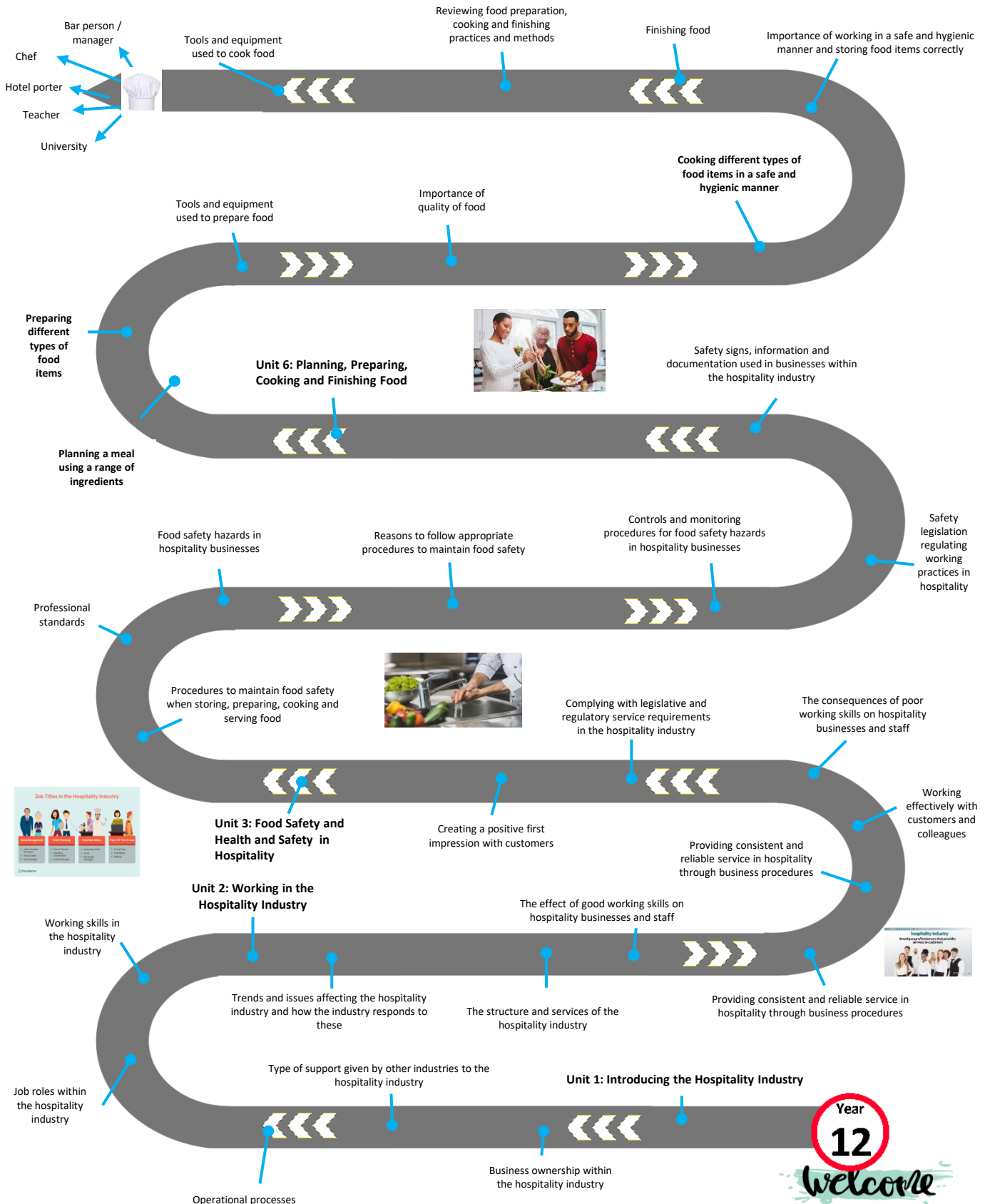


## Assessment ★



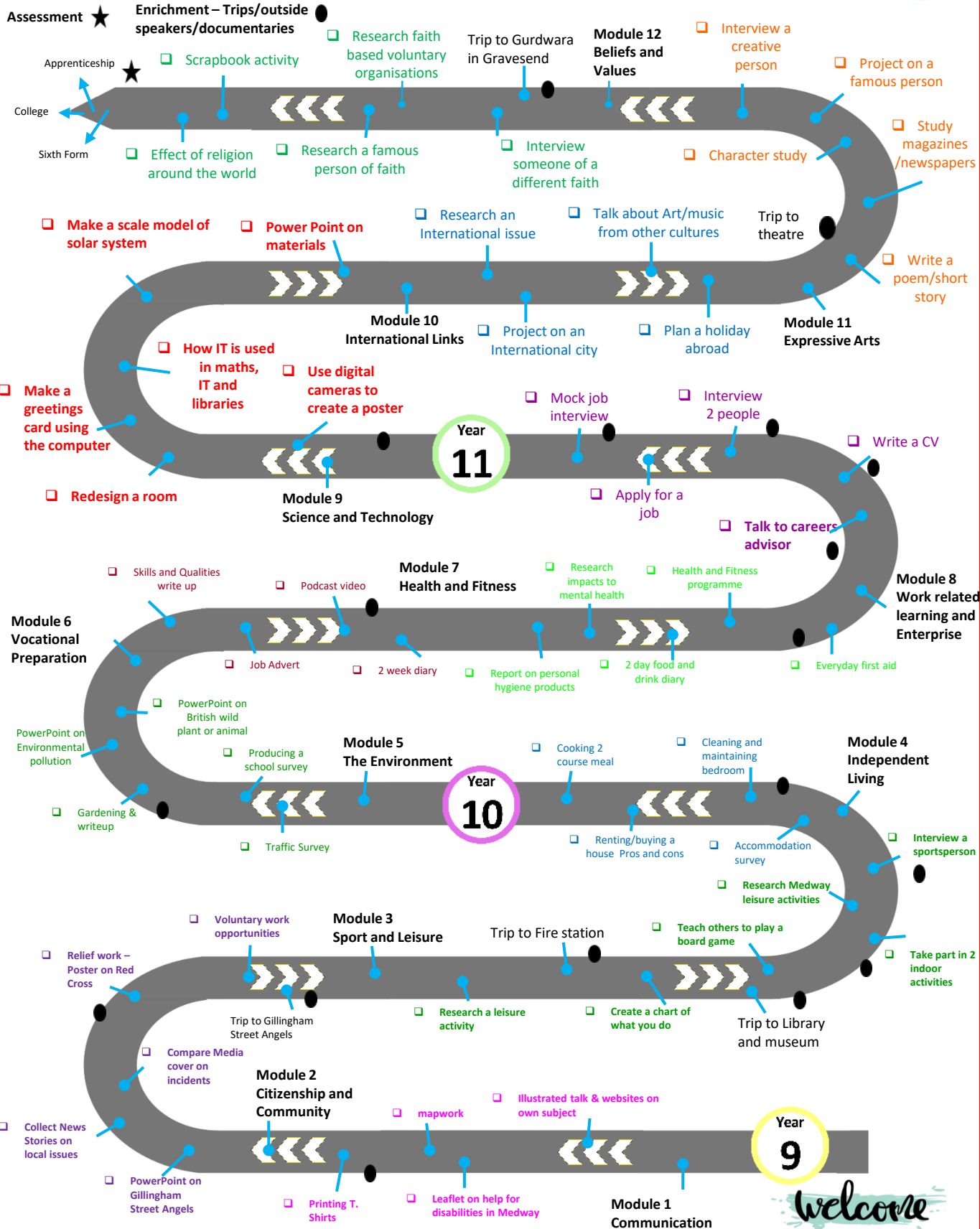
# Your Hospitality Learning Journey

**Curriculum Intent:** I am studying Hospitality to understand the nature and scope of the industry. This course will help me become aware of areas of interest and opportunities in the hospitality industry. I will become equipped to commit to an entry level job in the hospitality industry or progress to further studies.



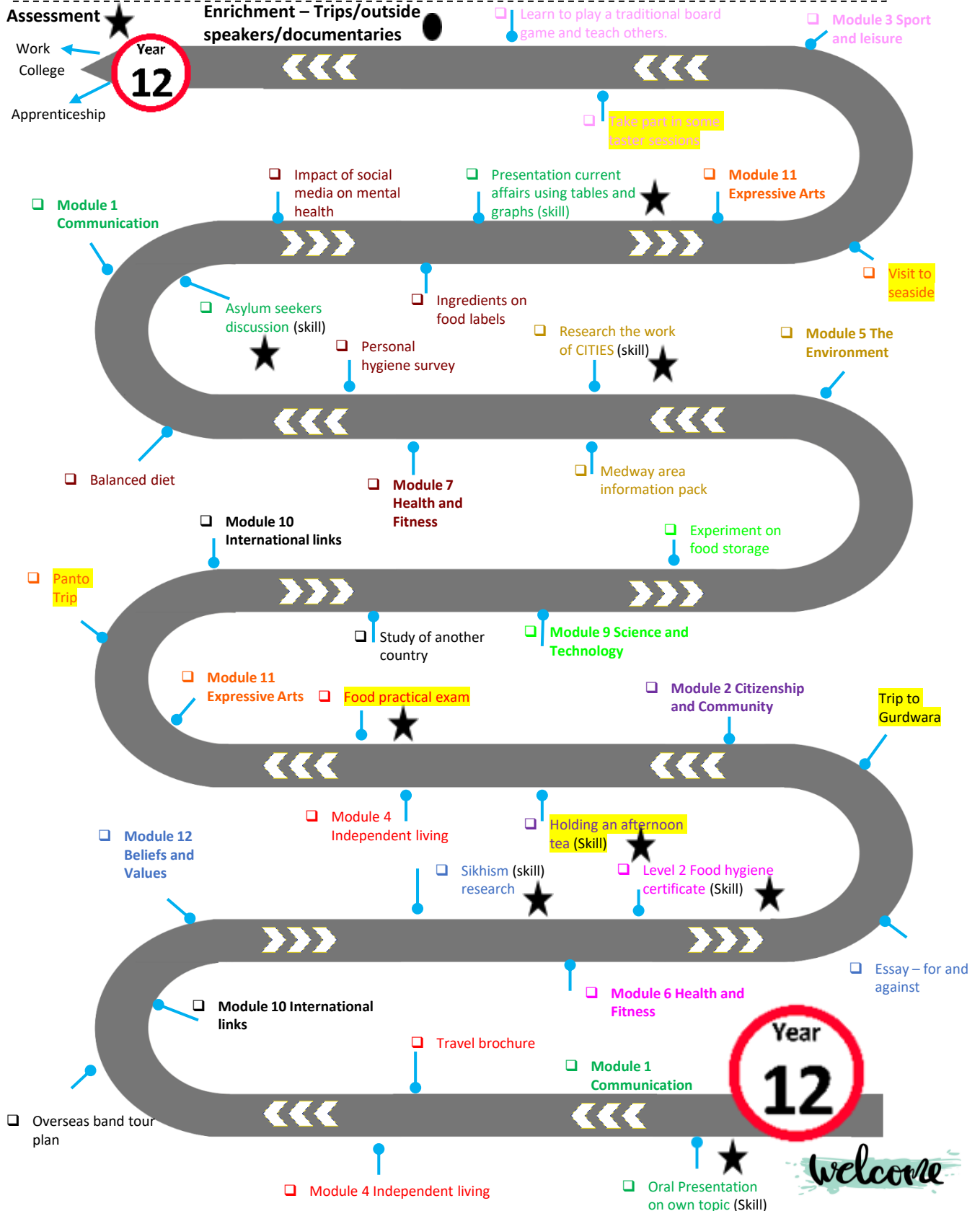
# My COPE Learning Journey

**Curriculum Intent:** The ASDAN Level 1 Certificate of Personal Effectiveness (CoPE) is a substantial and wide-ranging qualification the purpose of which is to enable candidates to develop and demonstrate a range of personal, key and employability skills, to broaden their experience and manage their learning in a variety of real life contexts. It therefore aims to teach candidates to understand, take responsibility for and learn from rich activities, rather than simply to experience them.



# Your Year 12 CoPE Learning Journey

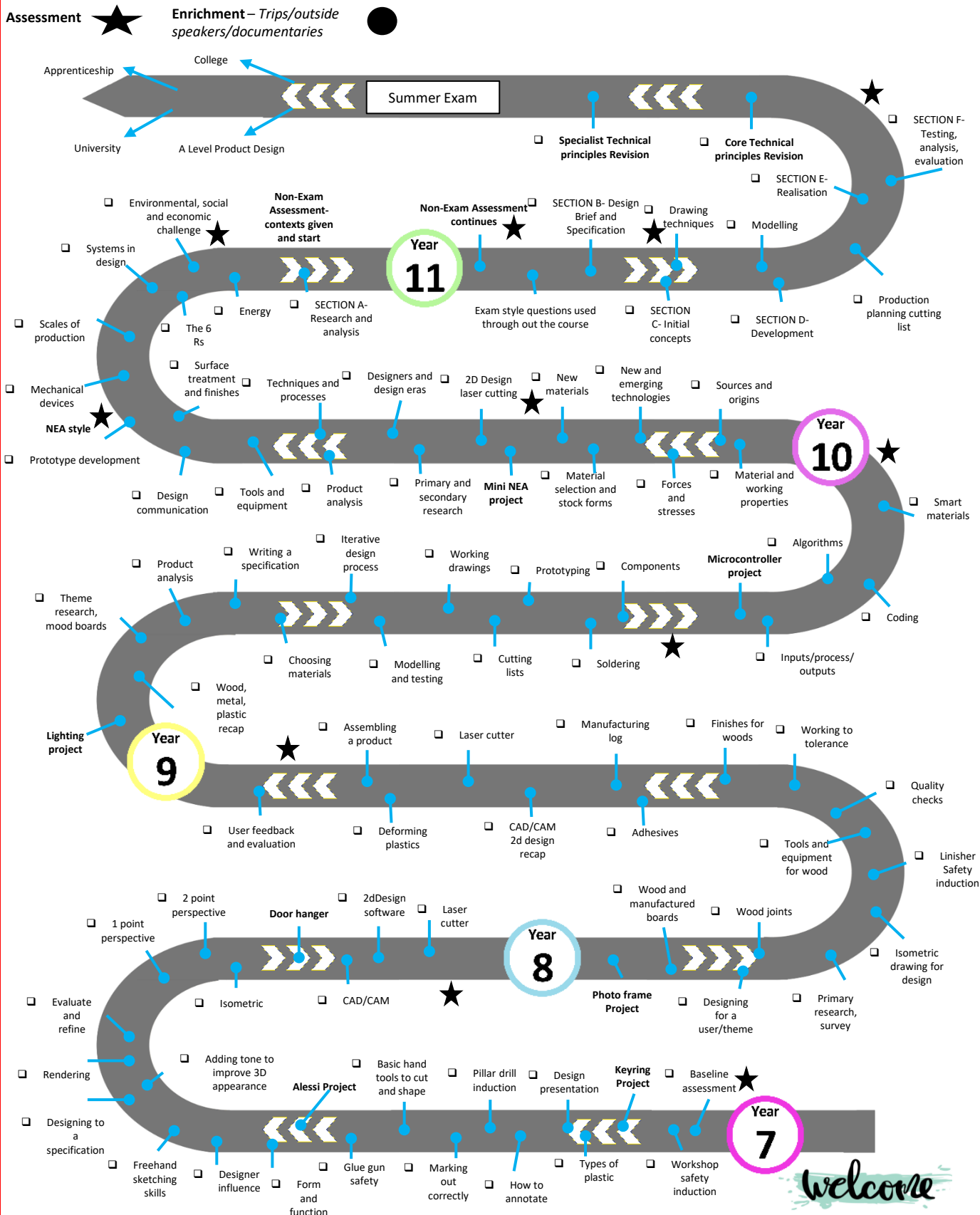
**Curriculum Intent:** The ASDAN Level 2 Certificate of Personal Effectiveness (CoPE) is a substantial and wide-ranging qualification the purpose of which is to enable candidates to develop and demonstrate a range of personal, key and employability skills, to broaden their experience and manage their learning in a variety of real- life contexts. It therefore aims to teach candidates to understand, take responsibility for and learn from activities, rather than simply to experience them.





# My Design & Technology Learning Journey

**Curriculum Intent:** I study Design and Technology to encourage my creativity and problem-solving skills, which will empower me to approach challenges with an open and inventive mindset. Through hands-on experience and theoretical knowledge I will design and make my own solutions to a range of problems, and will consider the impact these have on the environment. These skills can be used across many other subjects and give me a great start on a career path within Design, Science, Engineering or Technology.



# Your Art and Design Learning Journey

## Curriculum Intent:

I study Art and Design to develop my visual literacy skills. These skills help me appreciate the visual world and enable me to express myself through drawing as I do in writing. I study the work of artists, designers and craftspeople to gain an understanding of how art and design has evolved through history and in different cultures. I can apply a broad range of creative and practical skills in a variety of contexts, using different materials and processes to help me gain confidence and fluency when recording and developing my own ideas. Creative thinking and problem solving are skills I develop in art that can be transferred to any chosen career.



## Assessment ★ Enrichment/trips ●

A level Art  
Future  
Pathways  
College

ESA papers  
distributed in  
January



Final outcome in  
10-hour controlled test.

Experiment and  
refine

Develop initial ideas

Research and respond to the  
work of relevant artists

Choose starting point for  
project

### ★ Personal project

### AQA Externally set assignment

AO1: Respond to relevant  
sources

AO2: Experiment and  
refine

AO3: Record

AO4: Realising intentions. Final  
outcomes.

Year  
11

Reflections

Personal Research

Critical analysis

Developing  
independent ideas

Experimenting with materials and  
processes

### ★ Abstract

### ★ Personal project

### ★ Natural and man-made forms

Surfaces

Abstract artists

Drawing from primary  
and secondary  
sources

Responding to  
artists

Insects, birds, reptiles

Shells, fossils, seedheads

Print

Close up

Continuous line  
drawing

Developing ideas from  
observation studies

Machinery

### ★ Human Form

### ★ Still Life

Facial features

Hands in different  
gestures

New media

Photography

Everyday  
objects

Proportion

Observation drawing

Mixed media

Biro drawings

Shoes and shoe  
design

Year  
9

### ★ Strange and Fantastic

Fantastic creatures in film

Myths and legends

Introduction to storytelling in art throughout history

Translating prose into art

Illustration

Mark making

Photography

Silhouette

### ★ Architecture

### ★ Flora and Fauna

Urban environments

Famous architects

Pen and wash observation drawing

Wax resist

Animals, birds  
and insects

Painting

Plants and  
Flowers

Iconic and historical  
buildings

Drawing, collage, printmaking

Observation drawing

Card sculpture

Year  
8

### ★ The Sea

### ★ The formal elements of Art and Design

Coral Reefs

Mind mapping

Shells

Line, tone, pattern, shape, form, colour, texture

Mixed media

3D relief

Developing ideas from  
drawing through  
different media

Observations of  
sea life

Introduction to colour  
theory

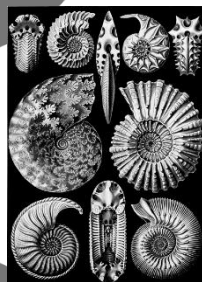
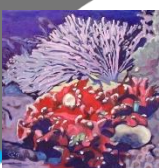
Colour mixing with paint  
and care of brushes

Appropriate use of and care of a  
sketchbook

Year  
7

Baseline Test

welcome



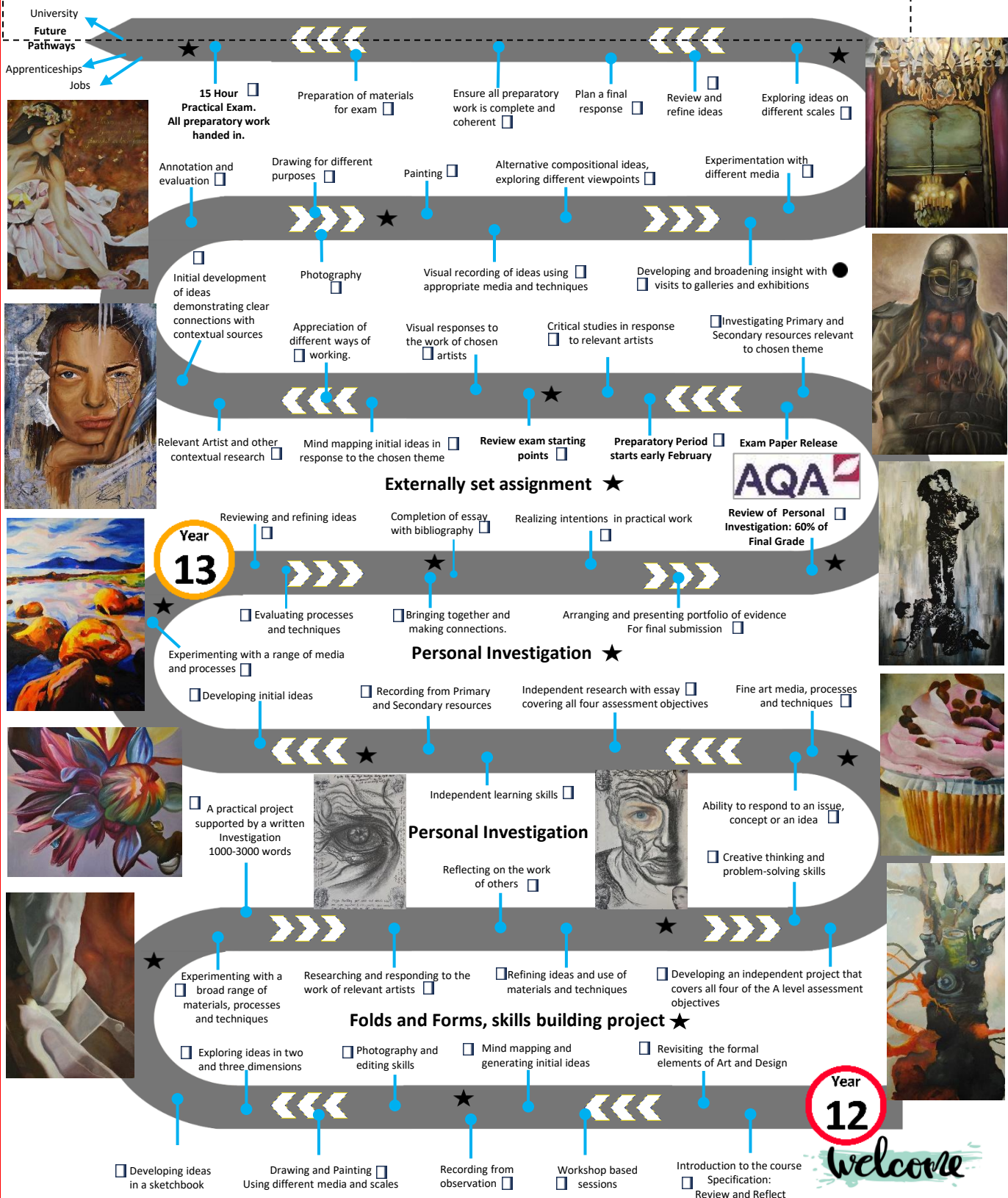
# Your A-Level Art and Design Learning Journey

## Curriculum Intent

I study Art and Design to develop my visual literacy skills. These skills help me appreciate the visual world and enable me to express myself through drawing as I do in writing. I study the work of artists, designers and craftspeople to gain an understanding of how art and design has evolved through history and in different cultures. I can apply a broad range of creative and practical skills in a variety of contexts, using different materials and processes to help me gain confidence and fluency when recording and developing my own ideas. Creative thinking and problem solving are skills I develop in art that can be transferred to any chosen career.



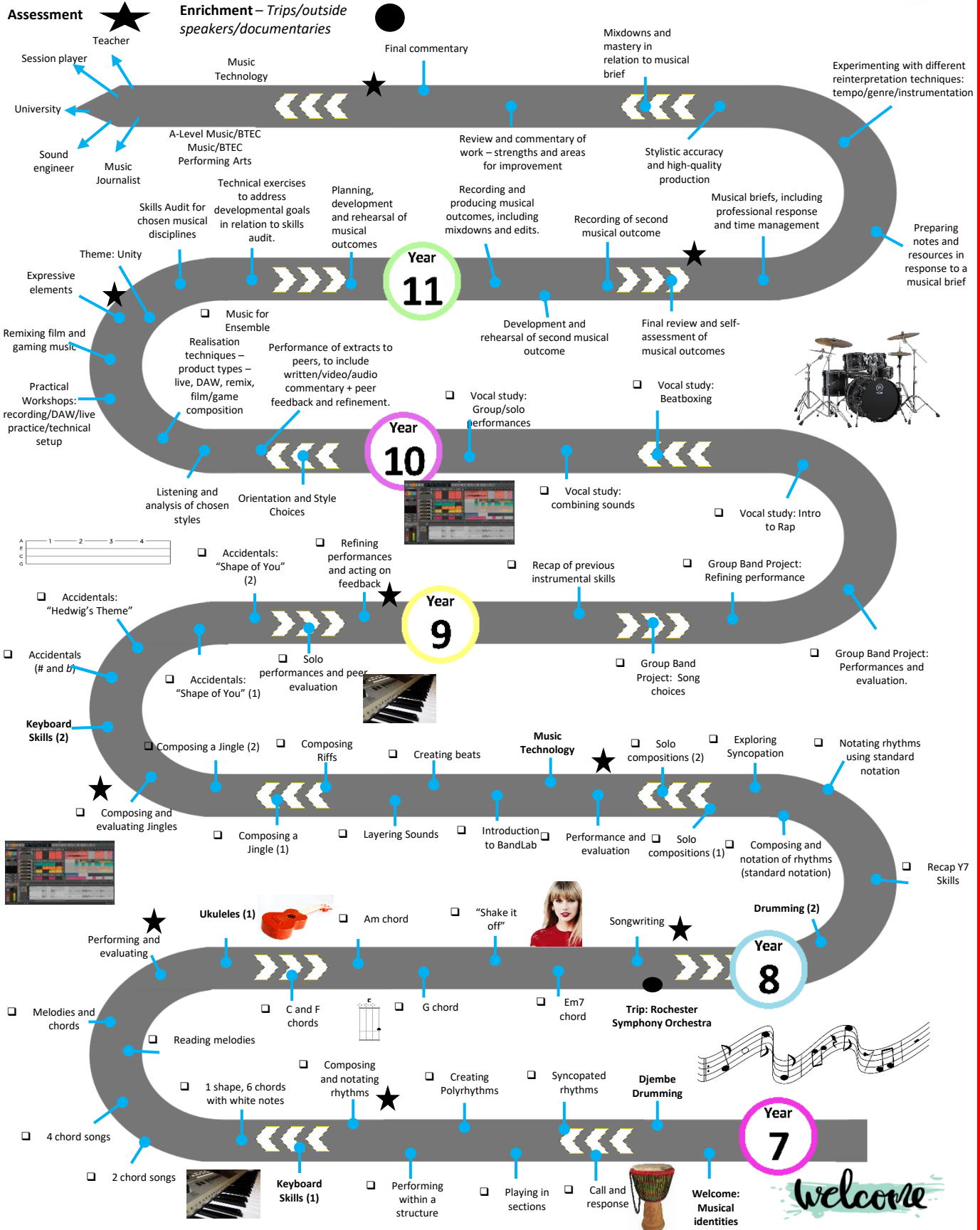
## Assessment ★ Enrichment/trips ●





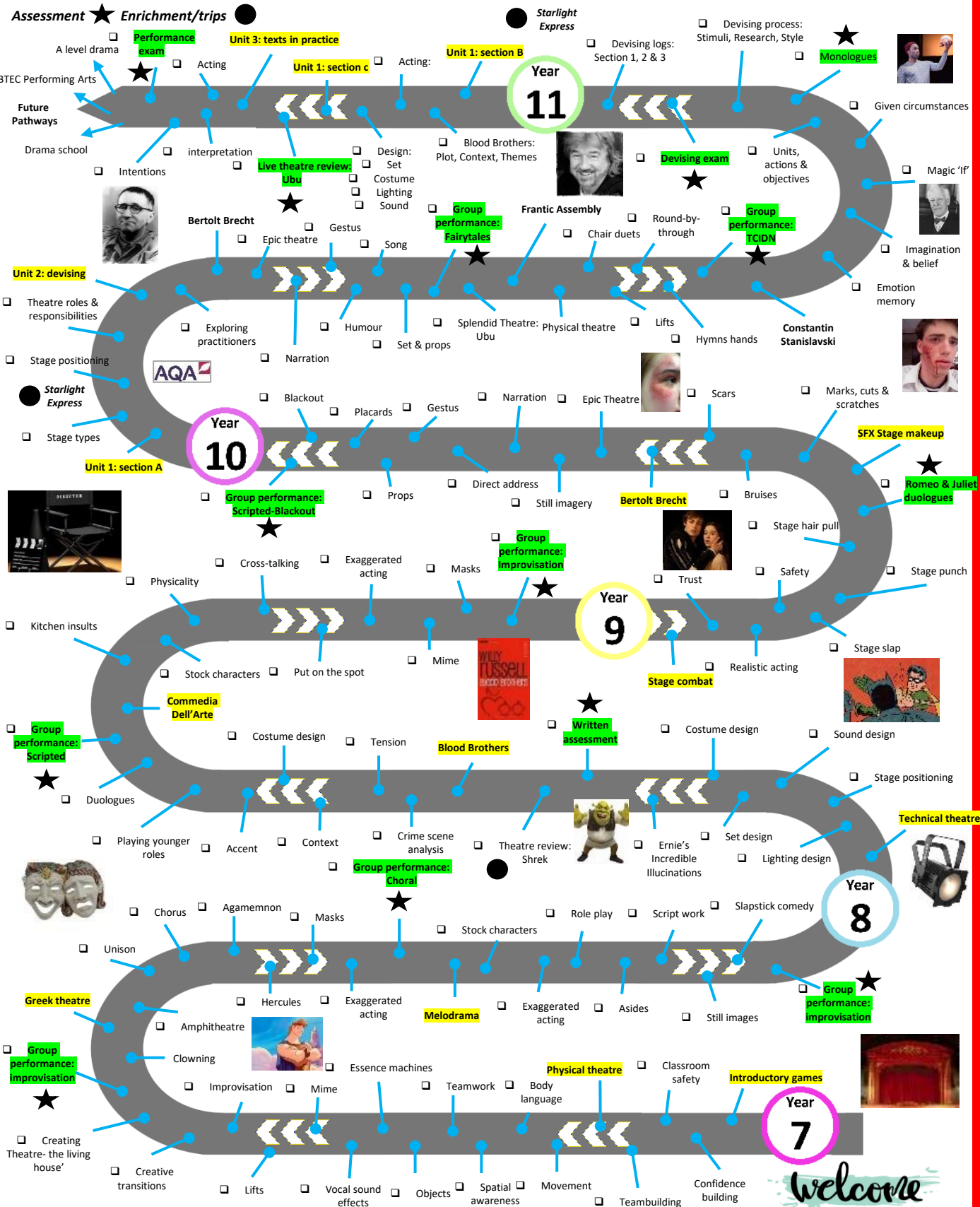
# My Music Learning Journey

**Curriculum Intent:** I study music so I can develop a broad knowledge and love of the subject. The knowledge and skills I will gain will help me to become a creative and talented musician. I will explore music through performing on various instruments, composing my own music and listening to and appraising music composed by others. I will be able transfer the knowledge and skills into any chosen future career.



# My Drama Learning Journey

**Curriculum Intent:** It is our intent that the Drama curriculum invests in our students the necessary knowledge, skills and understanding to become lifelong learners, thinkers, speakers, creators and critics. We offer provision, inside and outside the classroom, that engages our students, is relevant to them and appropriate to their needs. Our intent is to broaden our students' experiences, knowledge and skills by placing challenge at the heart of a broad and balanced curriculum so that we stretch our students and push them beyond their aspirations. We want to immerse them in a range of culturally diverse styles of theatre and practitioners and to instil a love for exploring texts, interpreting character, experimenting with theatrical skill in devising and performing theatre.



# My GCSE PE Learning Journey

**Curriculum Intent:** I study GCSE PE to understand physical activity, sport and wellbeing better. I will learn how to participate and compete in several different sports with a good understanding for the rules and regulations in each of these sports. I will study anatomy and physiology and will have a better understanding of the human body and how it operates during physical activity. I will also study some of the ethical issues surrounding sport and how they impact sport. I will also learn how to interpret and use data effectively to understand sporting trends.



## Assessment

## Enrichment – Trips/outside speakers/documentaries





# My BTEC Sport (Level 3) Learning Journey

**Curriculum Intent:** I study Level 3 BTEC Sport to deepen my understanding of concepts such as anatomy & physiology, careers and professional development in sport, practical sports performance and other components that will lead me on to be successful either at university or in employment within the sports industry.



Assessment ★

Enrichment – Trips/outside speakers/documentaries ●

Final submission – Unit 3 (internally assessed)

External examination – Unit 1 (first attempt)

Learning aim D: Reflect on the recruitment and selection process and your individual performance

Year 13

Summer Exam

Preparation for units 2 & optional unit (Year 13) ★

Learning aim C: Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway

careers in sport



**Unit 3 – Professional development in the sports industry**

Learning aim A: Understand the career and job opportunities in the sports industry

Learning aim B: Explore own skills using a skills audit to inform a career development action plan

The effects of exercise and sports performance on the energy systems (Learning aims E1-E6)

Adaptations of the muscular system to exercise

**Structure of the respiratory system (Learning aims C1-C7)**

**The effects of sport and exercise performance on the cardiovascular system (Learning aims D1-D6)**

**The effects of sport and exercise performance on the cardiovascular system (Learning aims D1-D6)**

Responses of the muscular system to a single sport or exercise session

Antagonistic muscle pairs

Fibre types

Types of skeletal muscle contraction

Major skeletal muscles of the muscular system

Characteristics and functions of different types of muscles



Additional factors affecting the skeletal system

The effects of exercise on the muscles

Adaptations of the skeletal system

Joints

Structure of the skeleton

Year 12

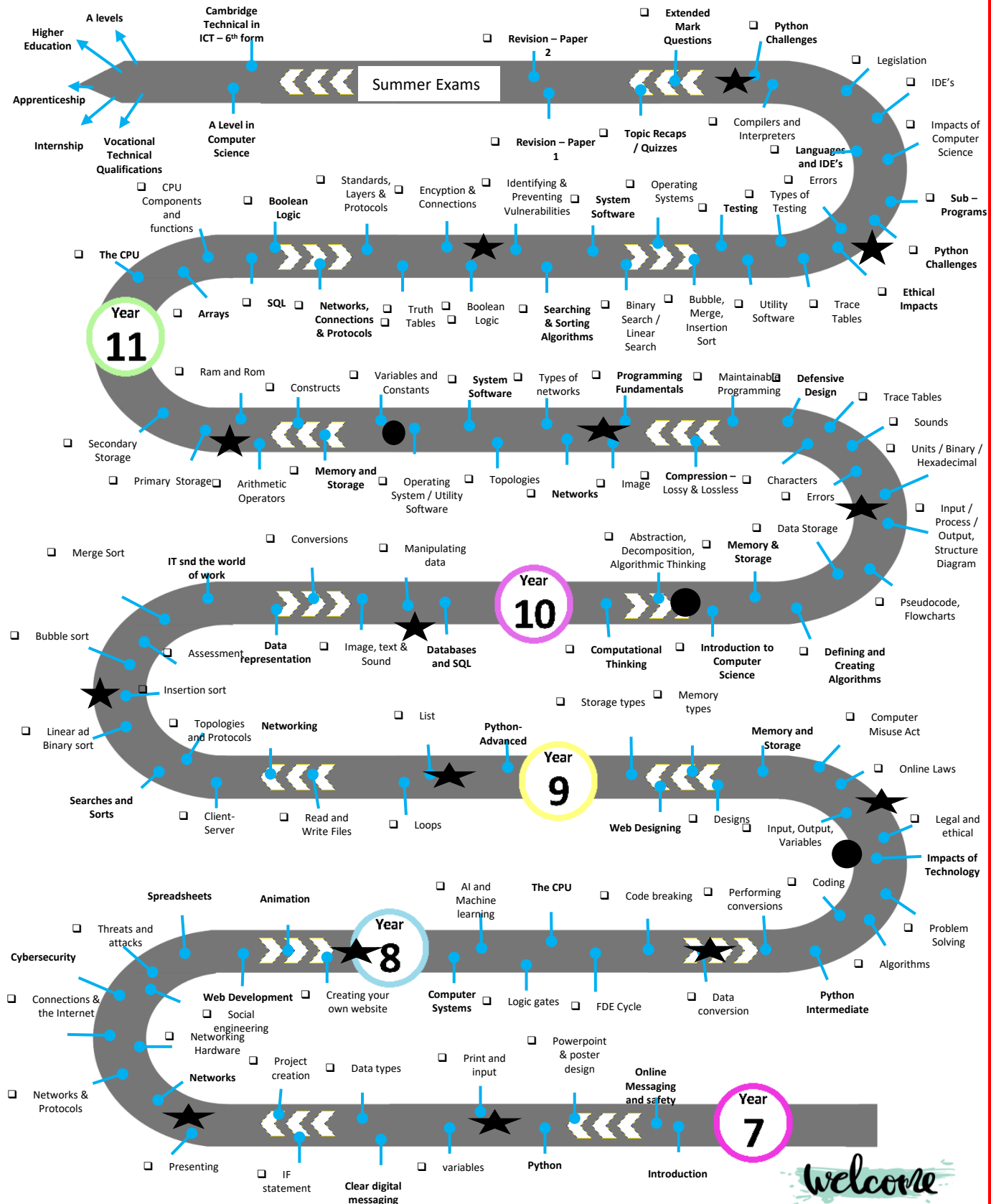
Responses of the skeletal system to a single sport or exercise session

Functions of the skeleton

**Unit 1 – Anatomy and physiology (exam)**

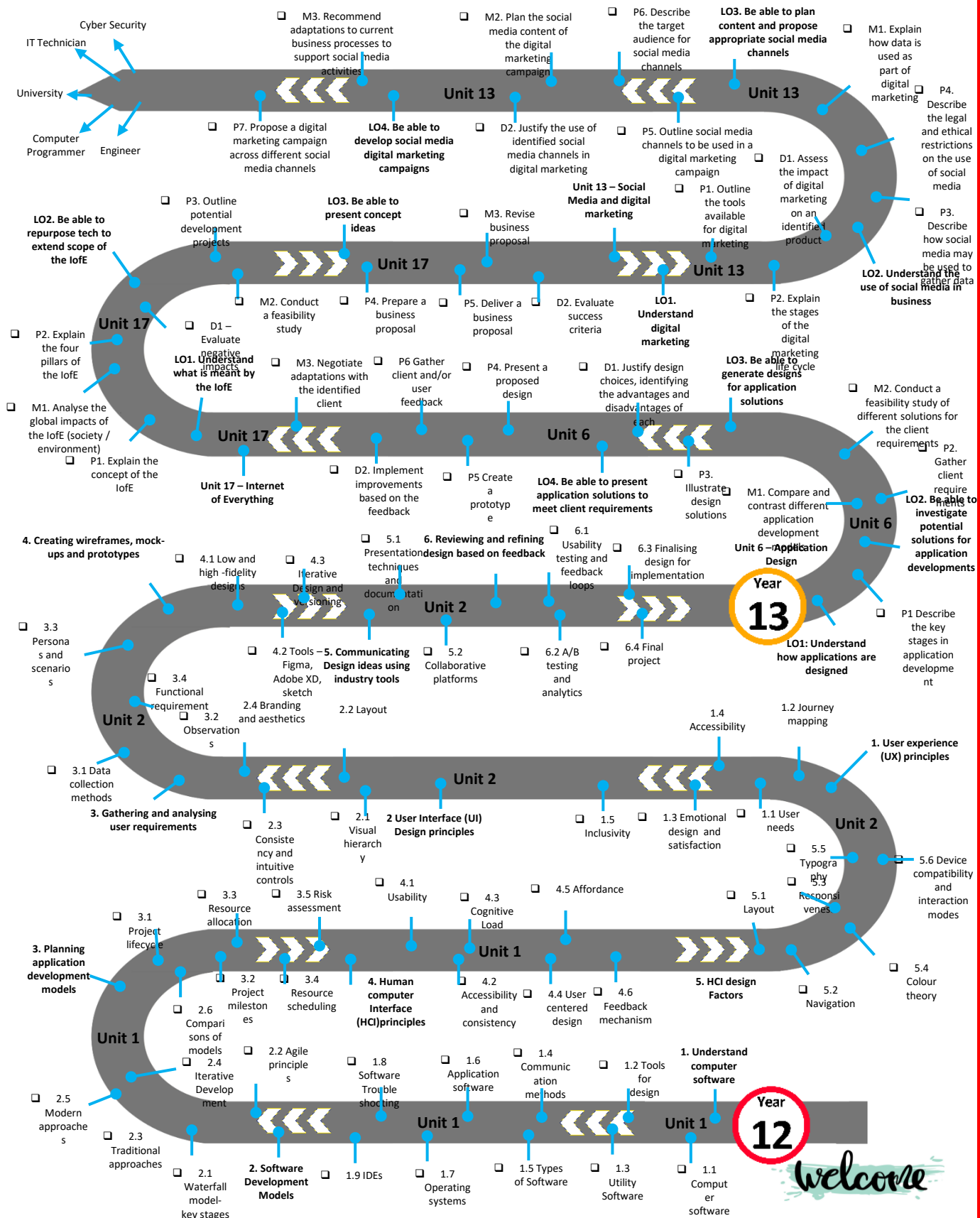


**Assessment** ★ **Enrichment** – *Trips/outside speakers/documentaries* ●



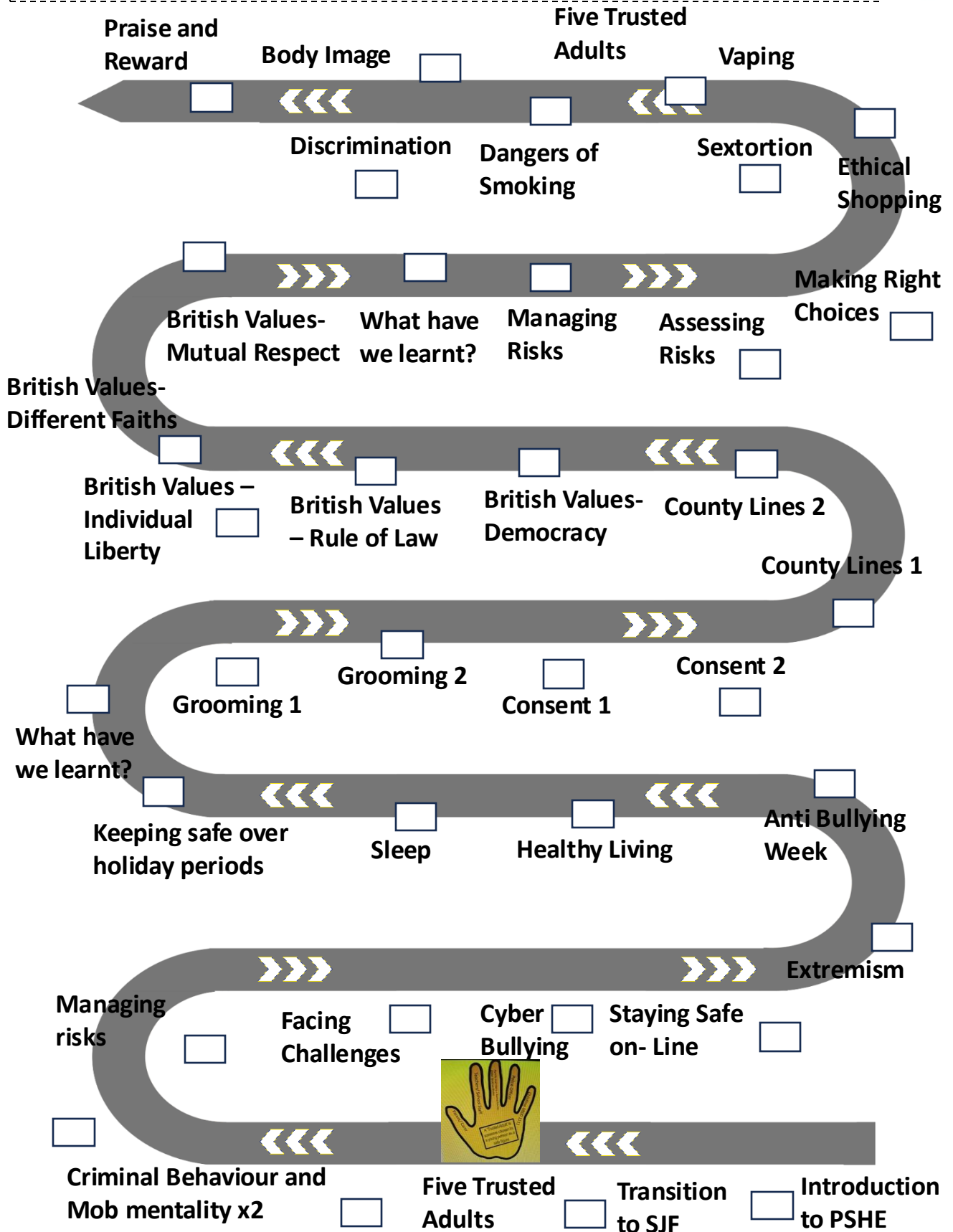
# Your A Level ICT Learning Journey

**Curriculum Intent:** I study OCR Cambridge Technicals in ICT so I can learn a good foundation on all aspects of computing. I will know how companies use elements of ICT to drive business and productivity. I will be able to reflect on the modern day uses of ICT. The skills learnt will allow me to take any path in ICT for future career development. Learning about the ethical impacts of computing will enable me to become a responsible, respectful, caring and empathetic citizen.



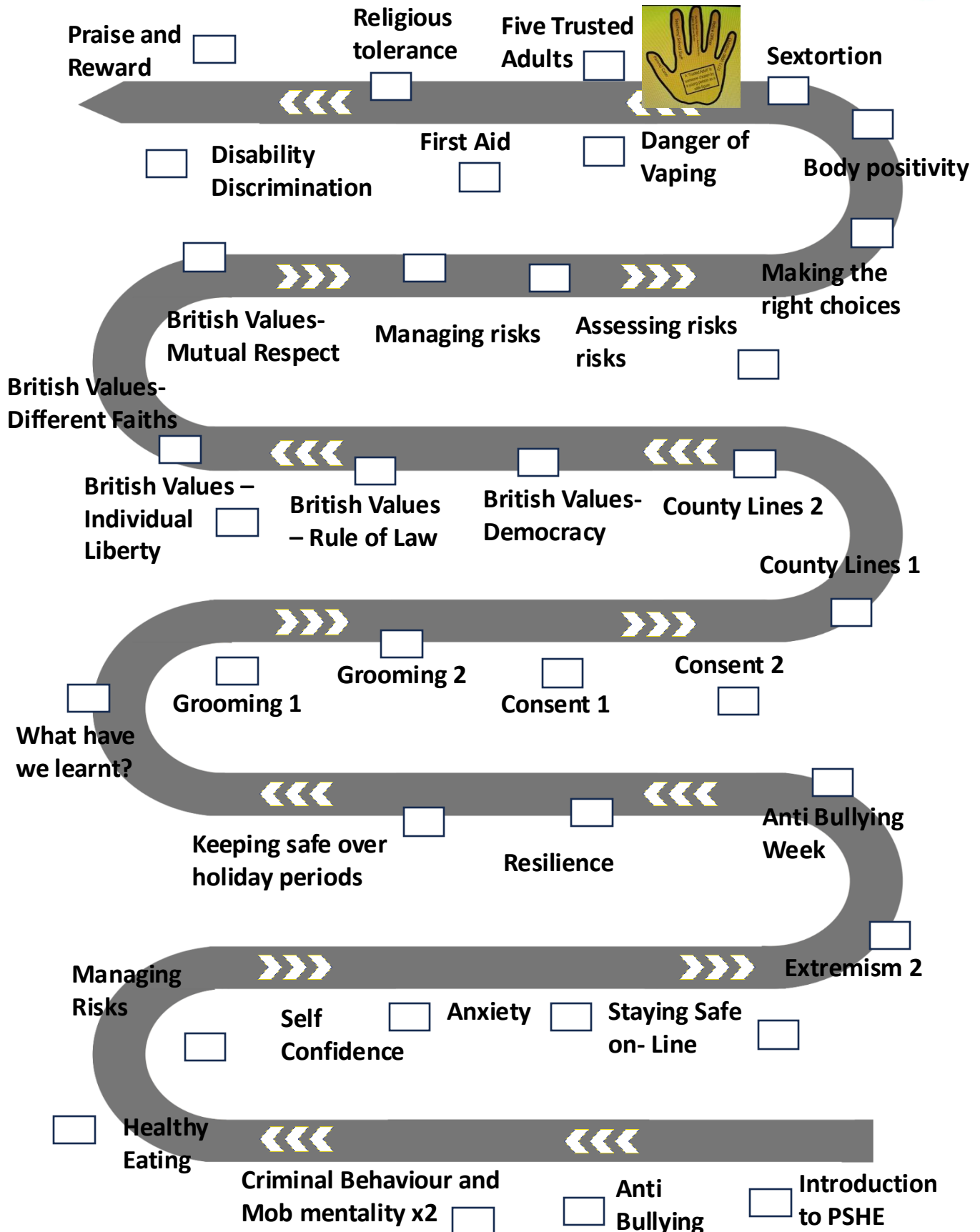
# Year 7 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



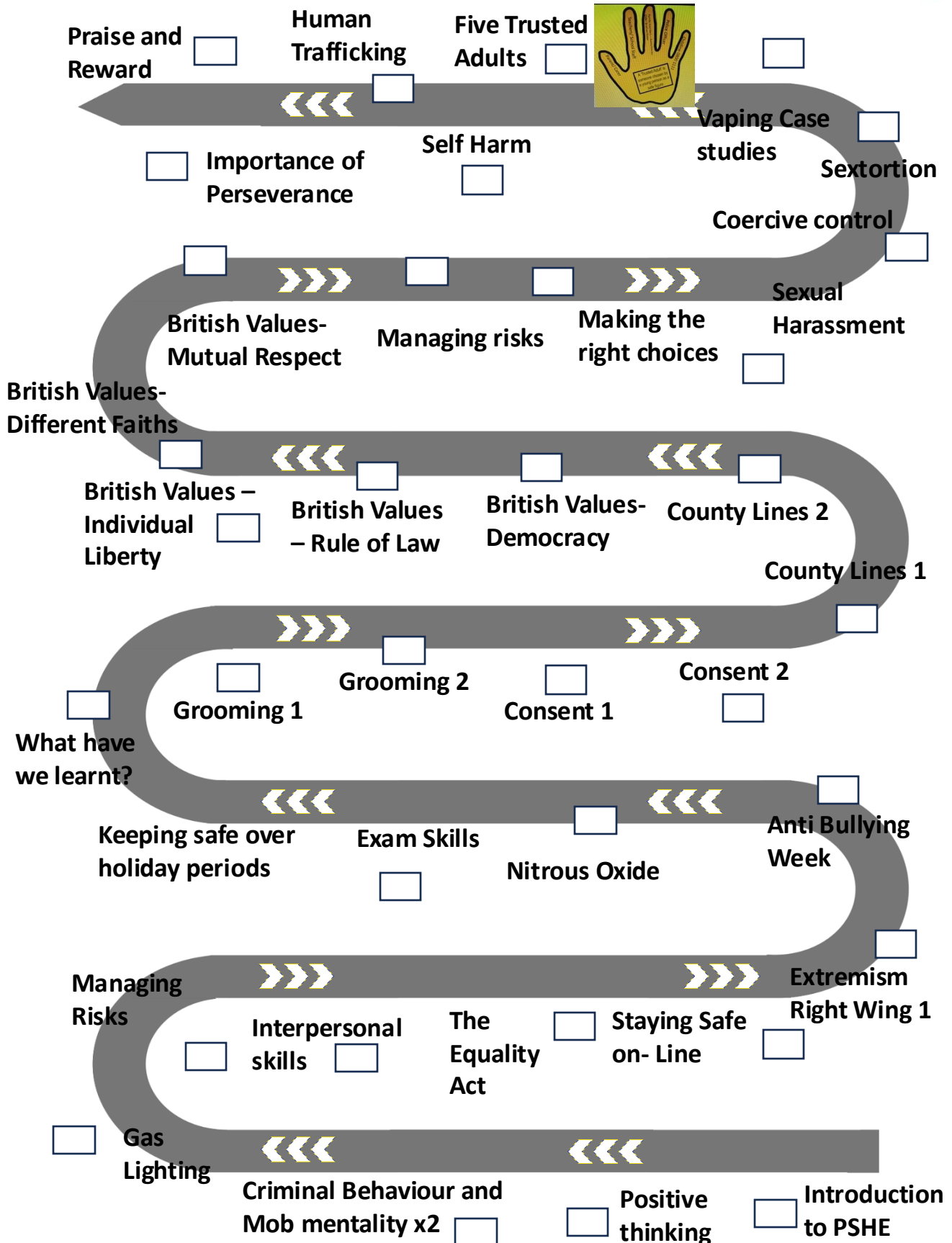
# Year 8 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



# Year 9 PSHE/RSE Learning Journey

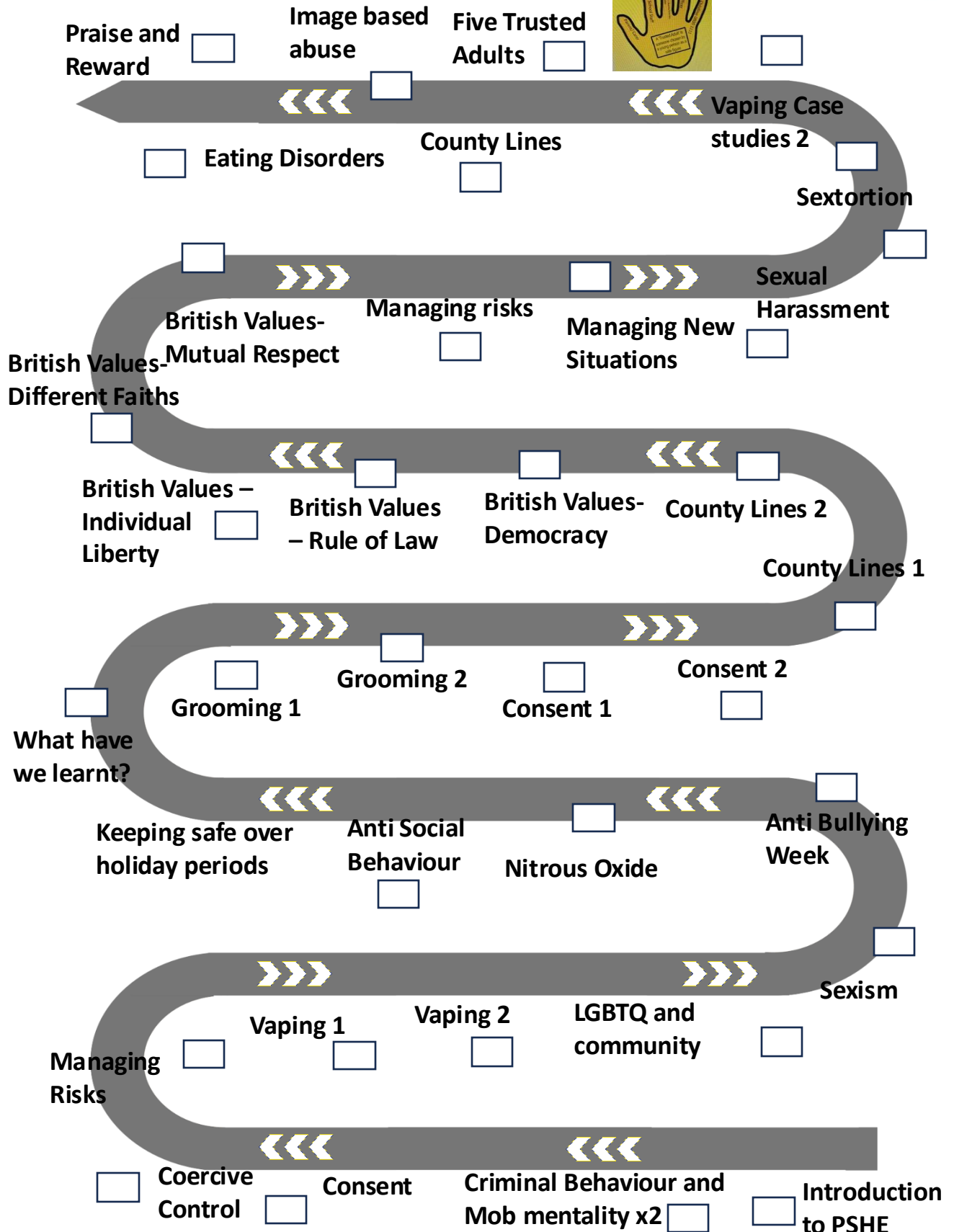
Keeping you safe, healthy, and educating you to make the right choices  
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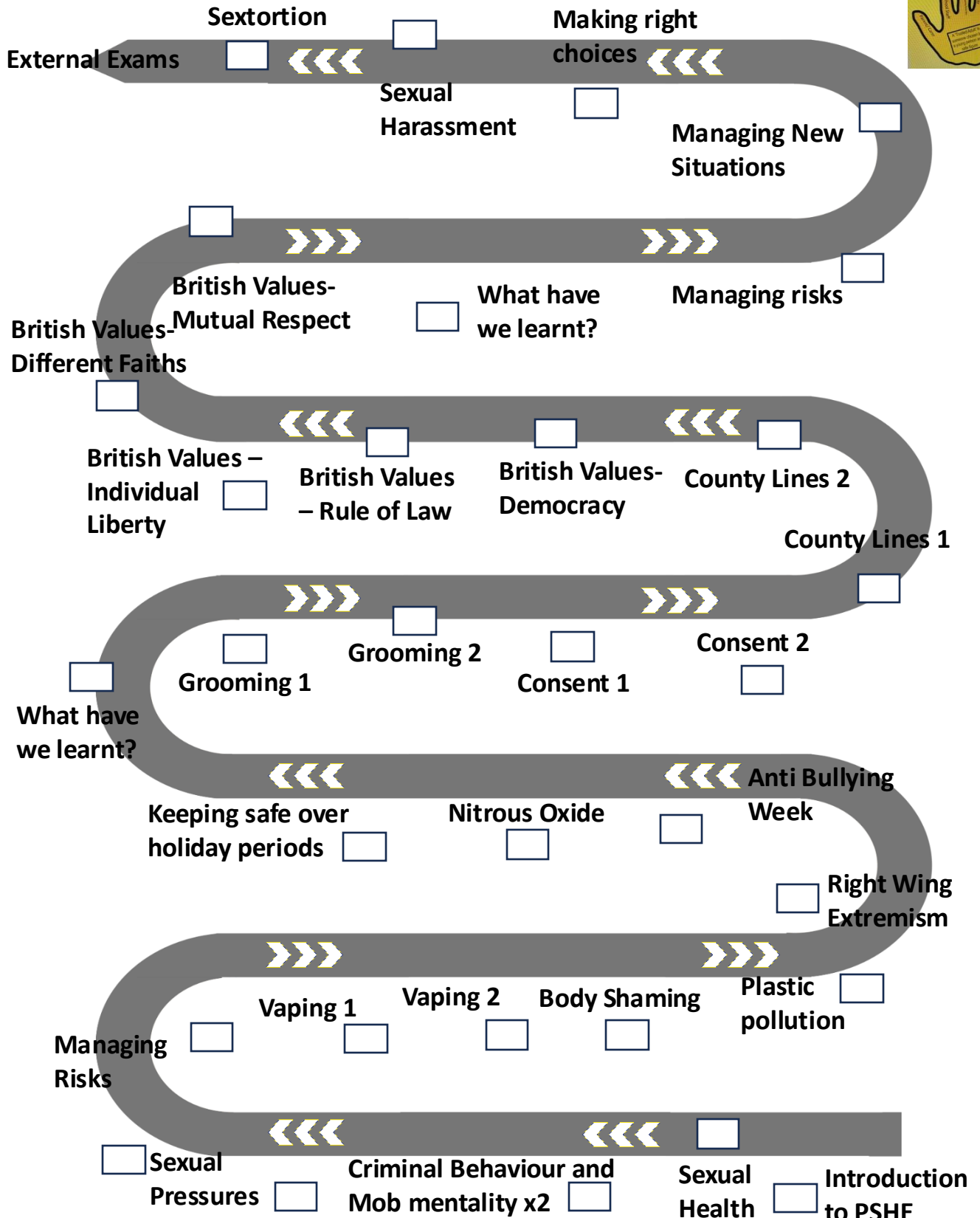
# Year 10 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



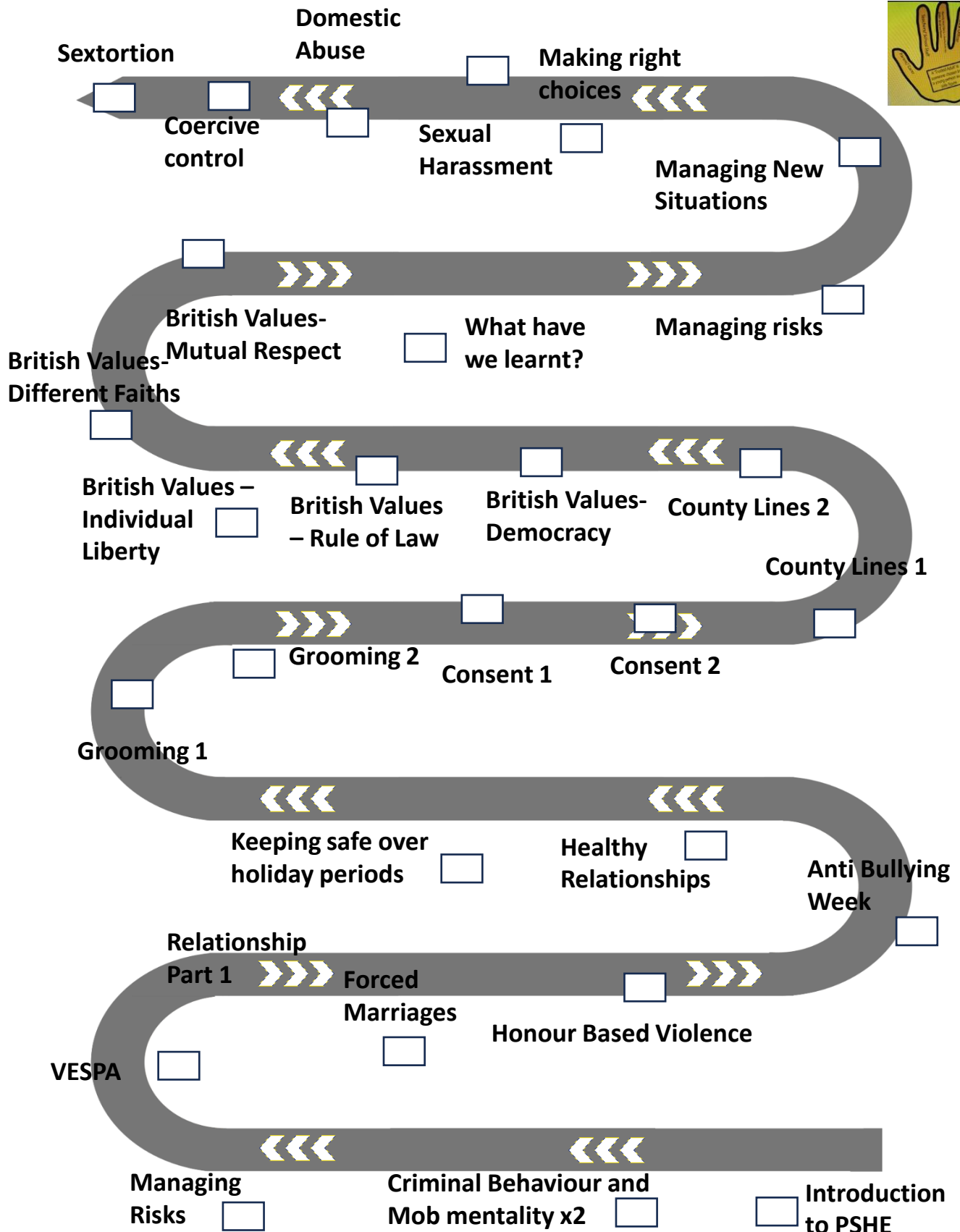
# Year 11 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



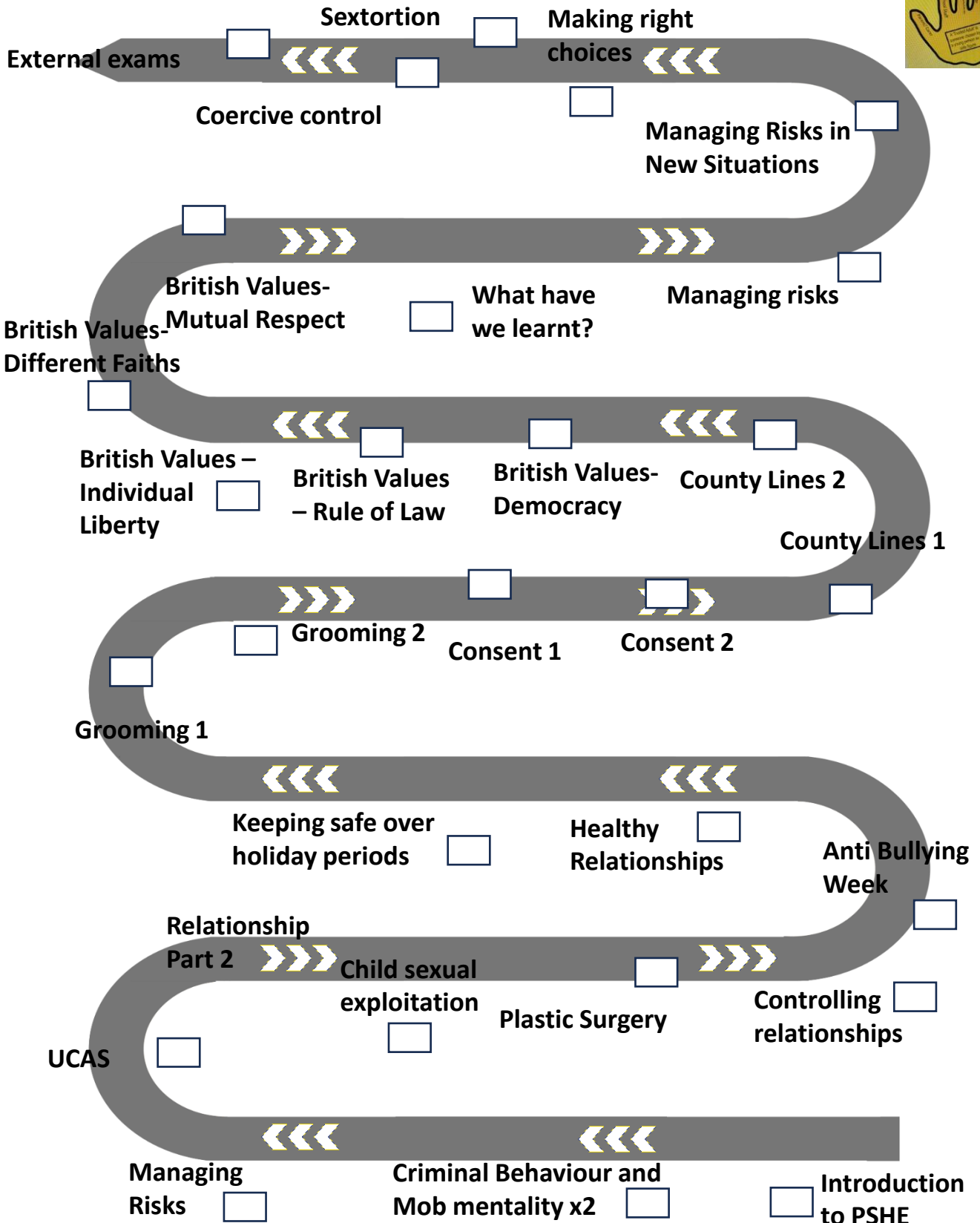
# Year 12 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



# Year 13 PSHE/RSE Learning Journey

Keeping you safe, healthy, and educating you to make the right choices  
(Please note SoL is subject to change in accordance with local, national and global events)



# St. John Fisher

CATHOLIC COMPREHENSIVE SCHOOL

‘St. John Fisher Catholic Comprehensive School inspires students, spiritually and educationally forming them through Faith so that they can achieve their aspirations and contribute to their community.’

