Listed below are the 30 human rights laid down in the Universal Declaration of Human Rights.

Universal Declaration of Human Rights (1948) (Abridged version) 1 All human beings are born free and 16 Everyone has the right to marry. equal and all have the same rights. 2 Everyone is entitled to all the rights and 17 Everyone has the right to own property. freedoms in this Declaration. 3 Everyone has the right to life, liberty and 18 Everyone has the right to freedom of thought, conscience and religion. 4 No one shall be held inslavery. 19 Everyone has the right to free speech. 5 No one shall be subjected to torture or to 20 Everyone has the right to freedom of cruel punishment. peaceful assembly. 6 Everyone has the right to recognition 21 Everyone has the right to vote in free everywhere as a person before the law. elections. 22 Everyone, as a member of society, has the 7 All are equal before the law. right to social security. 8 Everyone's human rights must be 23 Everyone has the right to work and to a protected by the law. free choice of employment. 9 No one shall be subjected to arbitrary 24 Everyone has the right to rest and leisure. arrest or exile. including paid holidays. 25 Everyone has the right to health and 10 Everyone is entitled to a fair trial. healthcare 11 Everyone is innocent until found guilty. 26 Everyone has the right to freeeducation. 27 Everyone has the right to participate freely 12 Everyone has the right to privacy. in the cultural life of the community. 13 Everyone has the right to freedom of 28 Everyone is entitled to live in a waywhich movement. makes all these rights possible. 14 Everyone has the right to seek asylum 29 Everyone has a duty to work for and

support the rights of others.

from persecution.

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30 No individual, group or government should do anything to destroy the rights set out in this Declaration.

Choose five from the 30 articles of Human Rights to which you feel are the most important and explain why:

1.	Everyone has the right
2.	
3.	
4.	
5.	