

Worksheet 1.3b: Religions and beliefs as part of someone's identity

1. Why might religion/belief be an important part of someone's identity?

Read the examples below.

Being a **Sikh** is an important part of my identity because my turban makes me think about my **ancestry** every time I look in the mirror.

Being an **atheist** was the main factor in choosing a school for my son. I believe that **religion causes most wars**, so I didn't want him to go to a religious school.

Being a **Muslim** is amazing because my religion teaches me about the importance of **respect for others**. As a sixth-former, this attitude has helped me to make lots of **friends**.

Being **Jewish** helps me deal with being a teenager. My religion reminds me to treat other people well, even when I feel angry. I guess being Jewish makes me a **better citizen**.

Being a **Christian** makes a massive difference to how I cope with my facial disfigurement (after working as a soldier). The Bible gives me reassurance that looks don't matter.

Being a **Buddhist** affects everything. I changed my attitude to my sales job when I became a Buddhist. I'm now less interested in my bonus and more committed to the **customer**.

2. Give examples of how religion/beliefs might influence a person's decisions about:

a) Civil partnership/marriage _____

b) Where to live _____

c) Language _____

d) Hobbies _____

e) Food _____

f) Spending money _____

g) Health problems _____

h) Job _____
