

## Worksheet 1.11a: What are our 30 human rights?

Listed below are the 30 human rights laid down in the Universal Declaration of Human Rights. Tick those you have heard of and cross those you have not.

### Universal Declaration of Human Rights (1948) *(Abridged version)*

1 All human beings are <b>born free and equal</b> and all have the same rights.	16 Everyone has the right to <b>marry</b> .
2 Everyone is entitled to <b>all the rights and freedoms</b> in this Declaration.	17 Everyone has the right to <b>own property</b> .
3 Everyone has the right to <b>life, liberty and security</b> .	18 Everyone has the right to freedom of <b>thought, conscience and religion</b> .
4 No one shall be held in <b>slavery</b> .	19 Everyone has the right to <b>free speech</b> .
5 No one shall be subjected to <b>torture</b> or to cruel punishment.	20 Everyone has the right to freedom of <b>peaceful assembly</b> .
6 Everyone has the right to recognition everywhere <b>as a person</b> before the law.	21 Everyone has the right to <b>vote</b> in free elections.
7 All are <b>equal before the law</b> .	22 Everyone, as a member of society, has the right to <b>social security</b> .
8 Everyone's human rights must be <b>protected by the law</b> .	23 Everyone has the right to <b>work</b> and to a free choice of employment.
9 No one shall be subjected to <b>arbitrary arrest</b> or exile.	24 Everyone has the right to <b>rest and leisure</b> , including paid holidays.
10 Everyone is entitled to a <b>fair trial</b> .	25 Everyone has the right to <b>health and healthcare</b> .
11 Everyone is <b>innocent until found guilty</b> .	26 Everyone has the right to <b>free education</b> .
12 Everyone has the right to <b>privacy</b> .	27 Everyone has the right to participate freely in the <b>cultural life</b> of the community.
13 Everyone has the right to <b>freedom of movement</b> .	28 Everyone is entitled to live in a way which makes <b>all these rights possible</b> .
14 Everyone has the right to <b>seek asylum</b> from persecution.	29 Everyone has a duty to work for and <b>support the rights of others</b> .
15 Everyone has the right to a <b>nationality</b> .	30 <b>No individual, group or government should do anything to destroy the rights</b> set out in this Declaration.