**What are our 30 human rights?**

Listed below are the 30 human rights laid down in the Universal Declaration of Human Rights**. (UDHR).**

**Universal Declaration of Human Rights (1948)** *(Abridged version)*

**1** All human beings are **born free and**

**equal** and all have the same rights.

**16** Everyone has the right to **marry**.

**2** Everyone is entitled to **all the rights and**

**freedoms** in this Declaration.

**17** Everyone has the right to **own property**.

**3** Everyone has the right to **life, liberty and 18** Everyone has the right to freedom of

**security**. **thought, conscience and religion**.

**4** No one shall be held in **slavery**.

**19** Everyone has the right to **free speech**.

**5** No one shall be subjected to **torture** or to **20** Everyone has the right to freedom of cruel punishment. **peaceful assembly**.

**6** Everyone has the right to recognition

everywhere **as a person** before the law.

**21** Everyone has the right to **vote** in free

elections.

**7** All are **equal before the law**.

**22** Everyone, as a member of society, has the right to **social security**.

**8** Everyone’s human rights must be **protected by the law**.

**23** Everyone has the right to **work** and to a free choice of employment.

**9** No one shall be subjected to **arbitrary**

**arrest** or exile.

**24** Everyone has the right to **rest and leisure**,

including paid holidays.

**10** Everyone is entitled to a **fair trial**.

**25** Everyone has the right to **health and**

**healthcare**.

**11** Everyone is **innocent until found guilty**. **26** Everyone has the right to **free education**.

**12** Everyone has the right to **privacy**.

**27** Everyone has the right to participate freely

in the **cultural life** of the community.

**13** Everyone has the right to **freedom of**

**movement**.

**28** Everyone is entitled to live in a way which

makes **all these rights possible**.

**14** Everyone has the right to **seek asylum**

from persecution.

**29** Everyone has a duty to work for and

**support the rights of others**.

**15** Everyone has the right to a **nationality**.

**30 No individual, group or government**

**should do anything to destroy the rights** set out in this Declaration.

**Theme A Living together in the UK**

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