

# Case Study Cards

## Drinking

Ali is a really good friend of mine; she's a bit posh - her parents are loaded but they're not around very much, always busy working or going out to dinner. Sometimes Ali nicks vodka, gin, whatever we feel like drinking really, from their drinks cupboard. They drink so much they'd never notice. She always has money anyway so we can buy it from the shops if need be - she looks way older than she is so doesn't often get asked for ID. She gets lots of cigarettes too. But now she's coming to school drunk - not just after lunch but even in the morning; falls asleep in lessons, doesn't finish her work, hasn't done a homework assignment in weeks. I've been able to cover for her so far but think our form teacher is starting to get suspicious.

## Glues/gases/aerosols

We all had a go. Funny afternoon but left me with a headache; found out you could actually die any time you used it so no thanks! My best friend Tony says he still does it now and again - he doesn't make much sense sometimes and gets this rash around his mouth. None of us are really interested and can't understand why he's still at it. He's now got my younger sister into it - she's been doing some really stupid things with him at school and she's only 13.

## Cannabis

I've been a regular user of cannabis for about a year. I smoke the most of it in my year and I get called nicknames like 'Stoner' or 'Junky'. Usually if I'm in a good mood I'll get some weed - there's a guy in the sixth form who does it for a good price. I end up smoking it with friends at lunchtime as they are always up for smoking it with me; sometimes I buy a bit for them as well. I get very paranoid when I smoke cannabis and when I get back to class I'm always freaking out in case some of the teachers will catch me out if I'm acting weird and then this usually lasts the whole day.

## Prescription drugs (Ritalin)

There's a friend of mine in year 8 who has to take some kind of medication to help him keep calm at school. He quite often looks a bit worried but recently he seems a lot more anxious than usual. There's this guy in Year 11 who's always hanging round him, especially when we go to our lockers at break time. I've tried to talk to my friend about what's happening but he just makes excuses and walks off. I'm worried he might have stopped taking his medication or the Year 11 guy is stealing it off him. Why would he do that?

## Prescription drugs (Valium)

My dad says he's never slept well; says it's been much worse since Mum's not been around. He's been to the doctor, who gave him some sleeping pills but he says they're not really helping, they just make him feel sluggish so he stopped taking them. A friend of mine was round the other night and said we should take them to school and sell them. He reckons we'll get good money for them from the year 11s. Might even get some girls interested too!

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### Drink/drug driving by parent

Over at Chantelle's one night; we were all having good fun when Chantelle's dad comes in and catches us having a joint. Said he wouldn't leave until we gave him some, so he had a couple of puffs. Eventually it was time to go home; Chantelle's dad insisted on giving two of us a lift. Know he'd been drinking beer downstairs tho' don't know how much. On the way home we hit someone's dog; he wouldn't stop and we were really freaked out. He dropped us off and drove back home. Not sure what to do.

### Ecstasy

The other day my boyfriend said he wasn't into smoking dope any more – he complained it's just not strong enough for getting a buzz on a party night. He's saying he wants to try E and keeps on at me to ask my best friend because her brother goes clubbing a lot and he reckons he'll know a dealer. He says it's better to get drugs through someone you know than from a complete stranger 'cause they might cut the pills with something dodgy. I'm going to have to ask her aren't I?