

Dear Problem Page,

Me and a friend drank some of my dad's alcohol at the weekend. The problem is my friend wants us to do it again! How can I avoid this? P, age 14

Sister Trouble!

Dear Problem Page,

I think that my younger sister has started to smoke cannabis. What should I do? T, age 15

Dear Problem Page

Under Pressure

Some of my friends are regularly smoking cigarettes and are trying to encourage me to do the same. I don't really want to. Can you help me please? E, Age 14

Dear Problem Page,

Should I take drugs?

I keep getting headaches and my friend has offered me some tablets that his mum takes but I'm not sure whether or not to take them. Can you help me please? R, age 13

Pushy Parents

Dear Problem Page,

I am worried that my Mum drinks too much alcohol. She sometimes gets angry at home and argues a lot with my Dad. What should I do? K, age 15

Dear Problem Page,

A friend of mine has been suggesting that I go to the park with his friends. I know they sniff aerosols and I don't want to, but I don't want to lose him as a friend. E, Age 12

A problem shared ...

Dear Problem Page,

Me and a friend drank some of my dad's alcohol at the weekend. The problem is my friend wants us to do it again! How can I avoid this?

P, age 11

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