

### Scheme of Work

#### End of Key Stage Statements

2d basic facts and laws including school rules about alcohol and tobacco, illegal substances and the risks of misusing prescribed (and over the counter) medicines

2f to recognise and manage risk and make safer choices about healthy lifestyles, different environments and travel

#### Learning Intentions and Learning Outcomes

##### Learning Intention

To identify a range of legal and illegal drugs, their risks and effects

##### Learning Outcomes

To know about a range of legal and illegal drugs  
To have some understanding of the effects and risks of illegal drugs

#### Lesson Title

##### Lesson 1

[Legal and Illegal Drugs](#)

#### Resources

Blank pieces of paper  
Paper for graffiti boards  
[Drugs Facts Teacher Guide](#)  
[Drugs Facts Cards](#)  
[Anonymous Questions Template](#)

Additional Activities  
[Drugs Quiz](#)

##### Learning Intention

To understand the effects, risks and law relating to cannabis

##### Learning Outcomes

To know what effect cannabis can have on someone's health and life  
To know the legal consequences of using cannabis

##### Lesson 2

[Cannabis](#)

[Drugs Facts Teacher Guide](#)  
[Cannabis Facts Teacher Guide](#)  
[Cannabis Facts Quiz](#)  
[Some Reasons Why Young People Don't Use Drugs](#)  
[Peer Pressure Strategies](#)  
[Anonymous Questions Template](#)

##### Learning Intention

To understand the risk of volatile substance abuse (VSA)

##### Learning Outcomes

To know the effects and risks of volatile substance abuse  
To know how to get and to give help

##### Lesson 3

[Volatile Substance Abuse and Getting Help](#)

[VSA Factsheet](#)  
[Peer Pressure Strategies](#)  
[Dialling 999 script](#)

Additional Activities  
[Pressure Scenarios](#)  
[First Aid Teacher Guide](#)