



**Task 1**  
Match each picture  
with the correct  
name card.

**Tobacco**

**Alcohol**

**Cannabis**

**Volatile  
Substances**

**Cocaine**

**Heroin**

**Ecstasy**

**A.**  
**Effects**  
 This drug gets to the brain quickly. It makes the heart beat faster. Users say it helps them relax.

**Risks**  
 Long term use of this drug can damage the lungs, heart, stomach, bones, mouth and throat. This drug can cause cancer.

**B.**  
**Effects**  
 It may make a user feel relaxed and happy. Some people get the giggles and may become more talkative.

**Risks**  
 This drug can make a user become worried or panic. There is a risk of developing mental health problems.

**C.**  
**Effects**  
 This drug gives people an energy that makes them feel alert and alive. It makes the senses more aware.

**Risks**  
 This drug can cause users to panic and feel confused. It can make users feel down after use.

**D.**  
**Effects**  
 This drug makes a person relax so a small amount can make them feel less worried and more confident.

**Risks**  
 This drug may make a person do things they might not normally do. Accidents often occur when using this drug. Large amounts of this drug can make people be sick and forget things.

**E.**  
**Effects**  
 People say it's like being drunk. Users might feel dizzy. It can be difficult to think straight. This can last for up to 45 minutes.

**Risks**  
 People can be physically sick and blackout. Too much can result in a coma. There's a risk of heart problems which have been known to kill users the first time.

**F.**  
**Effects**  
 This reduces physical and mental pain. It gives the user a feeling of warmth and well-being. Bigger doses can make the user sleepy.

**Risks**  
 This drug is highly addictive. Overdoses can lead to coma and even death. The risks of sharing needles put users at increased risk of getting infections.

**G.**  
**Effects**  
 This drug makes users feel wide-awake, confident and on top of their game. The effects last for about 20-30 minutes.

**Risks**  
 Some people are over-confident on this drug and so may take very careless risks. This drug is very addictive. It can be difficult to resist the craving due to changes in the brain.

**Task 2**  
 Place each card next to the name and picture you think this describes.

Answer Card		
Drug	Photo	Effects/Risks
Tobacco	6	A
Alcohol	2	D
Volatile Substances	1	E
Cannabis	4	B
Cocaine	3	G
Heroin	5	F
Ecstasy	7	C