

### Scheme of Work

#### National Curriculum Links

Science 5e Human health is affected by a range of environmental and inherited factors, by the use and misuse of drugs and by medical treatments.

PSHE 3d the benefits and risks of health and lifestyle choices, including choices relating to sexual activity and substance use and misuse, and the short and long term consequences for the health and mental and emotional wellbeing of individuals, families and communities

PSHE 3e where and how to obtain health information

#### Learning Intentions and Learning Outcomes

**Learning Intention**  
To consider the consequences of using legal and illegal drugs  
**Learning Outcomes**  
To have considered a range of consequences of using alcohol and other drugs  
To know where to get information and advice about alcohol and other drugs

**Learning Intention**  
To recognise and manage risk in relation to alcohol and drug use  
**Learning Outcomes**  
To understand the importance of having a responsible attitude to alcohol and drug use

**Learning Intention**  
To understand how the use of drugs and alcohol can affect sexual health  
**Learning Outcomes**  
To understand the consequences of risky sexual behaviour  
To know what sexual health services exist locally and nationally

#### Lesson Title

Lesson 1  
[Consequences of Drug Use](#)

Lesson 2  
[Choices and Consequences](#)

Lesson 3  
[Sexual Health](#)

#### Resources

Post-it notes  
[Drugs Facts Teacher Guide](#)  
[Drugs Fact Cards](#)

Additional Activities  
[Diamond 9 Cards](#)  
<http://www.talktofrank.com/adventures-of-pablo>

Alcohol awareness DVD clip such as *Alcohol Know your Limits* on YouTube  
[Drugs Fact Cards](#)  
[A Good Night Out? Scenario Cards](#)

Pieces of paper for the timeline  
[Unprotected Sex Scenario Cards](#)  
[Unprotected Sex Scenarios Guidance](#)  
[Safer Sex Teacher Guide](#)