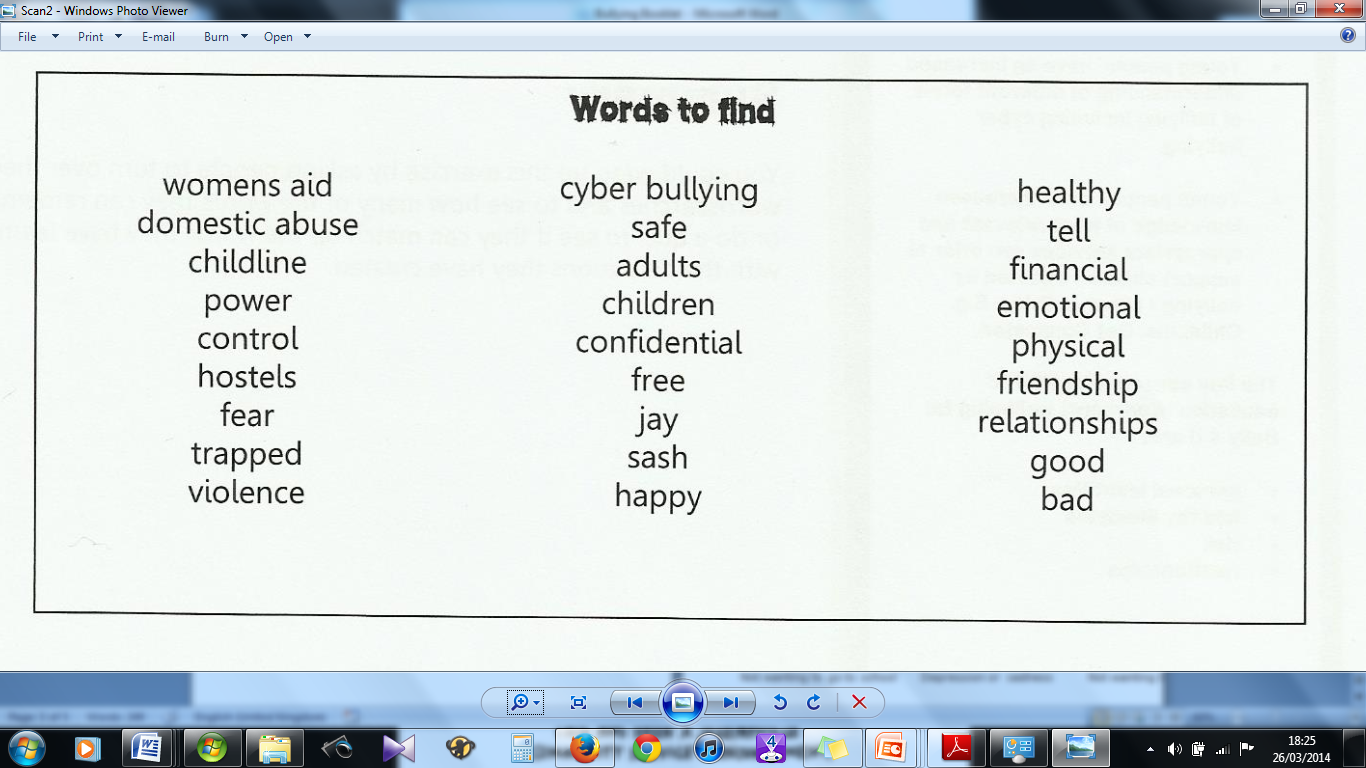
YEAR 7 CITIZENSHIP



The 4 types of Bullying

**Verbal bullying –** name calling or making nasty comments or jokes based on sexuality, appearance, race, disability or religion.

**Indirect bullying –** being ignored, dirty or intimidating looks or gestures, giving people the evil eye, made to feel like an outsider or spreading rumours.

**Physical bullying –** punching, being spat at, making people do things they don't want to do, having belongings damaged or stolen, making people feel uncomfortable or scared.

**Cyber bullying -** sending nasty or threatening texts or e-mails, making threatening phone calls, taking humiliating pictures or video clips and sharing them with others, or horrible comments or threats placed on Facebook.

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